



Agenda

CITY CLERK'S OFFICE

DATE 1/22/14 TIME 11:45a

SERVED BY Lugi Gonzales

RECEIVED BY [Signature]

DIVISION OF SENIOR SERVICES PUBLIC HEARING

Wednesday, February 12, 2014
9:00 a.m.

*****Mary Esther Gonzales Senior Center*****
1121 Alto Street, Santa Fe, New Mexico

- I. Call to Order
- II. Invocation (Dennis E. Gonzales)
- III. Pledge of Allegiance (Andres Romero)
- IV. Introduction of Advisory Board Members (Andres Romero)
- V. Introduction of Division of Senior Services Staff (Ron J. Vialpando, DSS Director)
- VI. Purpose of Hearing
- VII. Service Delivery Presentation, by Ron J. Vialpando & DSS Staff (Power Point Presentation)
- VIII. Prioritize Services / Items From the Floor
- IX. Final Program Recommendations
- X. Closing Statements
- XI. Adjournment

Persons with disabilities in need of accommodations, contact the City Clerk's office at 955-6520, five (5) working days prior to meeting date.

INDEX OF MINUTES

DIVISION OF SENIOR SERVICES

ADVISORY BOARD OF DIRECTORS

PUBLIC HEARING

February 12, 2014

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MINUTES OF THE
DIVISION OF SENIOR SERVICES
ADVISORY BOARD OF DIRECTORS
PUBLIC HEARING

February 12, 2014

The Public Hearing of the City of Santa Fe Division of Senior Services Advisory Board of Directors was called to order by Ron Vialpando, Director, Division of Senior Services at 9:10 a.m. on this date at the Mary Esther Gonzales Senior Center, 1121 Alto Street, Santa Fe, New Mexico.

Roll Call indicated the presence of a quorum for conducting official business as follows:

MEMBERS PRESENT

Andres Romero, Chairperson
Gilbert Alarid
Tonie Ann Gallegos
Dennis Gonzales
Elaina K. Gonzalez
Virginia Lucero
Corrine Sanchez

MEMBERS ABSENT

Bernardo C de Baca
Doug Schocke
Mary Louise Giron, Vice Chairperson
Rosemarie Trujillo

STAFF PRESENT

Robert Chavez, Division of Senior Services Transportation Project Manager
Lugi Gonzales, Division of Senior Services Project Manager
Louise Kippert, Foster Grandparent/Senior Companion Program
Christy Montoya, Administrative Secretary
Melanie Montoya, Division of Senior Services Volunteer Program Administrator
Katie Ortiz, Division of Senior Services Clerk
Fran Rodriguez, Division of Senior Services Transportation Manager
Marisa Romero, Division of Senior Services RSVP
Carlos Sandoval, Division of Senior Services, Meals on Wheels Supervisor
Kristin Slater-Huff, Division of Senior Services, RSVP

DRAFT: SUBJECT TO APPROVAL

Theresa Trujillo, Division of Senior Services, In-Home Support Supervisor
Ron Vialpando, Division of Senior Services Director
Thomas Vigil, Division of Senior Services Nutrition Program Administrator

OTHERS PRESENT

Myles Copeland, Deputy Cabinet Secretary, Area Long Term Services Department
Bobbi Ferrel, Constituent Services Representative, Senator Udall's Office
Toby Kessler, AAA Project Manager
Ernesto Ramos, Senior Services Bureau Chief, Area Long Term Services Department
Geno Renaldo, Cabinet Secretary, Area Long Term Services Department
Jo Ann G. Valdez, Stenographer

**Please see the Sign-in Sheet for the names of the attendees. A copy is hereby incorporated with these Minutes as Exhibit "A".*

INVOCATION

Invocation was led by Dennis Gonzales.

PLEDGE OF ALLEGIANCE

The Pledge of Allegiance was led by Chairperson Andres Romero and was recited by all present.

INTRODUCTION OF ADVISORY BOARD MEMBERS

Mr. Vialpando introduced the City of Santa Fe Division of Senior Services Advisory Board Members. The Advisory Board represents the City of Santa Fe and is made up of 11 Board Members. This Advisory Board meets monthly to discuss program issues as well as policies and procedures. These individuals volunteer their time, expertise and knowledge which make a difference with the Senior Program. The Board Members are as follows:

Andres Romero, Chairman
Mary Louise Giron, Vice Chairman
Rosemarie Trujillo, Secretary
Gilbert J. Alarid
Bernardo C de Baca
Tonie Ann Gallegos
Dennis E. Gonzales
Elaina K. Gonzalez
Virginia M. Lucero
Corrine Sanchez
Doug Schocke

Mr. Vialpando also introduced the following guests:

Myles Copeland, Deputy Cabinet Secretary, Area Long Term Services Department
Bobbie Ferrell, Constituent Services Representative, Senator Udall's Office
Toby Kessler, AAA Project Manager
Ernesto Ramos, Senior Services Bureau Chief, Area Long Term Services Department
Geno Renaldi, Cabinet Secretary, Area Long Term Services Department
Jo Ann G. Valdez, Stenographer

PURPOSE OF HEARING

Mr. Vialpando introduced Geno Renaldo, the Cabinet Secretary of the Area Long Term Services Department.

Mr. Renaldi said the City of Santa Fe Division of Senior Services is hosting this public hearing on the Older Americans Act and the third year of the Four-Year Plan that is being developed.

The Older Americans Act was enacted by Congress in 1965 to ensure provision of social services to America's elderly population. The City's Division of Senior Services administers programs, which provide a comprehensive social service delivery system for senior citizens in our community. The following program services are critical to the planning and implementation process:

- Congregate Meals
- Home Delivered Meals
- Transportation
- Home Management Services
- Respite (Alzheimer's) Care
- Supplemental Assistance
- Grandparents Raising Grandchildren
- Volunteer Programs
- Senior Employment Program
- Center Programming/Health Promotion

The City of Santa Fe is required to prepare and submit to the Area Agency on Aging a comprehensive plan that includes budget and program goals which reflect the services that are provided to older adults (60 years of age or older).

Mr. Renaldi said the senior citizen community is fortunate to have such a great staff that provides assistance to them. He acknowledged Mr. Vialpando and the Division of Senior Services staff for providing valuable services to the seniors.

He noted that the City of Santa Fe is a tremendous partner in that they put forth a lot of money to fund the above programs.

Mr. Renaldi said from this kind of meeting, the State gets a sense from the City of Santa Fe on what the priorities of needs are. He noted that they are asking for \$1.4 million this year through the Governor's budget for the aging network. He said one of the things that the attendees (senior citizens) can do is to contact their local legislators and ask them to support the Department of Aging and Long Term Services' budget request.

SERVICE DELIVERY PRESENTATION BY RON VIALPANDO & DSS STAFF

Mr. Vialpando reviewed the organizational chart for the Division for Senior Services noting that there are presently 69 employees.

He reviewed the Division of Senior Services Budget for Fiscal year 2013/2014 as follows:

- \$482,072 for Administration
- \$968,035 for Nutrition
- \$749,950 for Transportation
- \$682,821 for In-Home Support
- \$529,840 for Volunteer Programs
- \$34,724 for the Senior Employment Program
- \$3,821 for Health Promotion

\$3,451,263 Total Budget for Senior Services

61% of the funding comes from the City of Santa Fe (\$2,092,352). The federal government provides 16% of the budget (\$559,035); the State provides 21% of the budget (\$716,876) and 2% of the budget is provided by other funding sources (\$83,000).

Mr. Vialpando reviewed the 2012 Capital Outlay Legislative Request (General Obligation Bond) that was approved during the 2012 November Election as follows:

\$300,000	MEG Warehouse Project
185,690	Luisa Center Improvements
146,940	Luisa Computer Lab
134,880	MEG Computer Lab
110,890	Villa Consuelo Center Improvements
8,500	Pasatiempo Kitchen Improvements
132,000	Replacement Vehicles
<u>111,900</u>	Kitchen Equipment
\$1,130,800	Total

The 2013 Capital Outlay Legislative Request is as follows:

\$154,000 MEG Parking Lot Improvements
82,072 Citywide Kitchen Equipment

\$236,072 Total

*Approved during the 2013 Legislative Session

The 2014 Capital Outlay Legislative Request is as follows:

\$147,900 Villa Consuelo Kitchen Project (Critical)
104,714 MEG Rear Entrance Improvements (Critical)
33,755 MEG Rooftop HVAC Systems (Critical)
533,500 Replacement Vehicles (Critical)
39,667 MEG Congregate/MOW Kitchen Improvements (High)
138,056 Citywide Kitchen Equipment (High)

\$997,592 Total

*Critical and high priorities are being considered pending approval

A PowerPoint presentation was presented by various Division of Senior Services staff members. [A copy is hereby incorporated to these Minutes as Exhibit "B". Please see Exhibit "B" for the specifics of this presentation.]

PRIORITIZE SERVICES/ITEMS FROM THE FLOOR

Ben Baca said it is his understanding that this gathering is for the purpose of discussing senior center services. He explained that these senior center services are imperative. He noted that his wife was diagnosed with Alzheimer's and since that time, there has been a steady increase in the progression of this ugly illness.

