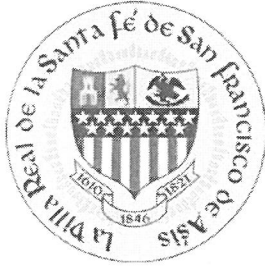


4/10/2018



## BTAC AGENDA ITEM SUBMISSION FORM

Please use the template below to submit agenda items for BTAC deliberation. The objective is to assure that deliberations are guided by an understanding of the action sought of BTAC, the pertinence of the proposal to BTAC's mission and objectives, and ultimately the expectations and obligations to which BTAC is agreeing when it takes action on an agenda item.

### 1. TITLE OR BRIEF DESCRIPTION OF THE AGENDA ITEM:

City of Santa Fe Public Safety Monthly Update:

**2. INTRODUCTION TO THE TOPIC:** A brief statement regarding origin of the agenda item and its relevance to the current activity of BTAC. **Recurring Monthly update of Public Safety activities pertinent to BTAC.**

**3. BTAC ACTION BEING SOUGHT:** Most BTAC deliberation is intended to achieve one of three outcomes. If appropriate be prepared to suggest a formal motion to the meeting floor for debate, discussion and vote.

**\*To inform:** The purpose is to inform board members of the actions/thoughts of the presenting group and to provide an opportunity for discussion and questions. (E.g., an update from a standing or ad-hoc subcommittee) **No action from BTAC is sought.**

**\*To discuss:** BTAC agrees that a preliminary proposal is worthy of further discussion. **A possible motion to direct** an individual to review the issue and return at a specified time with a formal proposal for action is sought.

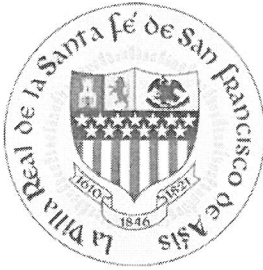
**\*Ta act:** BTAC supports a plan that requires outlining actions and obligations for Board members and/or Staff. **A motion clarifying objectives, expectations and obligations of Board and/or Staff** is sought.

To inform

**4. ESTIMATION OF COST AND/ TIME:** Who would be responsible for costs and/or BTAC or staff time? Has affected BTAC member or staff been apprised of the proposal and do they understand the obligations? **10 min max**



4/10/2018



## BTAC AGENDA ITEM SUBMISSION FORM

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### 1. TITLE OR BRIEF DESCRIPTION OF THE AGENDA ITEM:

2018 BIKE WEEK UPDATES – Erick Aune SFMPO

2018 BICYCLE MASTER PLAN INTERACTIVE WEB SITE UPDATE

BIKE RACKS UPDATE

**2. INTRODUCTION TO THE TOPIC:** A brief statement regarding origin of the agenda item and its relevance to the current activity of BTAC. **Recurring Monthly update of SF MPO activities pertinent to BTAC.**

**3. BTAC ACTION BEING SOUGHT:** Most BTAC deliberation is intended to achieve one of three outcomes. If appropriate be prepared to suggest a formal motion to the meeting floor for debate, discussion and vote.

**\*To inform:** The purpose is to inform board members of the actions/thoughts of the presenting group and to provide an opportunity for discussion and questions. (E.g., an update from a standing or ad-hoc subcommittee) **No action from BTAC is sought.**

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To inform

**4. ESTIMATION OF COST AND/ TIME:** Who would be responsible for costs and/or BTAC or staff time? Has affected BTAC member or staff been apprised of the proposal and do they understand the obligations?

10 min max

**THE BOARD OF COUNTY COMMISSIONERS  
OF SANTA FE COUNTY  
RESOLUTION NO. 2018 - 35**

---

**A RESOLUTION IN SUPPORT OF 2018 BIKE-TO-WORK  
WEEK AND ASSOCIATED ACTIVITIES**

---

**WHEREAS**, the Santa Fe Metropolitan Planning Organization (MPO) together with its partners, the Pueblo of Tesuque, City of Santa Fe, Santa Fe Conservation Trust, New Mexico Department of Transportation, New Mexico Department of Health, BTI, local businesses, and interested community members, is planning the Bike-to-Work Week on May 12-20, 2018; and

**WHEREAS**, Santa Fe County (County) is assisting with the planning of Bike-to-Work Week; and

**WHEREAS**, in Resolution No. 2013-7, the Board of County Commission of Santa Fe County (Board) committed to "leading by example" with respect to aggressively implementing clean energy strategies in all aspects of its facilities and daily operations; and

**WHEREAS**, in Resolution No. 2017-68 the Board agreed to reduce greenhouse gas emissions per the targets set in the Paris Agreement in order to limit global mean temperature increase to less than 2 degrees Celsius above pre-industrial levels, with an expectation that this goal would be reduced to 1.5 degrees in the future; and

**WHEREAS**, the 2015 Greenhouse Gas Emission Inventory created by the Climate Working Group on behalf of the Sustainable Santa Fe Commission showed on-road transport as the source of 50% of greenhouse gas emissions in the County; and

**WHEREAS**, a report created by the European Cyclists' Federation showed a bicycle's greenhouse gas emissions is over 10 times lower than those stemming from individual motorized transport; and

**WHEREAS**, bicycle transportation reduces congestion, roadway deterioration, transportation related expenses, air pollution, and greenhouse gas emissions while improving public health.

