The City of Santa Fe Division of Senior Services offers a variety of programs to senior citizens and operates five senior centers throughout the city. These programs and services are essential components of a long-term care system that enables seniors to remain active within their community while continuing to live independently and comfortably within their own home. The Division of Senior Services encourages seniors to stay active, engaged and strive for wellness, and supports this through the services offered.

### Activities & Fitness

- **34,101** sessions of education and training, physical fitness, nutrition education, recreation and arts provided through Activities Programs.
- **669** medals awarded to **280** athletes and event participants through the 50+ Senior Olympics.

### In-Home Support

- **8,880** hours of in-home service provided by Homemaker Program.
- **8,119** hours of respite provided to caregivers by the Respite Program.

### Transportation

- **36,259** rides provided by the Senior Transportation Program.

### Volunteers

- **23,700** hours of tutoring/mentoring provided to children with exceptional needs in public schools and Head Starts by Foster Grandparent volunteers.
- **32,125** hours of assistance and friendship provided to adults who have difficulty with daily tasks by Senior Companion volunteers, allowing them to remain independent in their homes.

### Registration & Outreach

- **16,252** senior citizens enrolled with Senior Services.
- **1,831** seniors received Health Promotion and Assessment Screenings.
- Grandparents Raising Grandchildren provided **$10,000** in assistance to **50** grandparents for costs associated to raising their grandchildren.

### Nutrition

- **61,834** nutritious hot meals served within five congregate meal sites.
- **108,263** meals delivered by Meals on Wheels to frail, home-bound seniors.

### City of Santa Fe Division of Senior Services • PO Box 909, Santa Fe, NM 87504 • (505) 955-4721 • www.santafenm.gov