Mr. Baca mentioned that he was diagnosed with pulmonary fibrosis and cancer. He underwent lung surgery and started chemotherapy from March until July. He said now he knows without a doubt that he was in need of help. He indicated that he utilizes many of the senior services that the City of Santa Fe offers. He said at the senior centers you get to experience many things, to name a few: blood pressure checks, oxygen level tests, senior Olympics, tax aide, foster parent tutor program, acupuncture clinic for veterans, yoga classes, day trips and free movie days. You also can have breakfast and lunch at reasonable prices and transportation services to doctor appointments, food shopping, etc.

Mr. Baca said the people who administer all of these programs are to be appreciated and thanked for all of their untiring efforts.

Della Spencer said she echoes everything that Mr. Baca said. She thanked staff and said she appreciates all the people who provide the meals, the administration and the Director of the Division of Senior Services.

Juan Apodaca thanked Ron Vialpando and his staff for all their help and all the work they do for the senior program.

Ms. Theresa Trujillo, the DSS In-Home Support Supervisor read 20 letters of support from senior citizens in the community who were not able to attend the meeting. [Copies are hereby incorporated to these Minutes as Exhibit "C".] The letters of support will be counted as a vote on the final recommendations.

FINAL PROGRAM AND RECOMMENDATIONS

The following recommendations were ranked and prioritized based on the senior citizens' input and vote:

- 1) Home Management Services (Homemaker services) = 51
- 2) Transportation = 49
- 3) Respite Care = 48
- 4) Congregate Meals = 46
- 5) Home Delivered Meals = 41
- 6) Supplemental Services/Grandparents Raising Grandchildren = 39
- 7) Health Promotion = 34
- 8) Other – Volunteer Programs

*This was not ranked because it is not part of the Title 3 funding.

CLOSING STATEMENTS

The senior citizens in attendance were thanked for attending today's hearing.

Mr. Vialpando thanked the Division of Senior Services Advisory Board Members for attending today's hearing.

ADJOURNMENT

This Public Hearing adjourned at 11:05 a.m.

Approved by:



Andres Romero, Chairperson

Respectively submitted by:



Jo Ann G. Valdez, Stenographer

City of Santa Fe
Division of Senior Services
MEG Senior Center
Public Hearing – Sign In Form

Date: 2-12-14

Number of Participants _____

Names of Participants:

- | | |
|---------------------------------|-------------------------------------|
| 1 <u>Benavito Morales</u> | 26 <u>Julia Romero</u> |
| 2 <u>Socorro Leticia Arroyo</u> | 27 <u>Gene Dunning</u> |
| 3 <u>Mary Baca</u> | 28 <u>Joseph W. Lopez</u> |
| 4 <u>Juan Baca</u> | 29 <u>Johns family</u> |
| 5 <u>Francis Dally</u> | 30 <u>Theresa Trujillo</u> |
| 6 <u>Mary Sandoval</u> | 31 <u>Shirley Xilgo</u> |
| 7 <u>Christine Mendez</u> | 32 <u>Sue Ann Spenshored</u> |
| 8 <u>Concepcion Palencia</u> | 33 <u>Evelyn Zaborchik</u> |
| 9 <u>Julia Spuar</u> | 34 <u>Lydia S. Snyders</u> |
| 10 <u>Geniva Lopez</u> | 35 <u>Lucy Lopez - Lucille m</u> |
| 11 <u>Grace De Aguiar</u> | 36 <u>Michelle Chorvat</u> |
| 12 <u>BERNADETTE Sandoval</u> | 37 <u>Benot Jureli</u> |
| 13 <u>Fertilia Martinez</u> | 38 <u>W. L. J. Jureli</u> |
| 14 <u>JOANN M. SENA</u> | 39 <u>Joe Jureli</u> |
| 15 <u>Jimmie Ortega</u> | 40 <u>Joe Jureli</u> |
| 16 <u>Gally Roman</u> | 41 <u>Elmer Berstner</u> |
| 17 <u>John Sandoval</u> | 42 <u>Charles Charles Hernandez</u> |
| 18 <u>Blanca R. Gomez</u> | 43 <u>Ger. Carbajal</u> |
| 19 <u>Robert Chavez</u> | 44 <u>J. E. O'Connor</u> |
| 20 <u>Cheryl S. S. S.</u> | 45 <u>Burghum</u> |
| 21 <u>Romana Gutierrez</u> | 46 <u>Tanner Royce</u> |
| 22 <u>Mary Lou Martinez</u> | 47 <u>Glenn Rodriguez</u> |
| 23 <u>Robert Aland</u> | 48 <u>Leos Oromero</u> |
| 24 <u>Bobbie Sewell</u> | 49 <u>George F. Martinez</u> |
| 25 <u>Emily Romero</u> | 50 <u>Antonio Guedra</u> |

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**City of Santa Fe
Division of Senior Services
MEG Senior Center
Public Hearing – Sign In Form**

Date: 2-12-14

Number of Participants _____

Names of Participants:


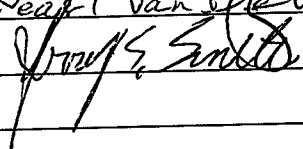
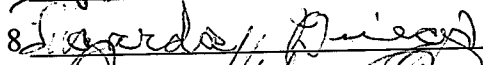

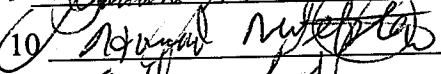
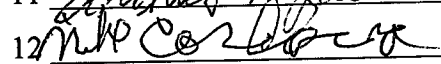
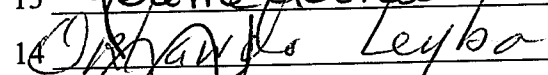
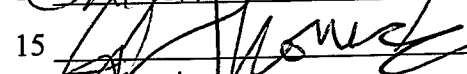

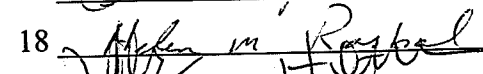
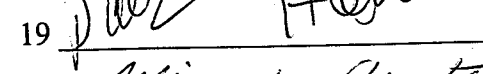
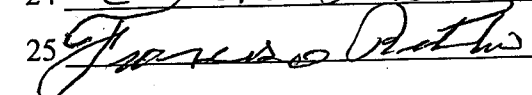
1 <u>Toby KESSLER</u>	26 <u>Pamela Yates</u>
2 <u>Virginia M. Lucero</u>	27 <u>Julia Angille</u>
3 <u>ANDRES RAMERO</u>	28 <u>Julen Lucero</u>
4 <u>DENNIS Gonzalez</u>	29 <u>Robert Burchhalter</u>
5 <u>Tonic A M Gallegos</u>	30 <u>Katie Oatiz</u>
6 <u>Pia Vasquez</u>	31 <u>Amelia Duran</u>
7 <u>Rita Dalgas</u>	32 <u>Ron Chapando</u>
8 <u>Paul Oskew</u>	33 <u>Amelia Duran</u>
9 <u>Maria Duran</u>	34 <u>Fran Rodriguez</u>
10 <u>Rosine Tapia</u>	35 <u>Brenda Ortiz</u>
11 <u>Kaye Martin</u>	36 <u>Twette Sweeney</u>
12 <u>Tillie Kitchen</u>	37 <u>Joseph R. TRULLO</u>
13 <u>Margie Gunkle</u>	38 <u>Juan Rodas</u>
14 <u>Bernard Nuanez</u>	39 <u>K. Greg Smith</u>
15 <u>Mary Grace SAIZ</u>	40 <u>Chaplain James</u>
16 <u> Evelyn Shaw</u>	41 <u>Hester R. Berber</u>
17 <u>Lillian Phillipovich</u>	42 <u>Ernesto James</u>
18 <u>Isida - Pacheco</u>	43 <u>Mercy Moreno</u>
19 <u>Bella Campa</u>	44 <u>Chris Garcia</u>
20 <u>Ramona Griego</u>	45 <u>Sarah ROSEN BLATT</u>
21 <u>Alan Harris</u>	46 <u>Linda Cruz</u>
22 <u>Manuela Pedraza</u>	47 <u>Arkyie Sanchez</u>
23 <u>DANNA K. METZGER</u>	48 <u>Cindy G. Montoya</u>
24 <u>JOY HEBER</u>	49 <u>Shari M. Givler</u>
25 <u>Whinnie Tolen</u>	50 <u>Marta Lopez</u>

City of Santa Fe
Division of Senior Services
MEG Senior Center
Public Hearing – Sign In Form

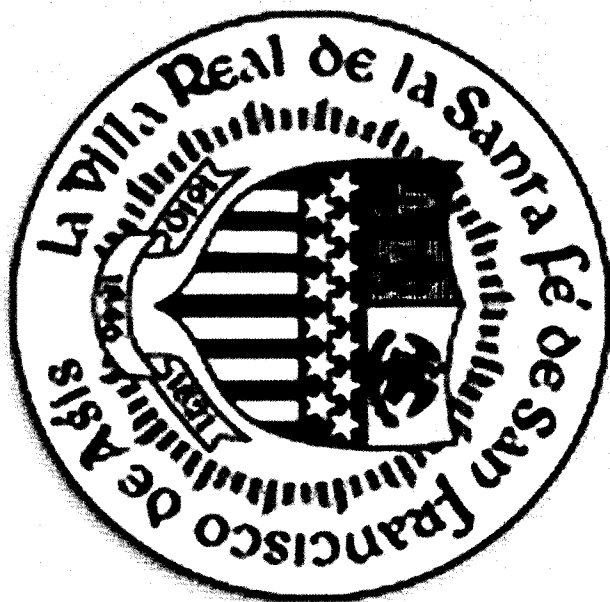
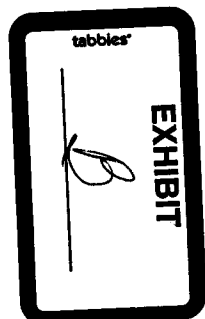
Date: 2-12-14