**NOW, THEREFORE, BE IT RESOLVED** by the Board as follows:

1. Santa Fe County supports 2018 Bike-To-Work Week.



2. Santa Fe County commits staff time to organize a city/county/pueblo bicycle convoy challenge on Friday, May 18, 2018, encourages all County employees to participate in the ride, and proposes a friendly competition to the City of Santa Fe to match or beat the County's participation.
3. The Pueblo of Tesuque, our tribal partner and member of the MPO, is invited to participate in the convoy.
4. During Bike-To-Work Week County elected officials and staff are encouraged to ~~safely ride~~ bicycles to work or, if infeasible to do so, use an alternative to individual motorized transport such as carpooling or riding the bus.

PASSED, APPROVED, AND ADOPTED THIS 10<sup>th</sup> DAY OF APRIL, 2018.

BOARD OF COUNTY COMMISSIONERS  
OF SANTA FE COUNTY

By: Anna Hansen  
Anna Hansen, Chair

Date: 4/10/18

ATTEST:

Geraldine Salazar  
Geraldine Salazar, Santa Fe County Clerk

Date: 4/10/



APPROVED AS TO FORM:

R. Bruce Fredrick  
R. Bruce Fredrick, Santa Fe County Attorney

Date: 3/28/2018

COUNTY OF SANTA FE )  
STATE OF NEW MEXICO ) ss

BCC RESOLUTIONS  
PAGES: 2

I Hereby Certify That This Instrument Was Filed for  
Record On The 11TH Day Of April, 2018 at 11:42:41 AM  
And Was Duly Recorded as Instrument # 1854699  
Of The Records Of Santa Fe County

Witness My Hand And Seal Of Office  
Geraldine Salazar  
Deputy Estrella Martinez County Clerk, Santa Fe, NM





Recurring



## BTAC AGENDA ITEM SUBMISSION FORM

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### 1. TITLE OR BRIEF DESCRIPTION OF THE AGENDA ITEM:

City of Santa Fe Parks Division Monthly Update:

City Trails Coordinator Report - Santa Fe Conservation Trust (Tim Rogers)

**2. INTRODUCTION TO THE TOPIC:** A brief statement regarding origin of the agenda item and its relevance to the current activity of BTAC. **Recurring Monthly update of Parks Division activities pertinent to BTAC.**

**3. BTAC ACTION BEING SOUGHT:** Most BTAC deliberation is intended to achieve one of three outcomes. If appropriate be prepared to suggest a formal motion to the meeting floor for debate, discussion and vote.

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10 min max

**SANTA FE CONSERVATION TRUST**  
**REPORTING FOR CITY TRAIL VOLUNTEER COORDINATOR**  
**April 2018**

<b>TASKS TO BE COMPLETED</b>	<b>NOTES</b>	<b>Staff</b>
<b>1) <u>NEEDS ASSESSMENT</u></b>	On-going with visits to La Tierra Trails, Arbolitos Trail, and Dale Ball Trails South and Central sections.	Rogers
<b>2) <u>RESEARCH &amp; FUNDING</u></b>	Inquire with Park Division regarding PSA/Request for Proposals to continue City Trail Volunteer Coordinator activities.	Rogers, Noss
<b>3) <u>STEWARD RECRUITMENT</u></b>	Meet with Trails Alliance of Santa Fe, Apr. 2 to discuss and schedule trail maintenance activities. Post trail work days on SFCT and TAOSF web sites and publicize via e-mail and Facebook. Discuss trail work opportunities with students from The Masters Program and with Youth Works.	Rogers, Noss
<b>4) <u>TRAIL MAINTENANCE</u></b>	Trail maintenance work days with City Volunteers in La Tierra Trails April 4, 11, 19, and 25. Work on wayfinding signage for La Piedra, Little Tesuque, and Dale Ball Trails with County Volunteer Coordinator, April 13. Complete Dale Ball Connector via bridge installation with SFFTS, April 17. Work on Dog Park Connector with faculty and students from The Masters Program, April 20.	Rogers
<b>5) <u>TRAINING &amp; EDUCATION</u></b>		
<b>6) <u>COMMUNITY EVENTS / PROMOTION</u></b>	Help plan Bike Week activities, including meeting at SFUAD, Apr. 5. Guide visitors from Bolivia on Dale Ball Trails April 16 on behalf of Council for International Research. Planning and recruitment for Vámonos Santa Fe Walks, including scope out Villa Linda Park walk, Apr. 16. Translate Vamonos flyer into Spanish. Happy Earth Day Cruise, April 21. Lead 5 Field Trips to Dale Ball Trails South with Camino Real Academy and Nina Otero Community School, April 9, 10, and 30. Communicate with Atalaya School regarding field trip. Publicize SFCT and partner trail events by e-mail and Facebook, including Bike Swap, La Tierra Torture volunteer needs, and Biking and Birding outing (Audubon Society). Coordinate The Masters Program Students volunteering to help with flagging La Tierra Torture, Apr. 27.	Rogers, Noss, Smogor
<b>7) <u>CITY CONTACTS</u></b>	Provide comments to City consultant for Park Plan revision, April 6. Coordinate Earth Day Cruise itinerary with River/Watershed Coordinator. Provide additional input to city staff and consultants on Guadalupe St. Roadway Reconstruction regarding pedestrian crossings. Communication with BTAC off-road and on-road chairs. Communicate with MPO and city staff regarding Bike Week activities. Meet in field to discuss bike corral opportunity with MPO. Inquiry to City Parks re Request for Proposals.	Rogers, Noss
<b>8) <u>PLANNING / COORDINATION</u></b>	Santa Fe National Forest Recreational Partners planning meeting, Apr. 3. Meet with County staff to view Chili Line alignment west of La Tierra Trails, Apr. 4. Develop GUSTO mapping products to share with Study Area Champions and public. Communicate with residents of Hyde Park Rd. area and Arroyo Hondo area regarding trail development.	Rogers
<b>9) <u>REPORTS</u></b>	Record and report trail work hours to TAOSF website. Post summaries of trail work and promotional events on SFCT web site. Prepare report to City for March activities and assemble materials for report to BTAC, April 18 (cancelled). Prepare trail-related material for SFCT Annual Report.	Rogers

