

Name \_\_\_\_\_ Date \_\_\_\_\_

Use the words in the word box to finish the story.

because	first	fast	before	tell
both	gave	green	off	very
sleep	read	wash	pull	

Every night one hour \_\_\_\_\_ I go to bed I get ready to sleep by doing the same four things. \_\_\_\_\_ I run up the stairs as \_\_\_\_\_ I can run. Then I take \_\_\_\_\_ my clothes and put my pajamas on. My favorite pajamas are the color \_\_\_\_\_. I love these pajamas \_\_\_\_\_ my Uncle Joe \_\_\_\_\_ them to me.

After I have my pajamas on I go in the bathroom to \_\_\_\_\_ my face and brush my teeth. Mom said it is \_\_\_\_\_ important to brush \_\_\_\_\_ my top and bottom teeth to keep them healthy. When I am done in the bathroom I get in my bed. I \_\_\_\_\_ the blankets over my head. Mom and Dad come into my room and say "Oh no! Where is Adam?"

I jump out and \_\_\_\_\_ them "Here I am!".



**←START**

# HAND WASHING STEPS



2. Soap  
(20 seconds)



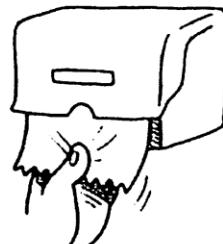
3. Scrub backs  
of hands, wrists,  
between fingers,  
under fingernails.