Number of Participants _____

Names of Participants:

1 ROXANNE BRIE	26 
2 Pauline Pino	27 Pearl Van der Water
3 Robert Kuran, Sr.	28 
4 Gabriella Montoya	29
5 Rose Ortega	30
6 Peter Garcia	31
7 Lilia Garcia	32
8 	33
9 	34
10 	35
11 Arthur L. Lugo	36
12 	37
13 Jerome Bernas	38
14 	39
15 	40
16 	41
17 Cleo Espinosa	42
18 	43
19 	44
20 MICHAELA Amato	45
21 Mary Ann Martinez	46
22 Maria Paula	47
23 Ben G. Martinez	48
24 Celine Sanchez	49
25 	50

City of Santa Fe

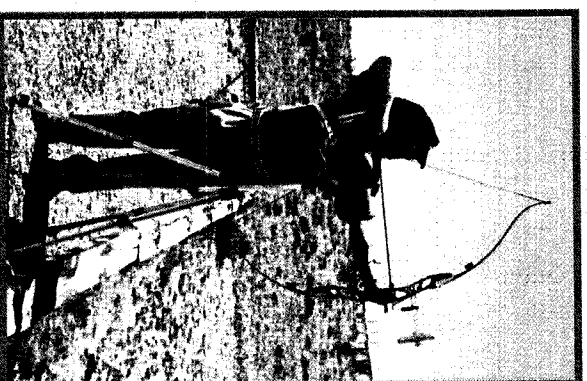
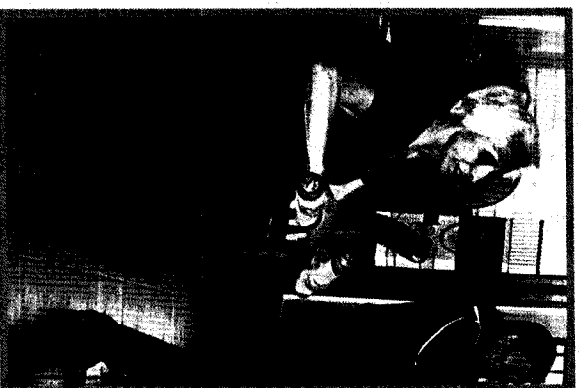


Division of Senior Services

Center Programming/Health Promotion

To include Senior Olympics, Blood Pressure, Glucose, Oxygen Testing, exercise classes, etc.

- General Fund – 100%
- Operating – 100%
- Total \$158,767



Public Comments:

Final Prog. Recommended:

- 1.) Transp - 49
- 2.) Home Delivered Meals - 41
- 3.) Congregate meals - 46
- 4.) Respite Care - 48
- 5.) Home Mgmt Sv. - 51 * #1
- 6.) Health Pro. 34
- 7.) Supplemental Service - GRS - (Raising Grandchildren) - 39
- 8.) Other - Volunteer Programs - activities - NOT RANKED -
NOT part of TITLE 3 Funding
- 15.) Home Mgmt Services
- 2.) Transp -
- 3.) Congregate Meals
- 4.)

Welcome



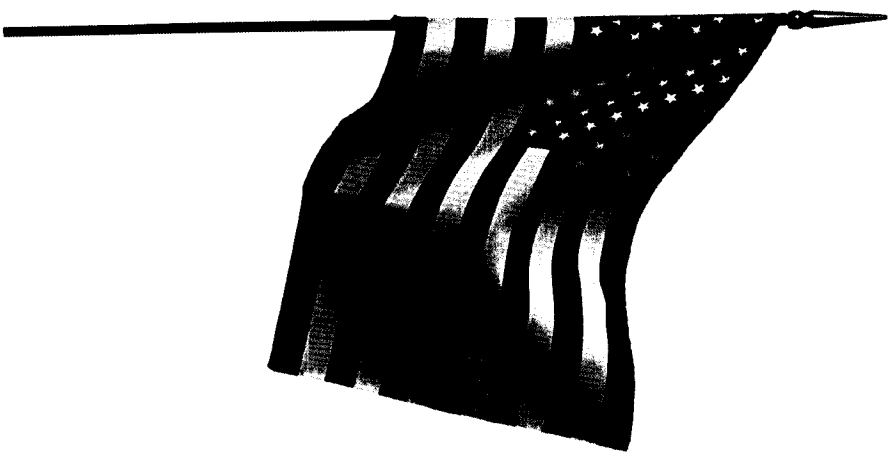
Mary Esther Gonzales Senior Center

Invocation

(Lead by Dennis E. Gonzales)

Pledge of Allegiance

(Lead by Andres Romero)



Introduction of Advisory Board

The City of Santa Fe Division of Senior Services Advisory Board represents the City of Santa Fe and is made up of 11 Board Members. This Advisory Board meets monthly to discuss program issues as well as policies and procedures. These individuals volunteer their time, expertise and knowledge which make a difference with our senior program. Our Board Members are as follows:

- | | |
|------------------------------------|----------------------|
| • Andres Romero, Chairman | • Dennis E. Gonzales |
| • Mary Louise Giron, Vice Chairman | • Elaina K. Gonzalez |
| • Rosemarie Trujillo, Secretary | • Virginia M. Lucero |
| • Gilbert J. Alarid | • Corrine Sanchez |
| • Bernardo C de Baca | • Doug Schocke |
| • Tonie Ann Gallegos | |

Older Americans Act

To be the focus of the public hearing!

Santa Fe, NM, February 12, 2014, - The City of Santa Fe Division of Senior Services will host a public hearing on the Older Americans Act and the third year of our Four Year Plan that is being developed.

The Older Americans Act was enacted by Congress in 1965 to ensure provision of social services to America's elderly population. The City's Division of Senior Services administers programs, which provide a comprehensive social service delivery system for senior citizens in our community. The following program services are critical to our planning and implementation process:

- Congregate Meals
- Home Delivered Meals
- Transportation
- Home Management Services
- Respite (Alzheimer's) Care
- Supplemental Assistance
- Grandparents Raising Grandchildren
- Volunteer Programs
- Senior Employment Program
- Center Programming/Health Promotion

City of Santa Fe

Division of Senior Services

2013-14

DIRECTOR (69)
Ron Valpando
CLSF FT

TRANSPORTATION SERVICES (14)

PROJECT MANAGER
Robert Chavez
Term G FT

PROJECT MANAGER
Fran Rodriguez
Term G FT

ADMIN ASSISTANT
Linda Quesada
Term G FT

TRANSIT OPERATOR-DRIVER
10 positions
Term G FT

VOLUNTEER PROGRAM ADMINISTRATOR (4)
Melanie Montoya
Term G FT

FGP/SCP PROGRAMS SPEC PROJ ADMIN
Louise Kippert
Term G FT

60 Stipend Volunteers
16 Stations

RSVP COMM RELATIONS ADMIN
Kristin Slater-Huff
Term G FT

RSVP ADMIN SECRETARY
Marisa Romero
Term G FT

443 Volunteers
60 Stations

IN-HOME SUPPORT SUPERVISOR (15)
Theresa Trujillo
Term G FT

CLERK
Katie Ortiz
Temp PT

RESPIRE CARE PROVIDER
7 positions
Term G FT

CARE ATTENDANT
6 positions
Term G FT

CENTER ADMIN (13)
Project Manager
Lugi Gonzales
CLSF FT

ADMINISTRATIVE SECRETARY **
Cristy Montoya
CLSF FT

RECEPTIONIST **
Sadie Marquez
Temp PT

DATA BASE SPECIALIST **
Brenda Ortiz
CLSF FT

PROGRAM COORDINATOR **
Cindy Sena
CLSF FT

INSTRUCTOR-TECHNICIAN **
3 Temp PT

PROGRAM COORDINATOR **
Christina Villa
CLSF FT

INSTRUCTOR-TECHNICIAN **
2 Temp PT

HEALTH PROMOTION INSTRUCTORS
2 Temp PT

NUTRITION (22)
PROGRAM ADMINISTRATOR
Thomas Vigil
Term G FT

ADMIN ASSISTANT
Yvette Sweeney
Term G FT

CENTER COOKS
5 Term G FT

State Funded SEP
4 Temp PT

Senior Service Aide
1 Temp PT

MEALS-ON-WHEELS SUPERVISOR
Carlos Sandoval
Term G FT

MEALS-ON-WHEELS ASSESSMENTS
Robert Duran
Term G FT

MEALS-ON-WHEELS DRIVER
3 Term G FT

MEALS-ON-WHEELS DRIVER
4 Temp PT

INVENTORY SUPERVISOR
Enrique Delora
Term G FT

69 Total Employees
6 City Classified Full Time-CLSF FT
41 Term Grant Funded Full Time-Term G FT
4 Term Grant Funded Part Time-Term G PT
18 Temp PT
5 City Senior Centers

Purpose of Hearing

The City of Santa Fe is required to prepare and submit to the Area Agency on Aging a comprehensive plan that includes budget and program goals which reflect the services we provide to older adults (60 years of age or older).