**SANTA FE CONSERVATION TRUST  
REPORTING FOR CITY TRAIL VOLUNTEER COORDINATOR  
April 2018**

**Also see [www.sfct.org/trails](http://www.sfct.org/trails) on:**

<https://sfct.org/city-trail-work-in-la-tierra-trails-april-2018/>

<https://sfct.org/field-trips-to-dale-ball-trails-south-section-april-and-may-2018/>

<https://sfct.org/completing-the-cerro-gordo-trailhead-connection-apr-17-2018/>

<https://sfct.org/happy-earth-day-cruise-april-21-2018/>



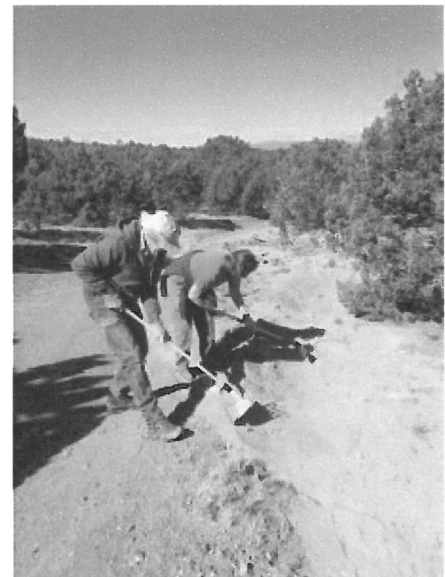
## City Trail Work in La Tierra Trails, April 2018

May 9, 2018 | Trails

The Trails Program Manager arranged for five trail work days in La Tierra Trails in April, including several visits by members of the Trails Alliance of Santa Fe to address erosion issues west of Junctions 9, 10, and 11, a work day between Junctions 20 and 22 including shoring up the old bridge near the "woops," and corralling students from The Masters Program to help out on the Dog Park Connector and to help flag the course for the La Tierra Torture race which was held on April 28. An additional trail work day in April focused on completing wayfinding signage with County volunteers for Little Tesuque Trail, La Piedra Trail, and nearby Dale Ball Trails.



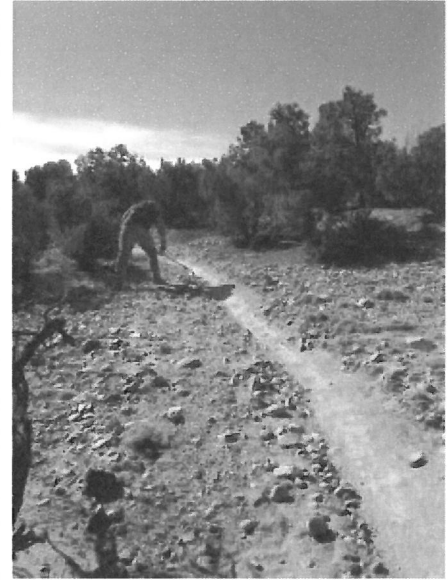
Completing wayfinding signage for  
La Piedra and Little Tesuque Trails  
with County Volunteer Coordinator  
Carol Branch, April 14



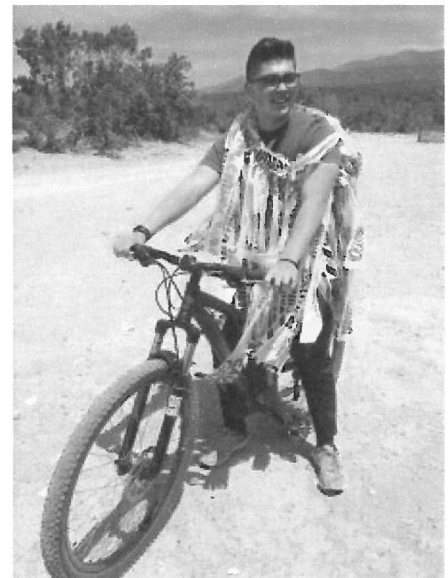
Diverting prospective storm water in  
La Tierra Trails, Apr. 4



Bridge repair, April 25



"Mucking out" the tread in La Tierra Trails, April 19



April 27: Daniel Tarango of The Masters Program is ready to help flag the route – after he puts his helmet on!

# Completing the Cerro Gordo Trailhead Connection, Apr. 17, 2018

Apr 23, 2018 | Trails



The weir: Before

With help from the The Nature Conservancy, the Santa Fe Fat Tire Society, and other GUSTO partners, SFCT was happy to open the Cerro Gordo Trailhead Connector on behalf of City Parks the evening of Tues., April 17.

The placement of a footbridge over a weir on the Santa Fe River, under the direction of Brent Bonwell and Henry Lanman of SFFTS, marked the completion of this long-awaited connection between the Central and South sections of Dale Ball Trails. Now the general public does not have to walk or ride in the street anymore!

Along with Dog Park Connector opening in March, this project makes two new GUSTO Connectors completed in two months!