4. Rinse



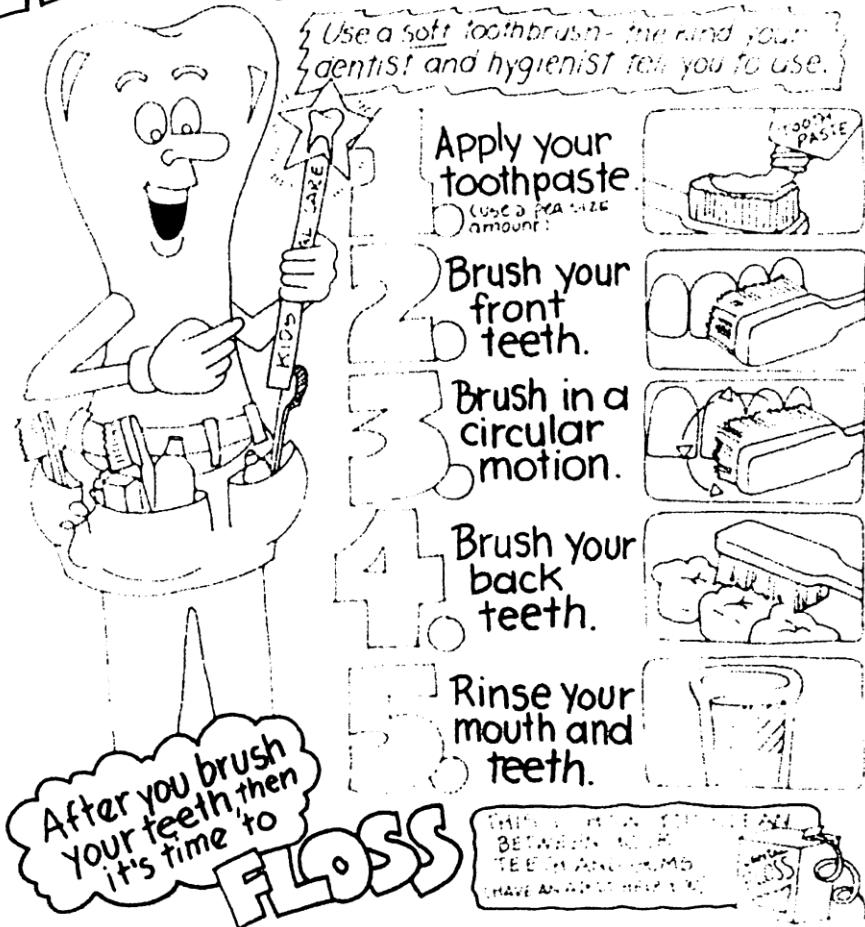
6. Turn off  
taps with  
towel



5. Towel dry

TIPS FROM THE TOOTH FAIRY

# How to brush



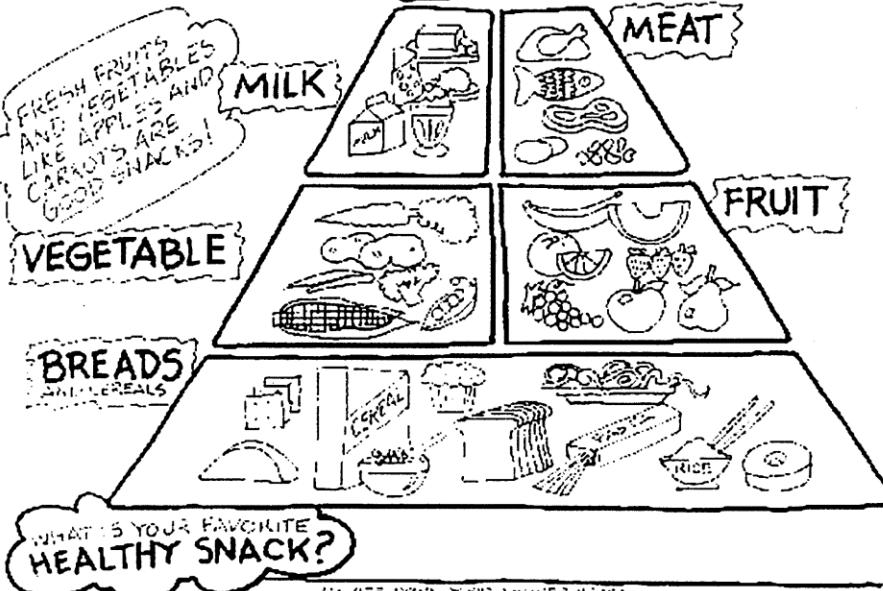
It's important  
to make the right choices  
when you are  
eating between meals.

# CHOOSE Healthy Snacks

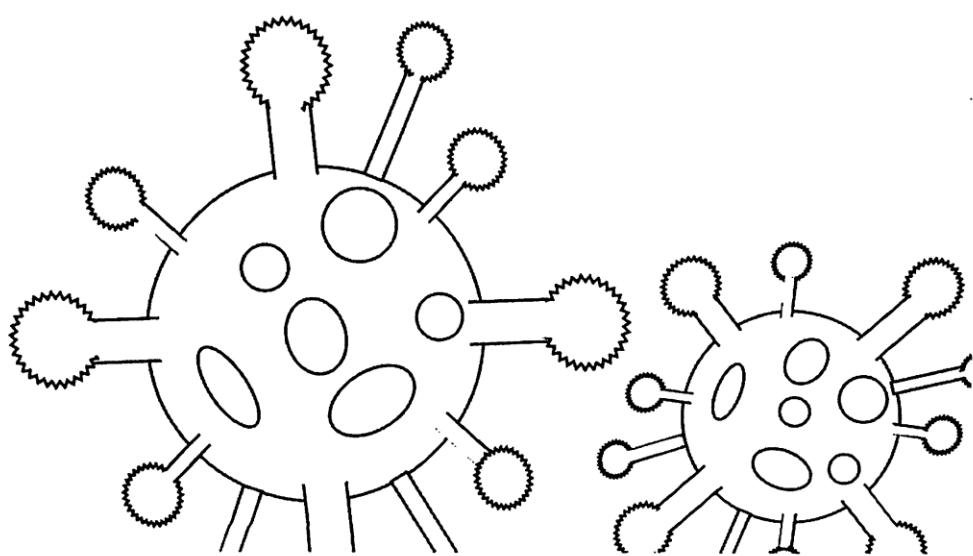
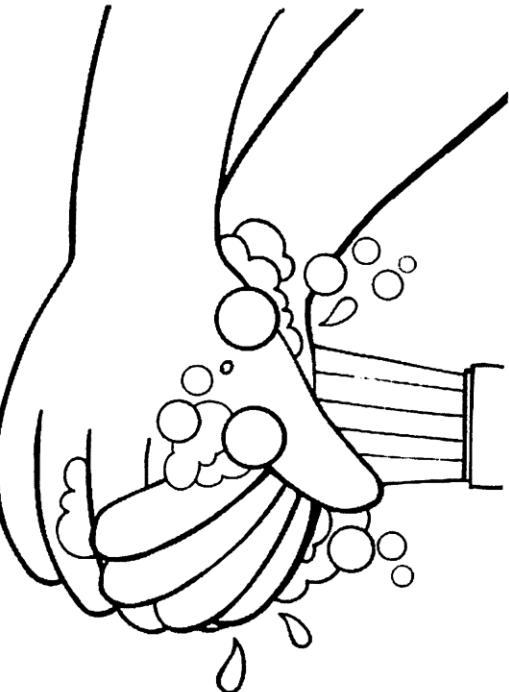
PICK FOODS  
FROM THE  
FOOD  
PYRAMID

STAY AWAY FROM  
SWEETS LIKE CANDY,  
SUGARY TREATS AND  
SOFT DRINKS.