Division of Senior Services Budget

Fiscal Year 2013/2014

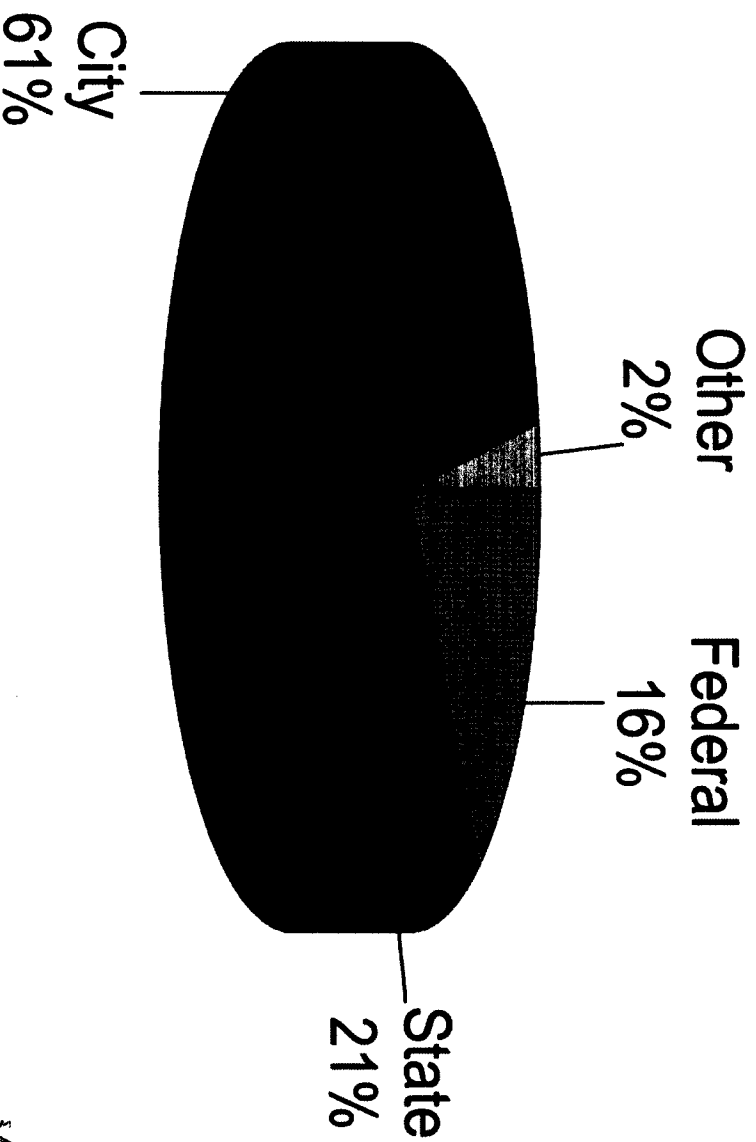
Administration		
	Division Administration	\$327,126
	General Liability	\$16,055
	Senior Center Programs-Health Promotion	\$138,891
	Admin Total	\$482,072
Nutrition		
	Congregate Meals	\$294,675
	Home Delivered Meals	\$442,788
	Nutrition Donations	\$74,866
	NSIP	\$155,706
	Nutrition Total	\$968,035
Transportation		
	Transportation	\$741,816
	Transportation Donations	\$8,134
	Transportation Total	\$749,950

★

Division of Senior Services Budget **Fiscal Year 2013/2014 (Continued)**

In-Home Support		
	Home Management	\$339,067
	Respite	\$329,255
	Supplemental Assistance	\$4,500
	GRGC	\$10,000
	In-Home Support Total	\$682,821
Volunteer Programs		
	Foster Grandparent Program	\$240,720
	Retired Senior Volunteer Program	\$112,368
	Senior Companion Program	\$176,752
	Volunteer Total	\$529,840
Senior Employment Program		
	Senior Employment Program	\$34,724
	Senior Employment Total	\$34,724
Health Promotion		
	Health Promotion	\$3,821
	Senior Wellness Total	\$3,821
	Senior Services Total Budget	\$3,451,263

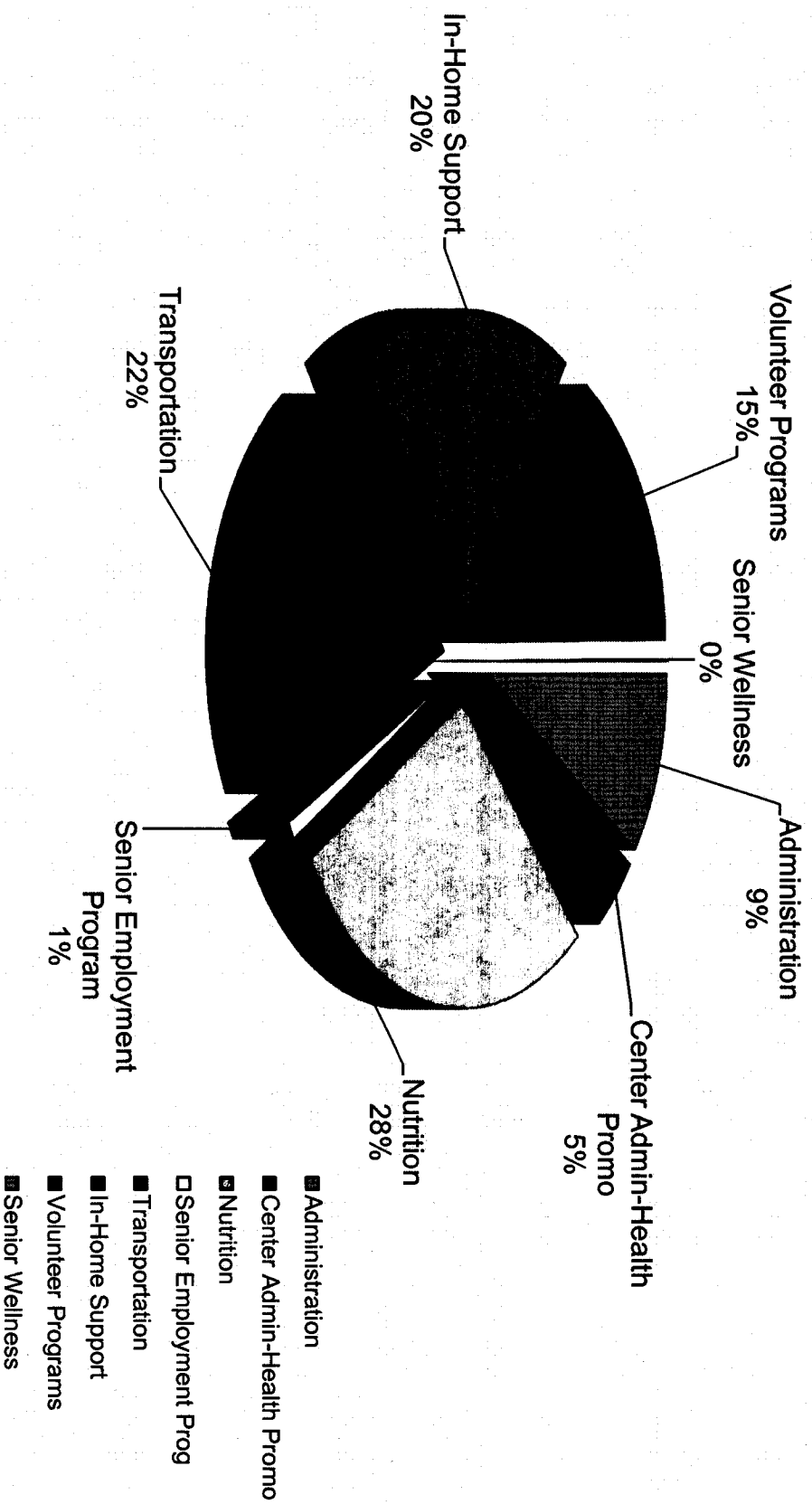
Percentage by Fund 2013/2014



■	Federal \$559,035
■	State \$716,876
■	City \$2,092,352
■	Other \$83,000

Distribution of Funds by Program Service

2013/2014



2012 Capital Outlay Legislative Request

General Obligation Bond *

\$300,000	MEG Warehouse Project
185,690	Luisa Center Improvements
146,940	Luisa Computer Lab
134,880	MEG Computer Lab
110,890	Villa Consuelo Center Improvements
8,500	Pasatiempo Kitchen Improvements
132,000	Replacement Vehicles
<u>111,900</u>	Kitchen Equipment
\$1,130,800	Total

* Approved during the 2012 November Election.

2013 Capital Outlay Legislative Request

\$154,000	MEG Parking Lot Improvements
-----------	------------------------------

<u>82,072</u>	Citywide Kitchen Equipment
---------------	----------------------------

\$236,072	Total
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*Approved during the 2013 Legislative Session.

