City of Santa Fe, New Mexico
memo

Date: October 12, 2016

To: Senior Services Board of Directors

From: Melanie Montoya, Volunteer Programs Administrator

Re: Foster Grandparent/Senior Companion (FGP/SCP) Programs

The following are some program highlights:

- The volunteer programs are still collecting socks for homeless veterans. Thus far, we have had a great turn out. We will collect them until November 11th (Veteran's Day).

- Our next mandatory in-service training for volunteers will be held on Thursday, October 20, 2016. Representatives from the Utility Billing Division will be onsite to talk about the new Beacon Badger meter reading system, assistance programs available, payment plans, questions about your bill, and options to pay your bill. They will also inform participants on water conservation tips and efforts in our community.

- Volunteers have been invited to attend the 2016-2017 Get Up Get Movin Get Fit event sponsored by the New Mexico Senior Olympics. The event will be held at the Genoveva Chavez Community Center on Tuesday, November 15 from 9:00 a.m. until 3:00 p.m. They will offer free health screening, fitness tips, etc.

- As always, we are currently recruiting for both the Foster Grandparent and the Senior Companion Programs. Prospective recruits may set up an appointment with Melanie.

- Our next Volunteer Programs Advisory Committee meeting is set for Tuesday, November 22nd.

- The in-service for November has been set and will feature the topic "Being Mortal", which focuses around the choice people have to die comfortably at home instead of at an institution.

If you have questions or require additional information, please feel free to contact Melanie at 955-4761. Thank you.

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Date: October 2016

To: Senior Services Board of Directors

From: Triston Lovato, RSVP & Community Relations Administrator

Re: Retired Senior Volunteer Program (RSVP)

The following are some program highlights for RSVP:

- RSVP is currently working to gather all volunteer hours for the months of July – September for the state quarterly hours report due on October 25, 2016. A total number of hours for the quarter will be reported in next month's memo.
- RSVP is also working on its mid-year progress report, which is due to the Corporation for National & Community Services (CNCS, federal funder) on October 31, 2016. This will report on the number of volunteers serving in various areas of the community between April 1, 2016 and September 30, 2016, which follows the reporting timeline set by CNCS.
- The Volunteer Programs assisted in coordinating the Health & Resource Fair that took place at MEG on Wednesday, September 21 from 9 a.m. to 1:30 p.m. There were flu shots, blood checks and massages in addition to many other informational booths. Around 150 people attended and there was a recorded 110 questionnaire/feedback forms turned in. Many comments included wanting cholesterol checks and more information on organic food; this will be taken into consideration for next year.
- The Volunteer Programs are collecting socks for veterans in need. The sock drive kicked off on September 11, a National Day of Service and Remembrance, and will run through Veteran's Day on November 11; socks will be distributed at the "Vet Stand Down" on that day. There is a collection bin at the Mary Esther Gonzales Senior Center (1121 Alto Street) and in City Hall.
- The End Hunger in NM Summit took place Tuesday, September 27 at the Sheraton Uptown in Albuquerque. Many volunteers and interested seniors attended this one-day conference, which featured keynote speakers, informational booths, and roundtable discussions.

<u>Upcoming</u>

- The Volunteer Programs will be hosting a Senior Services dance on Thursday, November 17 to recognize and thank FGP, RSVP, and SCP volunteers for everything they do. There will be light refreshments and gifts will be distributed to active volunteers. This event is in lieu of the annual spring recognition for the upcoming year (2017). The dance will be held at the Eagles from 1 to 4 p.m. and will be open to all seniors to attend.

Please feel free to contact Triston Lovato at (505) 955-4760 if you have questions.
Thank you!

City of Santa Fe, New Mexico

memo

DATE: October 11, 2016

TO: Advisory Board Members

FROM: In-Home Support Services Committee
Theresa P. Trujillo, IHSS Supervisor T.T.

SUBJECT: Committee Status Report

September, 2016 units of service are as follows:

- Homemaker – 760.5 hours to 110 clients
- Respite – 738 hours to 36 caregivers
- Equipment - 41 units
- Nutritional Supplements – 65 cases

Units of service were short by 56.25 regarding Homemaker hours and short by 174.5 for Respite hours for September totaling 230.75 hours short for In-Home Support. Year to date, we are **short** in Homemaker hours by 220.5 hours and **short** in Respite hours by 250.25 hours. IHSS providers took off a total of 208 hours in September (plus 176 hours of retirement leave). Additionally, September 5 and September 9 (afternoon) were holidays.

We will be having a Caregiver Support Meeting on November 4, at the Mary Esther Gonzales Senior Center from 1:30 pm – 4:30 pm. November is National Family Caregiver Month as well as National Alzheimer's Disease Awareness Month. Please let me know if you have any suggestions for Caregiver gifts.

We are short one respite care provider since August 11. These clients are being assisted by other providers at least once weekly. We are waiting for position to be posted for hiring.

Lillian, a homemaker retired; her last day of work was Friday, June 10. She has entered into a retirement contract and will be on the books until the end of October.

If you have any questions or require additional information, please let me know.

City of Santa Fe
Division of Senior Services

Please join us for a Caregiver Support Group

"Living with Alzheimer's The Middle Stage"

Presented by: Tina De La Luz
Alzheimer's Association Northeast Regional Manager

Friday, November 4, 1:30 p.m. to 4:30 p.m.
Mary Esther Gonzales Senior Center
1121 Alto Street

This session will provide education and emotional support to adults who deal with stress associated while providing specialized care for homebound individuals. Navigating through the web of Alzheimer's while extending a supportive atmosphere, so caregivers can comfort each other in meaningful ways, while getting some relaxation.

November is National Family Caregiver's Month and National Alzheimer's disease Awareness Month

Refreshments will be provided, new faces welcome, we look forward to seeing you!
For reservations, please call Theresa Trujillo at 955-4745

alzheimer's association

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Date: October 06, 2016

To: DSS Advisory Board Members

From: Fran Rodriguez, DSS Project Manager

Subject: Transportation/Nutrition Committee Monthly Report

Transportation Monthly Report

- In September 2016, DSS Transportation staff provided a total of 3,926 rides to seniors.

Nutrition Monthly Report

- In September 2016, DSS Nutrition staff provided a total of 11,806 meals-on-Wheels to DSS clients.
- In September 2016, DSS Nutrition staff provided a total of 5,558 congregate meals.

City of Santa Fe, New Mexico

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Date: October 12, 2016

Fr: Cristina Villa, DSS Program Coordinator CV

Subj: Senior Olympics

The Senior Olympics Committee will meet on Wednesday, October 19th, At this time I have nothing to report until next month.