SFFTS members put the pre-assembled frame into place



Securing the deck



This marks the third footbridge collaboration in four years with Brent Bonwell and SFFTS on behalf of City Parks



Proud trail volunteers stand on the completed project



# Happy Earth Day Cruise, April 21, 2018

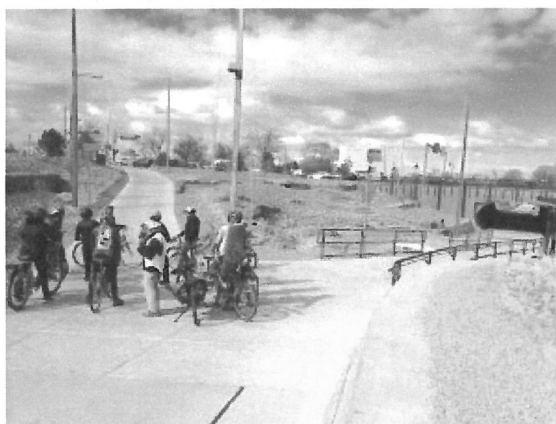
Apr 23, 2018 | Trails

In conjunction with the Railyard Park Conservancy's celebration of Earth Day at the Railyard, SFCT held a community bicycle ride along the Acequia Madre and the Santa Fe River, starting and ending at the Railyard Park on April 21, 2018. This "Happy Earth Day Cruise" focused on green infrastructure, such as "rain gardens" and "lagunitas," along City streets and trails that turn the challenge of storm-water management into an opportunity to nurture and improve our urban environment.

The ride featured guest speakers at the Acequia Trail underpass, Cristobal Colon basins, and the "Maize Storm Drain" and adjacent Santa Fe River features, as well as stops at locations of interest along W. and E. Alameda St. at Sicomoro St., Cathedral Pl., and El Alamo St.



Starting out on the Rail Trail



Solange Serquis describes water-related elements of the design of the Acequia Trail Underpass



Trying out the underpass to head down the  
Acequia Madre

We returned to the Railyard Park along the freshly-cleaned Acequia Madre and via a piece of “green infrastructure” that SFCT had a hand in improving: a footbridge on Camino de las Animas that was replaced with help from the City Parks Division, the Santa Fe Fat Tire Society, and other city trail volunteers in 2016.

A full Happy Earth Day Cruise Itinerary is available listing the speakers and participants who contributed to create this wonderful green infrastructure on behalf of the City and the general public.



Scott Ishishara of San Isidro Permaculture  
describes the Cristobal Colon Basins in Larragoite  
Park



River Trail at Alto Park



The City's River and Watershed Coordinator , Melissa McDonald, at a "ripple" in the Santa Fe River



A stormwater retention feature at W. Alameda and Sicomoro St., developed with help from Aaron Kauffman of Southwest Urban Hydrology



The City's newest piece of River Trail, west of Defouri St.



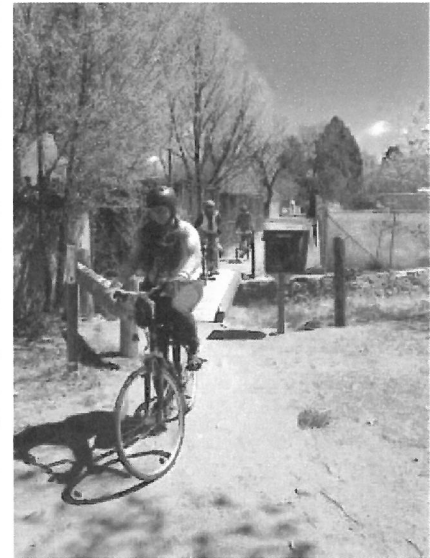
Taking a break along the river at Cathedral Pl.



Athena Beshur of Seeds of Wisdom describes how water flows through her installation at Cathedral Pl.



After some attrition, the Cruise assembles at Athena's installation along E. Alameda St. near El Alamo Dr.



Camino de las Animas bridge, part of a relatively traffic-free route back to the Railyard



Back in the Railyard Park, we are greeted by the "Car-Lite Family" as Matthew Kreitman of Bike Santa Fe promotes upcoming bike education activities



# Field Trips to Dale Ball Trails South Section, April and May 2018

May 9, 2018 | Trails

Through the support of the Frost Foundation, Partners in Education, and the City of Santa Fe, the Santa Fe Conservation Trust is guiding nearly 400 elementary school children, teachers, and parent-chaperones on 15 field trips to the South Section of Dale Ball Trails in April and May. Many Fifth Graders received a brand new hydration pack for completing the four sections of their Passport to Trails. Below are some of the highlights of these fun and healthy outings for local kids on our wonderful trails.