2014 Capital Outlay Legislative Request

Critical and high projects being considered. *

\$147,900	Villa Consuelo Kitchen Project (Critical)
104,714	MEG Rear Entrance Improvements (Critical)
33,755	MEG Rooftop HVAC Systems (Critical)
533,500	Replacement Vehicles (Critical)
39,667	MEG Congregate/MOW Kitchen Improvements (High)
<u>138,056</u>	Citywide Kitchen Equipment (high)
\$997,592	Total

* Pending Approval

Division of Senior Services

Federal-State Funding Increases

	Fiscal Year <u>2012-2013</u>	Fiscal Year <u>2013-2014</u>
Area Agency on Aging	\$53,504	\$100,445
Volunteer Programs	\$30,228	\$13,285
Total for Two Fiscal Years		\$197,462

Congregate Meals

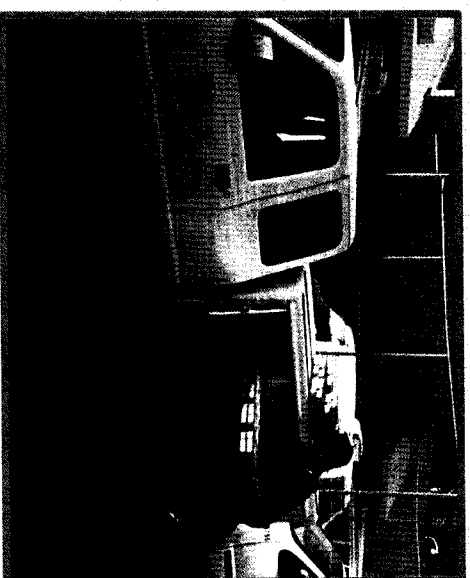
- General Fund – 43%
- State Grant – 20%
- Federal Grant- 30%
- Project Income – 7%
(meal donation)

- Personnel – 51%
- Fringe Benefits – 24%
- Operating – 25%
- Total \$317,135



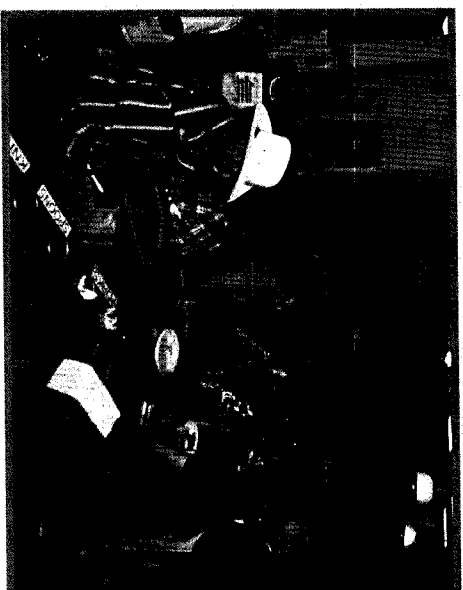
Home Delivered Meals

- General Fund – 58%
- State Grant – 24%
- Federal Grant – 7%
- Project Income – 11%
(meal donation)
- Personnel – 40%
- Fringe Benefits – 21%
- Operating – 39%
- Total \$495,194



Nutrition Service Incentive Program (NSIP)

- Federal – 100%
- Total \$155,706

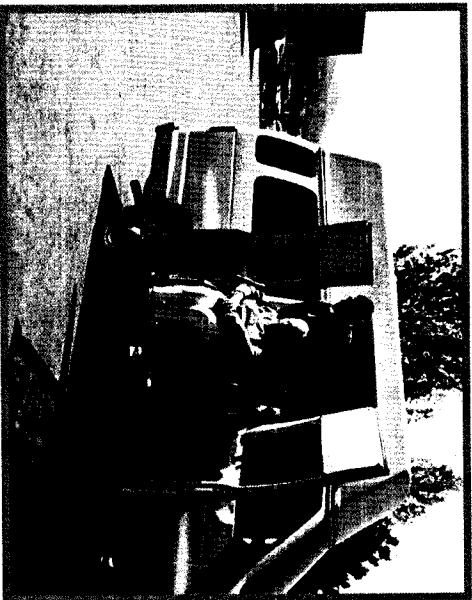


Nutrition/Transportation Donations

<u>Congregate</u>	<u>Home Delivered</u>	<u>Transportation</u>
\$22,460	\$52,406	\$8,134
Percentage of Budget		
27%	63%	10%

Suggested don. \$11,000

Transportation



- General Fund – 84%
- State Grant – 5%
- Federal Grant – 10%
- Project Income – 1%
(ride donation)
- Personnel – 59%
- Fringe Benefits – 34%
- Operating – 7%
- Total \$749,950

Home Management Services

To include housekeeping, laundry, escort, non-medical personal care, etc.

- General Fund – 64%
- State Grant – 27%
- Federal Grant – 9%
- Personnel – 57%
- Fringe Benefits – 38%
- Operating – 5%
- Total \$339,067



Respite (Alzheimer's) Care

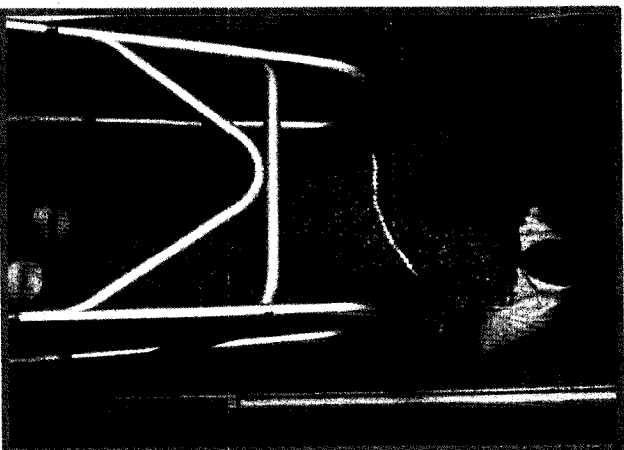
- General Fund – 45%
- State Grant – 22%
- Federal Grant – 33%
- Personnel – 52%
- Fringe Benefits – 30%
- Operating – 18%
- Total \$329,255



Supplemental Assistance

To include canes, walkers, wheelchairs, shower chairs, etc.

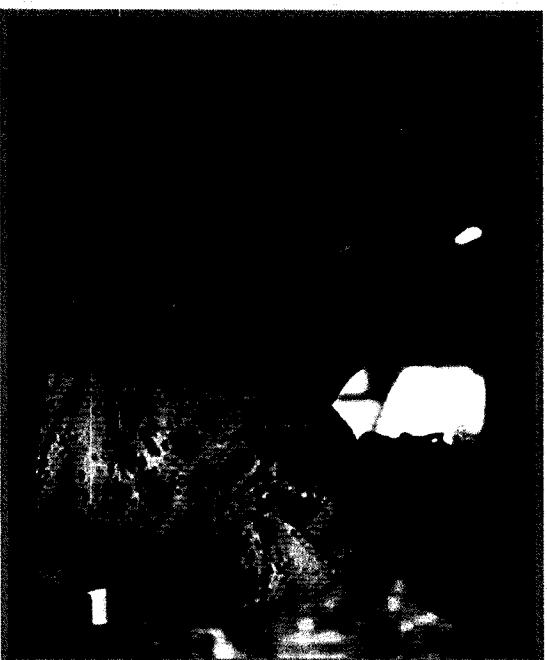
- State Grant – 100%
- Total \$4,500



Grandparents Raising Grandchildren

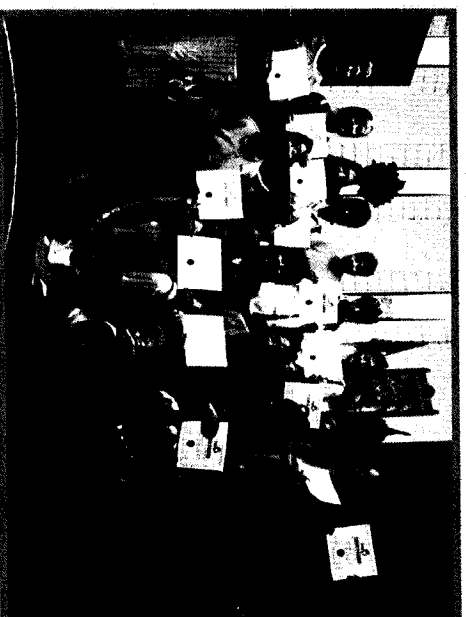
- Federal Grant – 100% - an add'l \$5,000
- Total \$10,000

help for Grandchildren



Volunteer Programs (FGP, RSVP, SCP)

- General Fund – 33%
- State Grant – 57%
- Federal Grant – 10%
- Personnel – 34%
- Fringe Benefits – 25%
- Operating – 41%
- Total \$529,840



Foster Grandparents – Retired Senior Volunteer Program - Senior Companions

Senior Employment Program

Appendix 18

- State Grant – 100%
- Total \$34,724



Center Programming/Health Promotion

To include Senior Olympics, Blood Pressure, Glucose, Oxygen Testing, exercise classes, etc.

- General Fund – 100%
- Operating – 100%
- Total \$158,767



Prioritize Services

Discussion and prioritize Title III services.