OTHER



STAY HEALTHY  
WASH YOUR  
HANDS



## Fraction Fiasco

The new **Fraction Board Game** you can print, that makes *adding and subtracting fractions* fun exciting for kids!

Players are never quite sure who will win this one, because they get bounced back and forth throughout the game. The good news is they're also getting lots of addition or subtraction practice!

Skill: Adding and subtracting fractions with like denominators, simplifying fractions

Number of players: 2 - 4

Object of the game: Be the first player to reach END

Supplies: Game board, two dice, a game piece, paper and pencil for each player

Preparation: Print off Fraction Fiasco game board. To help preserve your game laminate your game board.



To Play:

1. Each player puts his game piece at START. One player rolls both dice and adds the result. That number is the denominator that all players will use to begin the game.
2. The first player rolls one die and moves forward that number of spaces. He uses the number he rolled and the number on the space where he landed as numerators. He writes the two fractions on his paper using the denominator that was rolled earlier. He adds the fractions together and writes his answer in simplest form. Example: A 6 and a 4 are rolled at the beginning of the game. The denominator is 10 to begin with. The first player rolls a 3. The space where he lands has a 6. He writes  $3/10$  and  $6/10$  on his paper. He adds and finds a sum of  $9/10$ .
3. The other players check his work. If he is correct, he stays on that space. If he is incorrect, he goes back to where his turn began and his turn is over.
4. Other players continue in the same manner, taking turns.
5. If a player lands on a space that is already occupied, two things happen: A) The player who was there first moves back one space. He then follows the instructions on that space or completes a new addition problem using the number just rolled by his opponent. If his answer is correct, he stays there. If it is not correct, he moves back one more space. B) The player just arriving on the space completes an addition problem as usual.

## FIASCO DE FRACCIONES

¡El nuevo *Juego de mesa de fracciones* que puedes imprimir, que hace que sumar y restar fracciones sea emocionante para los niños!

Los jugadores nunca están seguros de quién va a ganar, porque se la pasan rebotando hacia adelante y hacia atrás durante el juego. ¡La buena noticia es que también se la pasan practicando suma y resta!

Habilidades: Suma y resta de fracciones con denominadores iguales, simplificación de fracciones.

Número de jugadores: 2 - 4

Objetivo del juego: Ser el primer jugador en llegar a la meta.

Materiales: Tablero y dos dados. Para cada jugador, una pieza de juego, papel y lápiz.

Preparación: Imprime el tablero de FIASCO DE FRACCIONES. Enmota tu tablero para hacerlo más durable.



Para jugar:

1. Cada jugador pone su pieza en la casilla de salida. Un jugador tira los dados y suma los resultados. Ese número será el denominador que todos los otros jugadores usarán para comenzar el juego.
2. El primer jugador tira un dado y mueve su pieza ese número de casillas. Luego utiliza el número que salió y el número de la casilla donde aterrizó como numeradores. El jugador escribe las dos fracciones en su papel, usando el denominador que previamente salió. El jugador suma las dos fracciones y escribe su respuesta simplificada. Por ejemplo: Un 6 y un 4 salen al principio del juego. El denominador para empezar sería entonces 10. El primer jugador saca un 3, aterriza en la casilla 6. Escribe entonces  $3/10$  y  $6/10$  en su papel. Lo suma y obtiene  $9/10$ .
3. Los otros jugadores lo revisan. Si está correcto, se queda en esa casilla. Si está incorrecto, regresa a donde estaba antes de ese turno y su turno termina.
4. Los demás jugadores continúan de la misma manera, alternando turnos.
5. Si un jugador aterriza en una casilla que ya está ocupada, ocurren dos cosas: A) El jugador que estaba ahí primero regresa una casilla. Luego sigue las instrucciones de acuerdo a esa casilla, ósea que completa una nueva suma usando el número que su compañero acaba de sacar. Si su respuesta es correcta, se queda ahí. Si no es correcta, regresa una casilla más. B) El jugador que acaba de llegar a la casilla completa su suma de manera usual.