## **Nina Otero Community School, Fifth Grade Classes**

Mr. King's Class, with Mr. Roth, April 9

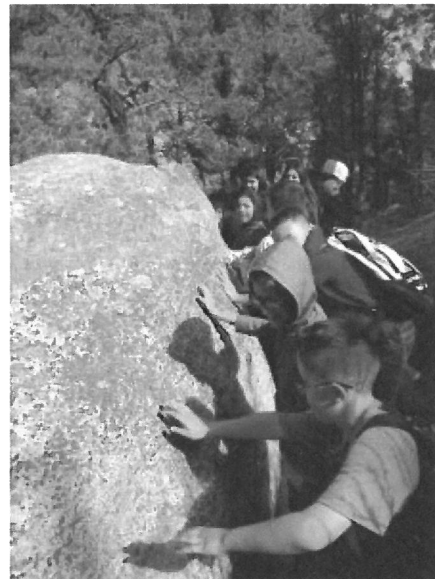


Mr. Bowlin's Class,  
April 9

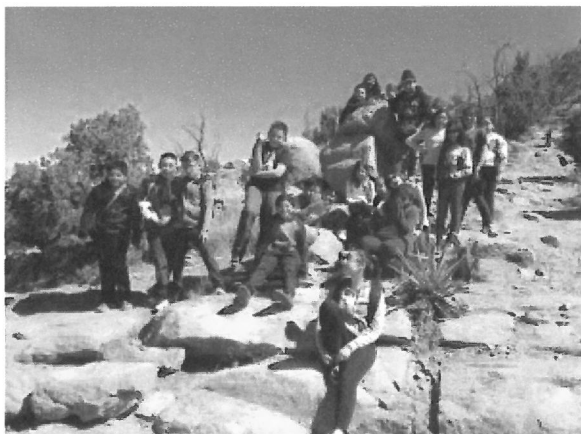


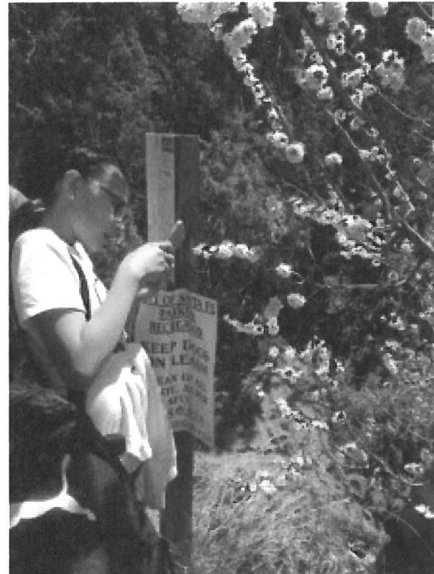
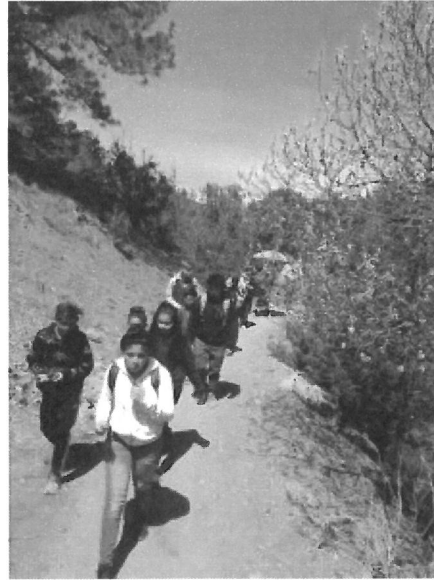


Ms. Flores's Class,  
April 10



Ms.  
Ortega's  
Class,  
April 10





**Nina  
Otero  
Commu  
nity  
School,  
Fourth  
Grade  
Classes**

Ms.  
Walter's  
Class,  
April 30

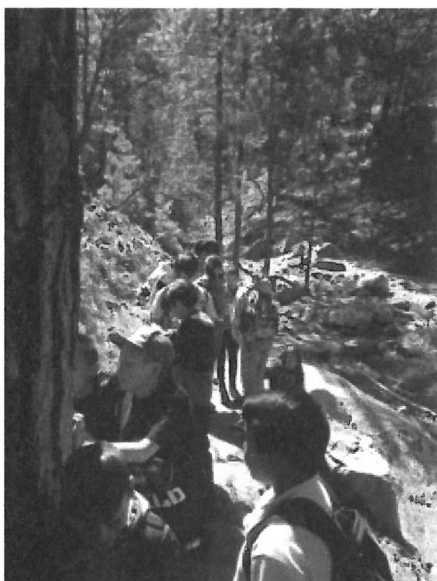


Ms. Ortiz's Class, with Coach Lujan, May 1





Mr.  
Norris's  
Class,



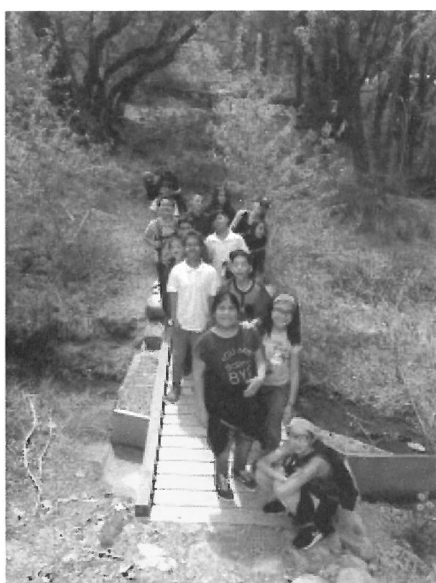
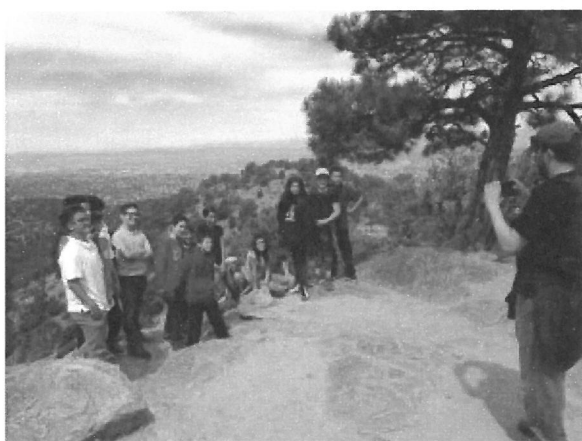
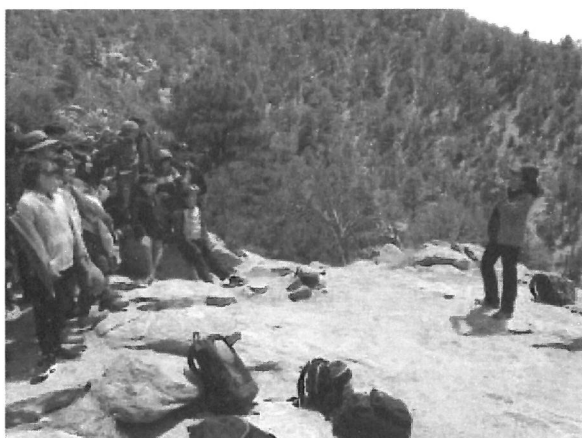
May 1