Home Delivered
Meals

Supplemental
Assistance

Transportation

Other

Grandparents
Raising
Grandchildren

Health
Promotion

Respite

Congregate
Meals

Home
Management

Final Program Recommendations

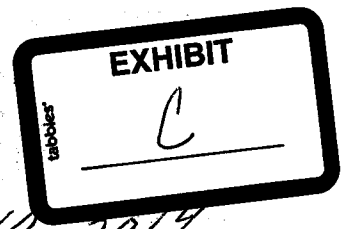
1. Transportation -
2. Home Delivered Meals -
3. Congregate Meals -
4. Respite Care -
5. Home Management Svc. -
6. Health Promotion -
7. Supplemental Services/GRG -
8. Other -

Closing Statements

Adjournment



Thank you for attending today's hearing.



Feb 10, 2014

Dear Theresa,

this is a thank you note to you and your staff for assisting in allowing me to remain independent.

I underestimated how much energy, mobility and stamina I would lose due to Vagc as I did the need for more financial aid due to the recession.

Thanks to your household helpers I feel I will be able to continue to maintain an ~~independent~~ independent life style that allows me the dignity to remain in charge of my life instead of a high cost nursing home that would cost taxpayers a great deal of money.

Your people allow me to maintain my dignity as it does to other people. I have spoken to who live near me

Thanks to all of you who offer
us this help with this program
helping with the tasks we no longer
can do.

Sincerely

Peggy Eater

City of Santa Fe,
Division of Senior Service

I Annie Carrillo

Would like to thank, Theresa Trujillo and
Respite Alheimers Care. For helping with my husband
Robert. Mark Sanchez takes him out once a week
for 4 hrs. Mark is a wonderful person, with my husband
otherwise he won't go with no one, he trusts him.
and it gives me time to relax and be free for once.

I was tired and overwhelmed, I thought I was the
one sick. It took me 4 years to ask for help. If it
hadn't for my Dr. who called Senior center.

And now I have Reina Mares, once a week too, she
takes me shopping and other places. She is also wonder-
ful and caring person.

I would like to thank, everyone who is involve
with the Senior Service. Without you I would
be lost.

Thank you Everyone
Annie Carrillo

2/9/14

Dear Mr. Vialpando,

I receive services from Fran Rodriguez in Transportation and Theresa Trujillo for home support services. Both of these services make an enormous difference in improving my life. I don't even want to imagine my life without these services, being essentially home-bound. Both Fran and Theresa do an excellent job and I appreciate both their professionalism and compassion.

It would be very helpful if both departments had bigger budgets more staff to enable them to offer more services. They both do a good job of stretching our tax dollars, but there's only so far a buck can stretch before it can't go any farther.

Sincerely,



Katharine Lee

2835 Don Quixote
Santa Fe, NM 87505
Feb. 18, 2014

Ron J. Vialpando, Director
City of Santa Fe Division of Senior Services
P.O. Box 909
Santa Fe, NM 87504-0909

Dear Mr. Vialpando:

I want to express my thanks for the services provided by your Division. I am a senior who has chronic back pain for a number of years. I have especially appreciated weekly *help grocery shopping, transportation services to physicians appts.* want to emphasize how important these services are to we who are seniors. Thank you

Sincerely,
Judith M. Clark

JUDITH CLARK

**Gavina Valdez
921 Galisteo Street
Santa Fe, New Mexico 87505**

February 7, 2014

Mr. Ron J. Vialpando, Director
Division of Senior Services
City of Santa Fe
P. O. Box 908
Santa Fe, New Mexico 87504

Dear Mr. Vialpando:

I want to thank you, Theresa Trujillo, Robert Chavez and all your wonderful staff who have helped me with my needs. Without the many senior services and assistance your office provides me, it would be impossible for me to keep my doctor's appointments, pick up my groceries, and keep my house clean.

Please thank your employees for their dedication and assistance. I appreciate all that you do for me and could not accomplish all my obligations were it not for you and your staff. Thank you again.

Sincerely,

A handwritten signature in cursive script that reads "Gavina Valdez". The signature is written in dark ink and is positioned above the printed name.

Gavina Valdez

Feb. 4-2014

City of Santa Fe
Ron S. Valpardo -

my input on
these programs.

It is very much
needed.

I have been on wheels
on wheels for over two
yrs. - It's been a blessing
since I don't get
around any more - I'm
very limited on my
walking - I can't get
participate on others
because I can't + don't
drive either - I'm expect-
ing Home Care soon
due been on the waiting
list.



II
I can't not express
my thankfulness to
all involved - Cooks
driver that brings
my dinner to my
living room table.
I believe it takes alot
of money to run
this service -
I hope all seniors
like me can get
all the help we
all need in our
Golden years.
Thanks be to God
for this Senior Service

Sincerely

Rita Lopez
Thanks

Lord Help us

~

Barbara Vogt Mallery
413 Cortez Place
Santa Fe, New Mexico 87501

13 November 2013

Dear Manager of Elder Care;

This is to let you know how much I appreciate Linda Aragon. She is always on time, is very helpful with my grocery shopping, remembering my usual purchases, reminding ^{me} of items not on my list.

Linda is always thoughtful of my safety while walking and in getting in and out of the car.

AND she is an excellent Shampoozer!

Gratefully,

Barbara Mallery

Mert takes my neighbor and myself ~~to~~
~~to shopping~~ out every Wednesday.
I have macular degeneration and
am legally blind. He is always patient
and ~~very~~ understanding of elderly people ~~to~~
(I am 86 years old). He sings and
is merry and has a great ^{sense of} humor
— always ready to make ~~me~~ us
laugh. Wednesday he comes my
cheerful day and I forget
the limitations of old ages.
He is the ^{essence} ~~giver~~ to me of the
good person ~~find~~ life.

Nancy Haydock

2-9-11
To Whom it may Concern

My home management, from Lillian,
She helps me with my home.

She is on time and cleans and helps
me to get my meds and Dr. App.

I am very pleased with Lillian.
I never have to ask her to do
things she just knows.

She always let me know when
she will not come.

Thank you

Leona Armitage

1501 Montana Apt 32

S. F. N. M. 875-05

February 5, 2014

RE: Public Hearing focus of Older Americans Act

From: Rosina Garcia
1110 Galisteo St.
Santa Fe, New Mexico 87505
(505) 983-9174

To Whom It May Concern:

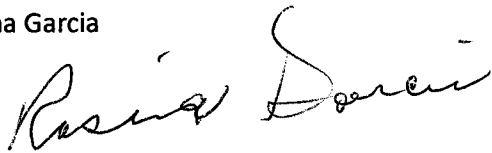
I currently have a caregiver, Linda Aragon, who is provided by the City of Santa Fe Division of Senior Services Department. As I am now 85 years old, I am limited in caring for myself. I am trying to live independently and am able to do this only with the assistance of the City of Santa Fe's programs and with the help of Linda.

Linda is scheduled to come to my home twice a week to assist me with home management and care. She is extremely hardworking, knowledgeable, and physically and emotionally supportive. She helps me with household chores that I am not able to perform myself any longer; changing linens, laundry, light cleaning, sweeping. She cooks hot meals for me and does some shopping for me as I am not able to drive any longer. Linda bathes/showers me and helps me dress.

It is extremely important that the City of Santa Fe continues to provide the comprehensive senior citizen services. I rely on the nurturing, emotional support, physical assistance, dedication, professional attention, and so much more that employees like Linda Aragon provide. I am extremely appreciative by this caregiver who enjoys her job and wants the best care for her seniors.

Sincerely,

Rosina Garcia

A handwritten signature in cursive script that reads "Rosina Garcia". The signature is written in dark ink and is positioned below the printed name.

2-6-14

Dept. of Senior Services
City of Santa Fe

Dear Mr. Valpardo,

I just want to say thank you to
the great people in your department. There
are so many things I can no longer do
for myself due to my age and health and
your people have made it possible for me
to still have a real quality of life.

Sincerely,
Linda M. Dixon

2/7/2014 9:05 AM

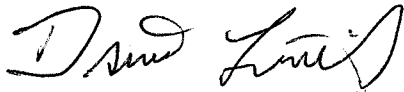
To whom it may concern,

I just want to thank Mark Sanchez for the record for his so thoughtful and excellent care and support he continues to give my mother. It is always thoughtful, knowledgeable and very personalized caring support, much above the levels I have seen in other health givers. His attentiveness to her needs and watchfulness over her while she is aided in doing her chores and activates relieves me from worries about her safety.

A recent vehicle breakdown of the county car while they were out was handled extremely well as his first concern was to take care of her in a safe manner and arrange alternate transport quickly. It is a great relief to have someone who you can trust to take care of my mother and allow me not to worry while she is in his care. We plan around his weekly visits preceded by his thoughtful phone calls and look forward to the additional freedom his services provide for both of us.

I highly recommend him to everyone I know that may need his services. He is a delight to be around. I highly recommend him for any job he may wish to tackle now or in the future.

David Lissiuk


Paula Lissiuk

To whom it may Concerns

I am so appreciative for
this senior service.

My husband suffers from
dementia. This weekly
service brings joy and
comfort to him and respite
for me (as a wife and
caregiver). A real
blessing for both of us.

The City employee that
serves us is so kind
and patient with him.

