

1 CITY OF SANTA FE, NEW MEXICO

2 RESOLUTION NO. 2008-72

3 INTRODUCED BY:

4 
5 David Cos
6 
7 O. Dominguez
8 
9 Cati Asher
10 A RESOLUTION

11 ADOPTING THE *HEALTHY LIFESTYLES FOR CHILDREN AND ADOLESCENTS TASK*
12 *FORCE REPORT* DATED MAY 15, 2008; DESIGNATING 1% OF THE CITY'S GROSS
13 RECEIPTS TAX FOR HEALTHY LIFESTYLES GRANTS; AND DIRECTING THE
14 CITY MANAGER TO IMPLEMENT THE RECOMMENDATIONS OF THE HEALTHY
15 LIFESTYLES TASK FORCE.

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17 WHEREAS, on January 10, 2007, the Governing Body adopted Resolution No. 2007-2
18 which stated that positive and healthy lifestyle choices for school-age children are a priority for
19 the City of Santa Fe; and

20 WHEREAS, on August 27, 2007, the Governing Body adopted Resolution No. 2007-77
21 which reaffirmed its commitment to implement and support healthy lifestyles as critical to the
22 health, safety, and welfare of the community, and in particular, for the children and adolescents in
23 Santa Fe; and

24 WHEREAS, on September 11, 2007, the Governing Body adopted Resolution No. 2007-
25 81 which established a healthy lifestyles for children and adolescents task force ("Task Force");

1 and

2 **WHEREAS**, the Task Force was charged with reviewing proposed solutions to
3 promoting healthy food choices and eating behaviors, and encouraging the adoption of active life-
4 long fitness goals for children and adolescents; and

5 **WHEREAS**, the Task Force found that:

- 6 • New Mexican children who are two to five years old and are participating in
7 federal nutrition programs – 24% are overweight or obese;
- 8 • a 2005 New Mexico survey of high school students found 26% were overweight
9 or obese;
- 10 • the health risks of being obese are significant;
- 11 • obesity increases the risk of the development of diabetes, hypertension,
12 cardiovascular disease and psychosocial problems;
- 13 • in Santa Fe, only seven out of twenty-one public elementary schools have formal
14 physical education programs;
- 15 • in schools that do offer physical education, students participate only one hour a
16 week in physical fitness classes;
- 17 • many excellent programs with healthy lifestyle components exist for Santa Fe
18 children; however participation is limited by lack of accessibility, affordability,
19 and availability; and

20 **WHEREAS**, in their research the Task Force discovered that there is an increasing
21 prevalence of obesity in children which mirrors the society as a whole and cannot be reversed
22 without fundamental changes in our culture, communities and lifestyles; and

23 **WHEREAS**, the Task Force reviewed literature and listened to presentations by
24 community members and came to the conclusion that certain commonalities exist among the most
25 successful programs:

- Successful programs involve not only children, but also families, schools, neighborhoods, and workplaces – essentially, the whole community;
- Successful programs promote healthy habits and choices which are sustainable into adulthood;
- Successful programs provide practical & specific guidelines for children and families that are reinforced by the same message throughout the community, such as the Cambridge Project with its 5-2-1 message: five vegetables and fruits, no more than two hours of T.V., and one hour of exercise each day; and

WHEREAS, the task force presented its report to the Governing Body on June 25, 2008;

and

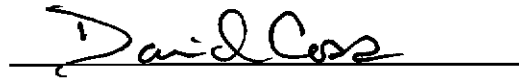
WHEREAS, such report outlined 12 recommendations of the Task Force for the City of Santa Fe to immediately implement.

NOW, THEREFORE, BE IT RESOLVED BY THE GOVERNING BODY OF THE CITY OF SANTA FE that the *Healthy Lifestyles for Children and Adolescents Task Force Report*, attached as Exhibit “A” is hereby adopted and will be implemented in the following ways:

- Beginning in fiscal year 09/10, an increase of 0.5% of the City’s Gross Receipts Tax shall be designated to the Children and Youth Fund to be used for grants for healthy lifestyles programs for children and adolescents; and
- Beginning in fiscal year 09/10, an increase of 0.5% of the City’s Gross Receipts Tax shall be designated to the Human Services Fund to be used for grants for healthy lifestyles education; and
- The City Manager is directed to delegate to the city staff working group, established to implement Resolution No. 2007-62 (making Santa Fe a children and youth friendly community), or a similar working group, the task of

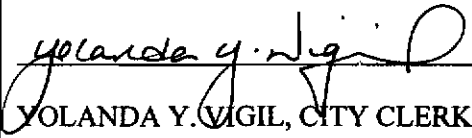
1 implementing the recommendations of the healthy lifestyles for children and
2 adolescents task force.

3 PASSED, APPROVED, and ADOPTED this 27th day of August, 2008.
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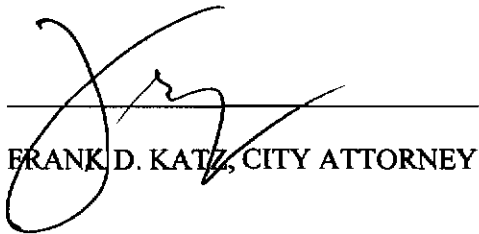
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7 DAVID COSS, MAYOR

8 ATTEST:

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11 YOLANDA Y. VIGIL, CITY CLERK

12 APPROVED AS TO FORM:

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15 FRANK D. KATZ, CITY ATTORNEY
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