**Camino Real Academy, Fifth Grade Classes**

Ms. Menter's Class, May 3



Mr. Perez's Class, May 7



Mr. Barbero's Class, May 10

**Camino Real Academy, Fourth Grade Classes**

Ms. Osuna's Class, May 16

Ms. Mierley's Class, May 16

Ms. Gersh's Class, May 17

Mr. Gorman's Class, May 17

**SANTA FE CONSERVATION TRUST**  
**REPORTING FOR CITY TRAIL VOLUNTEER COORDINATOR**  
**March 2018**

<b>TASKS TO BE COMPLETED</b>	<b>NOTES</b>	<b>Staff</b>
<b>1) <u>NEEDS ASSESSMENT</u></b>	On-going with visits to La Tierra Trails. Tour South Side walk venues for Vámonos Santa Fe Walks events, including Arroyo Chamiso Trail sections in Tierra Contenta and near Santa Fe Place, Mar. 16.	Rogers, Noss
<b>2) <u>RESEARCH &amp; FUNDING</u></b>	Banff Mountain Film Festival, SFCT fundraiser, Mar. 12-13. Meet with City Parks staff to discuss future of Trail Volunteer Coordinator Professional Services Agreement, Mar. 28.	Rogers, Noss, Smogor
<b>3) <u>STEWARD RECRUITMENT</u></b>	Meet with Trails Alliance of Santa Fe, Mar. 5, to discuss trail maintenance activities. Post trail work days on SFCT and TAOSF web sites and publicize via e-mail and Facebook. Discuss trail work opportunities with Capital High School Outdoors Club. Coordinate U. of Missouri students working on La Tierra Trails with SFFTS.	Rogers, Noss
<b>4) <u>TRAIL MAINTENANCE</u></b>	Work on Dog Park Connector with students from The Masters Program, Mar. 2. Coordinate work on La Tierra Trails, north section, with Trails Alliance of Santa Fe and new recruits, Mar. 7 and 13. Meet with County staff, The Masters Program students, and Trails Alliance of Santa Fe volunteers to put up wayfinding signage on Little Tesuque Trail, Mar. 9.	Rogers
<b>5) <u>TRAINING &amp; EDUCATION</u></b>	Provide orientation and tool safety training for TMP students and visiting students from U. of Missouri in La Tierra Trails.	Rogers
<b>6) <u>COMMUNITY EVENTS / PROMOTION</u></b>	Cycle in La Tierra Trails with students from the Masters Program, Mar. 2. Help plan Bike to Work activities, meeting at BTI, Mar. 8. Planning and recruitment for Vámonos Santa Fe Walks, Mar. 6, and throughout the month. Schedule / coordinate upcoming field trips in April and May for NOCS and CRA; initiate plans with Atalaya School. Organize Earth Day Community Cruise to be held April 21. Publicize SFCT and partner trail events by e-mail and Facebook.	Rogers, Noss
<b>7) <u>CITY CONTACTS</u></b>	Consult with BTAC members regarding La Tierra Trails needs and on-road striping opportunities. Attend BTAC and present on Vámonos Santa Fe Walks activity, Mar. 21. Meet with City Parks staff to discuss future of Trail Volunteer Coordinator Professional Services Agreement, Mar. 28. Attend and participate in Guadalupe St. Roadway Reconstruction Public Meeting, Mar. 29.	Rogers, Noss
<b>8) <u>PLANNING / COORDINATION</u></b>	Walk Petcheskey Ranch with NM Land Conservancy staff regarding possible future trails near Richards Ave.. Mar. 1. Consult with NPS staff on GUSTO plannign considerations, Mar. 5. Attend Archaeological Review Committee meeting regarding Cerro Gordo Trailhead connector, Mar. 8. Meet with Rio Grande Trail Commission (RGT) Alignments Working Group and attend RGT public meeting in Albuquerque, Mar. 13. GUSTO map work and prioritization, convene GUSTO Steering Committee, Mar. 28.	Rogers, Noss
<b>9) <u>REPORTS</u></b>	Record and report trail work hours to TAOSF website. Provide summaries of trail work and promotional events on SFCT web site. Prepare report to City for February activites and assemble materials for report to BTAC, Mar. 21.	Rogers

Also see [www.sfct.org/trails](http://www.sfct.org/trails) on:

<http://archive.sfct.org/trails/sfct-trail-events-in-2018>

<https://sfct.org/missouri-u-students-work-on-la-tierra-trails/>

## Building and Riding on the Dog Park Connector Trail with Students from The Masters Program, Mar. 2

The Trails Program Manager met up with six students and a teacher from The Masters Program to take some of the lumps out of the tread and ride in the Dog Park Connector Trail.