BQ.

FEB 6, 2014

TO WHOM IT MAY CONCERN,

THE SENIOR SERVICES PROGRAM IS SO IMPORTANT, AS WITH MOST THINGS WE DO NOT KNOW HOW NEEDED IT IS UNTIL YOU HAVE A PERSONAL INVOLVEMENT

A RIDE TO THE DOCTORS, A MEAL SHARED WITH SOMEONE MAKES SUCH A DIFFERENCE IN SOMEONE'S LIFE.

MY EX HUSBAND, DON SABATINI, HAS DEMENTIA. BEING ABLE TO COME TO THE M.E.G. CENTER KEEPS HIM IN TOUCH WITH THE WORLD.

MARK SANCHEZ ONE OF THE VOLUNTEERS HAS BECOME ^{DON'S} FRIEND AND DON LOOKS FORWARD TO THEIR MORNING TOGETHER.

WHEN I TELL HIM TODAY IS YOUR DAY WITH MARK HE ALWAYS SAYS "I LIKE HIM, HE'S CRAZY AND WE HAVE FUN"

JOANN SABATINI

To Senior Services
Raul Vialpando

I enjoy my time with
Mark Sanchez very much.
Actually leaving the confines
of the house is a blessing.

We do alot of walking
and that's good.

I always look forward to
our time together and I
can't wait for warm
summer weather to
do outdoor walks.

Thank You

Mark E. Jenkins
AKA Gene

2-5-14

Ron J. Vialpando, Director
P.O. Box 989
Santa Fe, N.M. 87504

Dear Mr. Vialpando,

I am writing to give you my input on two of the services that are offered to senior citizens.

The most important one to me is Home Management. There are many things that I can no longer do for myself and no way that I could afford to pay for the service. Mrs. Phillipovich does all the things I can no longer do for myself. She also takes me grocery shopping and regular shopping when I need to go. She is cheerful and that can make the day a lot better.

The second service I use is the assisted transportation. I use the van on Monday to go to the MEG center for Bingo. Also, for physical therapy and doctors appointments. The drivers are very nice and helpful. They have so much consideration for us getting on and off the van.

I certainly hope that you will be able to continue to offer all of the services to us. We certainly depend on them.

Thank you,

Evelyn Shaw
Ventana de Vida
apt. 402
1500 Pacheco
Santa Fe, N.M.
87505

Rita McGuire

~~2303~~ 2303 Calle Bracha,
Santa Fe, NM 87505

Older Americans Act to be the focus of Public Hearing February 12, 2014

Feb 12
The City of Santa Fe's Division of Senior Services will host a public hearing on the Older Americans Act and related services covered by this Act. You are invited to attend and learn about our services and give your valuable input.

**Wednesday, February 12, 2014 at 9:00 a.m.
at the Mary Esther Gonzales Senior Center, 1121 Alto Street**

The Older Americans Act was enacted by Congress in 1965 to ensure provision of social services to America's elderly population. The City's Division of Senior Services administers programs which provide a comprehensive social service delivery system for senior citizens in our community. The following program services are critical to our planning and implementation process.

- Congregate Meals at our five senior centers
- Home Delivered Meals (Meals on Wheels)
- Assisted Transportation (senior vans)
- Home Management, including laundry, housekeeping, escort, non-medical personal care, etc. *Not to Day*
- Respite (Alzheimer's) Care, including caregiver relief, support and education, as well as client companionship, non-medical personal care, etc.
- Grandparents Raising Grandchildren, including counseling, training, information and access, supplemental support, etc.
- Volunteer Programs, including Foster Grandparent Program (FGP), Senior Companion Program (SCP) and Retired Senior Volunteer Program (RSVP)
- Recreation and Fitness Options, including Senior Olympics, line dancing, exercise classes, tai chi, fitness equipment, etc.
- Capital Outlay and Legislative Request

The public's input on these programs is critical. If you are unable to attend the hearing on February 12th, written comments are encouraged and should be sent to:

City of Santa Fe
Division of Senior Services
Ron J. Vialpando, Director
P.O. Box 909
Santa Fe, NM 87504-0909

For more information, please call (505) 955-4721

City of Santa Fe
 Division of Senior Services
 Ron J. Vialpando, Director
 P.O. Box 909
 Santa Fe, NM 87504-0909

DEAR MR. VIALPANDO,

I AM RESPONDING TO YOUR REQUEST FOR WRITTEN COMMENTS REGARDING THE SERVICES YOU PROVIDE UNDER THE OLDER AMERICANS ACT. I AM 73 YEARS YOUNG AND HAVE BEEN SERVING THE PUBLIC AS A TEACHER AND AS A PSYCHOLOGICAL COUNSELLOR. MY WORKING CAREER WAS HALTED BY A BRAIN ANEURYSM AT AGE 52. MY HUSBAND WAS MY CAREGIVER UNTIL MY RETIREMENT WAS USED UP HE LEFT, DIVORCING ME AND AT 71 I WAS ALONE WITH MY WALKER, DOUBLE VISION WHICH PREVENTED ME FROM DRIVING OR SEEING WELL, A PARTIALLY PARALYZED THROAT MAKING EATING DIFFICULT AND SEIZURES WHICH ARE EXACERBATED BY STRESS OR CONCENTRATION, MAKING COOKING NOT POSSIBLE.

A NEIGHBOR TURNED 65 AND WAS GOING TO THE SENIOR CENTER TO JOIN, ENCOURAGING ME TO DO THE SAME, IN JUNE 2012, 2 WEEKS AFTER BEING LEFT ON MY OWN. AFTER FILLING OUT YOUR QUESTIONNAIRE, I WAS INTERVIEWED FOR BOTH MEALS ON WHEELS AND FOR A CAREGIVER, I NOW GRATEFULLY HAVE THE ASSISTANCE OF BOTH.

MEALS ON WHEELS PROVIDED ME WITH AT LEAST ONE MEAL A DAY, I FILL OUT MY FOOD WITH ITEMS NOT NEEDING COOKING LIKE FRUIT, NUTS + VEGETABLES.

MY CARE GIVER PROVIDES SUPPORT AND OPTIONS FOR DISCUSSING SOLVING PROBLEMS. SHE HELPS ME TO SEE + FIND FOOD + HOUSEHOLD ITEMS ON THE SHELVES AT STORES. SHE HELPS ME TO WALK AND POINT OUT HOLES OR HUMPS SO I DON'T TRIP + FALL (AS DOUBLE VISION DOES NOT ALLOW DEPTH PERCEPTION) AS WE GO GET MY ALLERGY SHOT, MY PRESCRIPTION MEDICATION, MY MAIL, MY BANKING DONE, MY CAT'S FOOD AND ALL THAT IS NEEDED FOR MY LIVING. MY CAREGIVER IS THE ONLY HELP I HAVE. AND SHE IS WONDERFUL!

SENIOR VAN SERVICE IS WONDERFUL TO TAKE ME TO DR. APPOINTMENTS. I HAVE USED THIS SERVICE TWICE TO GO TO GROCERY STORES. THE AMOUNT OF CONCENTRATION REQUIRED TO FIND ITEMS WITH MY DOUBLE VISION CAUSED A SEIZURE EACH TIME. I'LL TRY THAT A BIT LATER.

I AM HOPING YOU ARE ABLE TO CONTINUE OFFERING THESE SERVICES.

SINCERELY,

Patricia G. Michels



ID#: 1229403549

Name: Patricia G. Michels

DOB: 12/29/1940

Address: Patricia Michels
 1704 Llano St Ste B #425
 2442 Gerrillo Santa Fe, NM 87505-5415

Phone: (505) 424-3997 471-0556

Emer Contact: Stephen Lopez

Emer Phone: (505) 473-9139

MEMBERSHIP CARDS ARE NOT OFFICIAL IDENTIFICATION



2/12/2014

INTRODUCTION-

GOOD MORNING, MY NAME IS BEN
BACA.

IT IS MY UNDERSTANDING THAT THIS
GATHERING IS FOR THE PURPOSE OF
DISCUSSING SENIOR CENTER SERVICES.

I NEED TO LAY OUT A FOUNDATION
WHY I BELIEVE SENIOR CENTER
SERVICES ARE IMPERATIVE.

MY WIFE AND I HAVE BEEN MARRIED
FOR 56 YEARS. I AM 79 YEAR OLD, SHE IS
78 YEARS OLD.

WE WERE LOOKING FORWARD TO THE
GOLDEN YEARS. (BUT)

①

AFTER OUR 50TH ANNIVERSITY, I BEGAN TO NOTICE THAT MY WIFE WAS HAVING ISSUES WITH SHORT TERM MEMORY LOSS. AFTER MEDICAL EVALUATIONS. WE HAVE A DIAGNOSIS OF ALZHEIMER'S.

SINCE THAT TIME, THERE HAS BEEN A STEADY INCREASE IN THE PROGRESSION OF THIS UGLY ILLNESS OF ALZHEIMER'S

REPEATING, FORGETTING, NOT RECOGNIZING FAMILY MEMBERS, FRIENDS, WONDERING AWAY, UNABLE TO REASON WELL, PERSONAL HYGENE ISSUES, AND MANY MORE ISSUES THAT I AM SURE YOU ARE AWARE OF.

THESE ARE JUST A FEW OF THE MANY SYMPTOMS.

SIX, SEVEN YEARS BACK I WAS NOT AWARE ABOUT THIS ILLNESS. I BECAME INVOLVED WITH THE

ALZHEIMER'S ASSOCIATION AND THEIR
SAVVEY CAREGIVERS PROGRAM. I
NEEDED HELP ON HOW TO CARE FOR
MY WIFE.

THE ALZHEIMER'S ASSOCIATION WAS
AND IS STILL HELPING WITH
INFORMATION, SERVICES. AND SUPPORT
GROUP MEETINGS.

THE SATISTICS OF CAREGIVERS
GETTING SICK ARE HIGH!! THE
CONSTENT MESSAGE WAS TAKE CARE
OF YOURSELF SO YOU CAN CARE FOR
YOUR LOVED ONE. WELL!!!!

IN MARCH I WAS DIAGNOISED WITH
PULMUNARY FIBROISIS, CANCER AND I
UNDER WENT LUNG SURGERY. I
STARTED CHEMO THERAPY FROM
MARCH TILL JULY AND ALL ITS OTHER
REQUIRMENTS.

NOW I KNEW WHTHOUT A DOUBT THAT
I WAS IN NEED OF HELP.

THE SENIOR SCENE WE ARE THE CONSUMERS

SINCE MY WIFE AND I ARE ON A FIXED INCOME, I NEED TO KEEP A CHECK ON OUR EXPENDATURES.

THROUGH THE VARIOUS SENIORS CENTERS IN THE SANTA FE AREA I HAVE BECOME VERY AWARE OF THEIR SERVICES AND UTILIZE THEM QUITE OFTEN.

WITH THE HIGH COST, OF JUST ABOUT EVERY THING, MANY OF OUR AGED SENIORS, WITH VARIOUS ILLNESSES, PHYSICALLY, EMOTIONAL, MENTALLY DISABILITIES, OR FINANCIAL ,YOU NAME THEM.

THEY NEED TO HAVE A PLACE WHERE THEY CAN EXERCISE MANY OF THEIR TALENTS. (ART, DANCE, PAINT, SING, ADMINISTRATIVE , COMPUTER,

JEWELARY MAKING, ETC. ETC. AND LIVE
TO THE FULLEST. (VS) STAYING HOME
AND GROWING OLD.

AT THE SENIOR CENTERS YOU GET TO
EXPERIENCE SO MANY THINGS.

TO NAME A FEW

- BLOOD PRESSURE, BLOOD SUGAR,
OXYGEN LEVEL TESTS
- SENIOR OLYMPICS
- MEDICAL INFORMATION
- OLDER AMERICAN ACT
INFORMATION
- TAX AIDE
- FOSTER PARENT TUTOR PROGRAM
- MONTHLY BIRTHDAY INFORMATION
- SMART DRIVER COURSE
- ACUPUNCTURE CLINIC FOR
VETERANS
- FREE HAIR CUTS
- MONTHLY DANCES
- YOGA CLASSES
- DAY TRIPS
- FREE MOVIE DAY

- LEGAL HELP
- HEALTH AND SAFETY INFORMATION
- MIND STIMULATING ACTIVITIES (PUZZLES, CROSSWORD, ETC.)
- BREAKFAST/LUNCH AT REASONAL PRICES FOR US.
- MEALS ON WHEELS
- TRANSPORTATION SERVICES TO DOCTOR APPOINTMENTS,FOOD SHOPPING.ETC.

ALL THESE THINGS ARE AVAILABLE TO SENIORS

I BELIEVE THAT THE SENIOR CENTERS THROUGH OUT THESE UNITED STATES IS THE BEST THING THAT HAS EVER HAPPENED TO US SENIORS.

THE PEOPLE WHO ADMINISTER ALL THESE PROGRAMS ARE TO BE APPRECIATED AND THANKED FOR THEIR UNTIREING EFFORTS.

6

LET US ALL SUPPORT OUR AMERICAN
WAY (HELPING ONE ANOTHER) AND
PASSING IT ON.

PLEASE LEAD THE WAY!!!!!! WE WILL
FOLLOW

THANK YOU FOR LISTENING.

Benjamin Baca
BENJAMIN BACA

(17)

3466 Cerrillos Road, #B1

Santa Fe, NM 87507

February 8, 2014

Mr. Ron J. Vialpando, Director
Division of Senior Services
City of Santa Fe
P. O. Box 909
Santa Fe, NM 87504-0909

Re: Regarding Public Hearing on Older Americans Act: Recreation and Fitness

Dear Mr. Vialpando:

I am unable to attend the hearing on February 12. Thank you for this opportunity to comment on the Senior program in the City. I appreciate your existing fine programs. I am writing today because I want to ask you to consider two additions to the City's senior program that will benefit Santa Fe seniors.

First, I'd like to propose that the Chavez Center and other city recreational facilities that charge a membership fee to seniors become part of the Silver Sneakers Program. The program is included in some Medicare supplement and "advantage" insurance plans. A senior with Silver Sneakers coverage is eligible to participate free of direct charges in a fitness facility that is part of the Silver Sneakers network. The insurance company through Silver Sneakers pays a fee to the facility for each user.

Seniors in Santa Fe who have Silver Sneakers coverage often don't use the program now. Currently only one business in Santa Fe, Anytime Fitness, accepts users in the Silver Sneaker program. Many of us are not comfortable with Anytime Fitness. If the City recreational centers were to become part of Silver Sneakers, the City would receive fees from our insurance companies and senior residents enrolled in Silver Sneaker would not have to pay the additional membership and class fees they now pay. Also adding more Silver Sneakers facilities in Santa Fe would encourage other insurance companies who do not offer Silver Sneakers to their enrollees to include it in their future coverage. More seniors would exercise. The change would be a win-win for us all!

When I talked to Silver Sneakers, they said any facility that wants to become part of their program can apply on-line ~~by~~ through SilverSneakers.com and the tab for becoming a Silver Sneakers partner. If the City would like support with its application, Silver Sneakers personnel said facility users could send in letters supporting the application. I would be happy to organize that action with my fellow Santa Fe seniors if you go ahead with the application process.

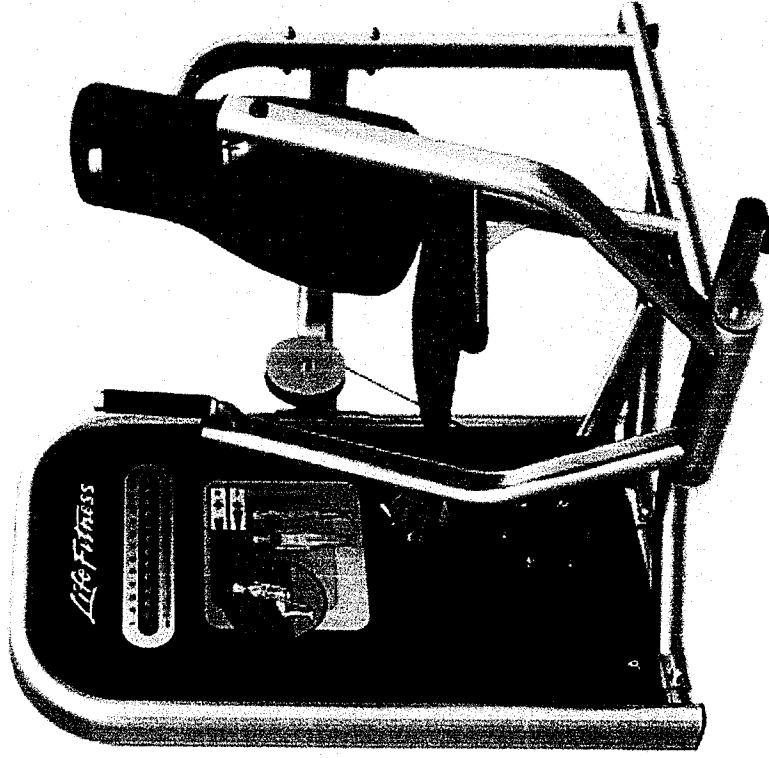
Secondly, I'd like to propose that the Chavez Center, other City recreational facilities, and our City senior centers install simpler and safer strength-training exercise equipment. I've used strength-training equipment at the Tucson YMCA made by Life Fitness. My use of the equipment for strength training showed me how successful I can be at strength training. As seniors it is our job to exercise as much and as effectively as we can to avoid slow deterioration that comes from an inactive old age. Regular strength strengthening is an important part of that exercise.

I have had difficulties, despite being instructed, using the type of strength-training equipment at the Chavez Center and the Gonzalez Center. The equipment available seems best suited to those who have had athletic experience. The Life Fitness "Circuit training" equipment is much simpler to use; non-

Chest Press

- ◆ Lifeband Resistance™ System
- ◆ Natural movement
- ◆ Superior feel
- ◆ Premium aesthetics
- ◆ Nonintimidating profile
- ◆ No set-up adjustments
- ◆ Easy-to-use controls
- ◆ Measurable progression
- ◆ Ready-to-use workouts

Contact Us



2-10-14

Very Oodor-

unable to attend

appreciates her services from Delilah looks forward to her going over every week. Works really well and is most pleasant.

1 PM