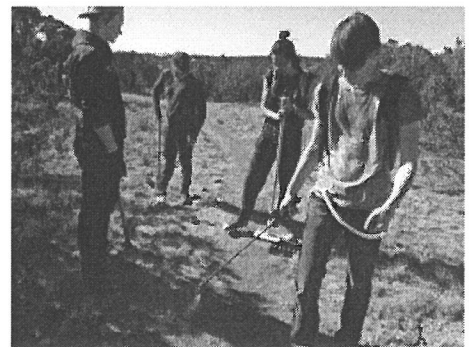


Rocky turn

We met at La Tierra Trails' La Cuchara Trailhead and rode under the Relief Route underpass to get there. On the way back we sampled the "Wee Whoops." A good time was had by all!



Test run on the Dog Park Connector



De-lump, sprinkle, and tamp

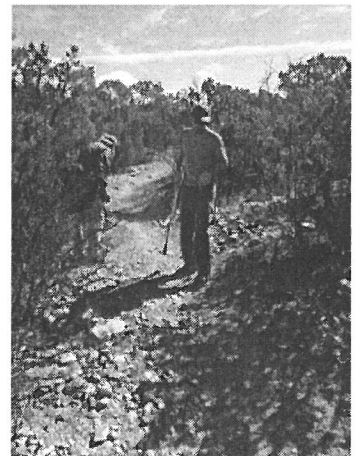
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## SFCT Trail Events in 2018

### **La Tierra Trails Maintenance**, March 13 and 20

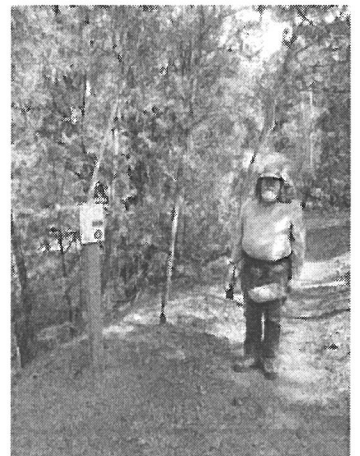
Members of the Trails Alliance of Santa Fe (TAOSF) organized several La Tierra Trails work days in March to deal with rubble in the tread and create favorable conditions to drain storm water from the tread, in the event that we should see storm water this year. Work days organized by TAOSF help SFCT to fulfill its duties as the City's "Trail Volunteer Coordinator," so thanks TAOSF! On Mar. 13 participants included SFCT's Trails Program Manager, Tim Rogers, as well as the County Volunteer Coordinator, Carol Branch.



Two new recruits for City trail work

### **Little Tesuque Trail Signage**, Mar. 9

While students from The Masters Program worked on the Little Tesuque Trail, the Trails Program Manager took the opportunity to work with County Volunteer Coordinator, Carol Branch, and volunteer Paul Butt to adjust junction signage and extend the system of "wayfinding" arrows north from Dale Ball Trails. ...Just enough to help people who might otherwise get lost in our burgeoning trail system!



Junction of Little Tesuque and La Piedra Trails



## Missouri U. Students work on La Tierra Trails

Mar. 26, 2018 | Trails

Members of the Santa Fe Fat Tire Society hosted ten students from University of Missouri to work on La Tierra Trails on Tues., Mar. 26. The students were visiting for a week to focus on needs on the Chamisa Trail in the Santa Fe National Forest but stayed in the low country following overnight rains and colder temperatures at higher altitudes. Under the leadership of Peter Prince, Dean Frye, and Pat Brown of SFFTS, the students focused on erosion control on and around the northernmost legs of the trails.







SANTA FE  
CONSERVATION  
TRUST



# Happy Earth Day Cruise

 (<https://sfct.org/events/events-calendar/>)

**WHEN:**

April 21, 2018 @ 9:00 am – 11:00 am

**WHERE:**

Railyard Park

Santa Fe

NM


USA

**COST:**

Free

**CONTACT:**

 Tim Rogers

 505-989-7019

 Email



Join us on this mellow community bicycle ride visiting trails along the Santa Fe River and Acequia Madre. We will take a look at and learn about some of the storm-water mitigation work and “rain gardens” that the City and partners have developed along these two waterways. We will finish up by passing through the new Acequia Trail underpass to arrive at Earth Day events at the Railyard Park.

# iVámonos!



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## SANTA FE WALKS

**A free urban walking program on public trails in the Santa Fe community.**

The Santa Fe Walking Collaborative, convened by the Santa Fe Conservation Trust, wants to help you to walk more! We've put together 42 in-town walks on trails near Santa Fe's parks from May through October 2018. They are free, last about an hour, and are led by interesting Santa Feans.

### **Why Walk?**

Regular exercise is one of the best things you can do for your health. Walking can provide numerous benefits by helping manage your weight, lower your blood pressure and cholesterol, strengthen your bones and muscles, protect against chronic disease and much more. In addition to the benefits of walking, studies have shown that being outside in nature can boost your immune system, improve your mood, and lower stress. Walking--even a little bit to start and working up to 30 minutes to an hour several times a week--is all it takes to start improving your sleep and circulation, support your joint health, and decrease your risk of developing a serious health issue such as coronary heart disease or type II diabetes.

### **Why Vámonos?**

Santa Fe has many options for in-town walks. And VAMONOS offers a couple of walks a week that you can join in on. Get to know Santa Fe's beautiful parks and trails, and meet others who like to walk by joining us on a free VAMONOS walk. Group walking will help you stay motivated and meet others who like to walk. We have all levels of walkers, so you can walk at your own pace.

### **The Schedule**

#### **Walk with a Doc—Southwest Care Center**

The first Tuesday of every month from 5:30 to 6:30 pm

Santa Fe River Trail on West Alameda Street, across from Casa Solana

May 1-- Dr. Sarah Fatland

June 5-- Dr. Larry Shandler

July 3-- Dr. Michael Chartrand

Aug 7-- Dr. Ken Stewart

Sept 4-- Dr. David King

Oct 2-- Dr. Laura Dwyer

#### **Walk with a Notable Local**

The fourth Tuesday of the month from 5:30-6:30 pm

Note: The Southside Farmers' Market will be operating at this location on Tuesdays, July 3 through



September 25 from 3 to 6 pm

Plaza Contenta, 6009 Jaguar Drive (across from Cesar Chavez Elementary School) to the Tierra Contenta Arroyo de los Chamisos Trail towards Swan Park

May 22— The Honorable Alan Webber, Mayor of Santa Fe

June 26 – Santa Fe City Councilor Roman Abeyta

July 24 (FM) – Santa Fe City Councilor JoAnne Vigil Coppler

Aug 21 (FM) – Rey Gonzales, Fire Marshall, City of Santa Fe, with other fire fighters

Sept 25 (FM) -- Julie Ann Grimm, Editor, Santa Fe Reporter

Oct 23-- Mariah Runyan, Principal, Capital High School

### **Walk with a Community Health Worker (se habla español)**

The third Tuesday of the month from 5:30-6:30 pm (except for August, which will be the last Tues of the mo)

Note: The Southside Farmers' Market (FM) will be operating at this location on Tuesdays, July 3 through September 25 from 3 to 6 pm

Plaza Contenta, 6009 Jaguar Drive (across from Cesar Chavez Elementary School) to the Tierra Contenta Arroyo de los Chamisos Trail towards Swan Park

May 15—Alondra Hernandez

June 19—Evelyn Rios

July 17 (FM)-- Alondra Hernandez

Aug 28 (FM)—Marisol Santiago

Sept 18 (FM)—Marisol Santiago

Oct 16—Christie Horowski

### **ADA/Seniors Walk**

The third Friday of the month from 10-11 am

At the Mary Esther Gonzales Senior Center at Bicentennial Park (1121 Alto Street)

May 18—Hope Reed, Retired Access Specialist

June 15—Anthony Alarid, Deputy Director of the Governor's Commission on Disability

July 20—Victoria Buckingham, Feldenkrais Practitioner, Movement Educator

Aug 17—Victoria Buckingham, Feldenkrais Practitioner, Movement Educator

Sept 21—Victoria Buckingham, Feldenkrais Practitioner, Movement Educator

Oct 19—Monica Montoya, Brain Injury Advisory Council-Coordinator

### **Family Walk**

Second Saturday of the month from 9-10 am

Railyard Park to Acequia Trail, unless otherwise noted

May 12—Anne Nelson

June 9--(Take a Kid Hiking Day on the Dale Ball Trails)

July 14—Tish Wilson

Aug 11—Anne Nelson

Sept 8—Ellen Biederman

Oct 13—Janice Vascot

**Walk with the Faith Community**

Second Wednesday of the month at 7 am

Bicentennial Park (1121 Alto Street)

May 9 – Rabbi Neil Amswych

June 13– Rev. Harry Eberts

July 11– Rachel Ryer

Aug 8 – Rev. Blaine Wimberley

Sept 12—Rev. Gail Marriner

Oct 10--TBD

**Christus St. Vincent Walk with a Doc**

3<sup>rd</sup> Thursday of the month at 5:15 pm

May 17—Lauren Sims, DO

CHRISTUS St. Vincent Hospital Campus Trail

June 21—Matt Jackson, MD

Arroyo Chamiso at Villa Linda Park

July 19—Michael McKinney, MD

Arroyo Chamiso at Villa Linda Park

Aug 16—Martin Ruiz, MD

CHRISTUS St. Vincent Hospital Campus Trail

Sept 20—Luis Rigales, MD

Arroyo Chamiso at Villa Linda Park

Oct 18—Jennifer Chittum, MD

CHRISTUS St. Vincent Hospital Campus Trail

**Would You Like to Volunteer?**

We need a couple of volunteers per walk to sign people in, do exit surveys, and walk with anyone who might need help. [Click here to sign up.](#)

**What is the Santa Fe Walking Collaborative?**

Last August 2017, the Santa Fe Conservation Trust asked many community partners to join in an effort to improve public health, expand the use of city parks and public trails, and encourage and facilitate regular outdoor exercise by providing residents with knowledge and connections to existing walking and trail resources. At first, we weren't sure if the effort would result in the resurrection of a project called Prescription Trails. There was definitely interest, but the health care providers wanted something a little easier to implement, so we started focusing on a national program called "Walk with a Doc." To augment Walk with a Doc, SFCT organized additional walking tracks. The combined effort has resulted in a series of walks from May through October 2018 called VAMONOS: Santa Fe Walks.

Members of the Santa Fe Walking Collaborative include the convener Santa Fe Conservation Trust, the City of Santa Fe, New Mexico Department of Health, Southwest Care Center, Christus St. Vincent, La Familia Medical Center, Presbyterian Health Service, the Santa Fe Indian Hospital, The Railyard Park Conservancy, New Mexico School for the Deaf, and Prestidigital Media.