

DIVISION OF SENIOR SERVICES PUBLIC HEARING

May 16, 2018
9:00 a.m.
*****Mary Esther Gonzales Senior Center*****
1121 Alto Street, Santa Fe, New Mexico

- I. Call to Order
- II. Invocation (Dennis E. Gonzales)
- III. Pledge of Allegiance (Andres Romero)
- IV. Introduction of Advisory Board Members (Gino Rinaldi)
- V. Introduction of Division of Senior Services Staff (Gino Rinaldi)
- VI. Purpose of Hearing (Chris Sanchez)
- VII. Service Delivery Program Presentation, by Gino Rinaldi & DSS Staff (Power Point Presentation)
- VIII. Prioritize Services / Items From the Floor
- IX. Final Program Recommendations
- X. Closing Statements
- XI. Adjournment

Persons with disabilities in need of special accommodations or the hearing impaired needing an interpreter please contact the City Clerk's Office (955-6520) 5 days prior to the hearing date.

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DIVISION OF SENIOR SERVICES

PUBLIC HEARING May 16, 2018

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MINUTES OF THE

DIVISION OF SENIOR SERVICES

PUBLIC HEARING

May 16, 2018

The Public Hearing of the City of Santa Fe Division of Senior Services was called to order by Gino Rinaldi, Director, Division of Senior Services at 9:05 a.m. on this date at the Mary Esther Gonzales Senior Center, 1121 Alto Street, Santa Fe, New Mexico.

DIVISION OF SENIOR SERVICES ADVISORY BOARD:

MEMBERS PRESENT

Andres Romero, Chairperson Mary Louise Giron, Vice Chairperson Tonie Ann Gallegos Dennis Gonzales Virginia Lucero Corrine Sanchez Rosemarie Trujillo

MEMBERS ABSENT

Bernardo C de Baca Virginia Lucero

STAFF PRESENT

Triston Lovato-Armstrong, DSS RSVP Community Relations Administrator Albert Chavez, Division of Senior Services Program Coordinator Robert Chavez, Division of Senior Services Transportation Project Manager Lugi Gonzales, Division of Senior Services Project Manager/Interim Director Cristy Montoya, Administrative Secretary

Melanie Montoya, Division of Senior Services Volunteer Program Administrator Romella Glorioso-Moss, Division of Senior Services FGP/SCP Program Katie Ortiz, Division of Senior Services Clerk
Linda Quesada-Ortiz, Division of Senior Services Administrative Assistant Gino Rinaldi, Division of Senior Services Director

Marisa Romero, Division of Senior Services
Chris Sanchez, Community Services Department Director
Carlos Sandoval, Division of Senior Services, Meals on Wheels Supervisor Theresa Trujillo, Division of Senior Services, In-Home Support Supervisor

Thomas Vigil, Division of Senior Services Nutrition Program Administrator

Cristina Villa, Division of Senior Services Program Coordinator

OTHERS PRESENT

Elaina Gonzalez, former Board Member Jo Ann G. Valdez, Stenographer

*Please see the Sign-in Sheet for the names of the attendees. A copy is hereby incorporated with these Minutes as Exhibit "A".

INVOCATION

Invocation was led by Dennis Gonzales.

PLEDGE OF ALLEGIANCE

The Pledge of Allegiance was led by Chairperson Andres Romero and was recited by all present.

Gino Rinaldi introduced and welcomed Chris Sanchez, the Director of the Community Services Department. He noted that Mr. Sanchez will be reading a Proclamation that was read by the Mayor at the Volunteer Recognition Dinner/Banquet. The Proclamation declares the month of May as "Older Americans Month".

Chris Sanchez thanked and welcomed everybody for attending.

He recognized the Division of Senior Services Advisory Board for everything they do for the senior services and programs. He acknowledged Lugi Gonzales for filling in as the interim Director for the Division of Senior Services until Gino Rinaldi was hired. She did a great job as interim Director. He also thanked staff from the Division of Senior Services for the incredible job and hard work they do in providing services for our senior citizens.

Mr. Sanchez said on behalf of the Mayor he will read the Proclamation as mentioned above. The Proclamation reads as follows:

"WHEREAS, the City of Santa Fe includes countless older Americans who enrich and strengthen our community; and

WHEREAS, the City of Santa Fe is committed to developing and promoting an agefriendly community that supports healthy aging and quality of life for resident and visitors; and

WHEREAS, the City of Santa Fe Division of Senior Services is dedicated to engaging and supporting older adults, their families, and caregivers by providing services, resources, and opportunities that enable senior citizens to remain active, social, and living independently within their community; and

WHEREAS, we acknowledge the importance of taking part in activities that promote physical, mental, and emotional well-being – no matter your age; and

WHEREAS, the City of Santa Fe works to enrich the lives of individuals of every age by involving older adults in community planning and events by providing opportunities for older adults to work, volunteer, learn, lead and mentor and

WHEREAS, this month presents an opportunity to acknowledge and thank older adults, and those who support them, for their significant contributions to our community.

NOW, THEREFORE, I, ALAN M. WEBBER, MAYOR OF THE CITY OF SANTA FE, NEW MEXICO, DO HEREBY PROCLAIM MAY 2018 AS 'OLDER AMERICANS MONTH'.

Mr. Sanchez said the attendees today will have an opportunity to listen to what the City of Santa Fe Division of Senior Services does for our senior citizens. He encouraged the senior citizens to provide feedback to them because he thinks this is incredibly important. He said they are looking at creating a task force that will be looking at all of the social determents and needs for our older population.

INTRODUCTION OF ADVISORY BOARD MEMBERS

Gino Rinaldi introduced the City of Santa Fe Division of Senior Services Advisory Board Members. The Advisory Board represents the City of Santa Fe and is made up of 11 Board Members. This Advisory Board meets monthly to discuss program issues as well as policies and procedures. These individuals volunteer their time, expertise and knowledge which make a difference with the Senior Program. The Board Members are as follows:

Andres Romero, Chairman
Mary Louise Giron, Vice Chairman
Rosemarie Trujillo, Secretary
Bernardo C de Baca
Tonie Ann Gallegos
Dennis E. Gonzales
Virginia M. Lucero
Corrine Sanchez

Mr. Rinaldi also introduced Elaina Gonzalez, a former Board Member. Ms. Gonzalez moved to Minnesota to be closer to her family and is sorely missed.

Mr. Rinaldi also introduced the Stenographer (Jo Ann G. Valdez). He noted that she will be taking notes and making a public record of the hearing.

PURPOSE OF HEARING

Mr. Rinaldi said the City of Santa Fe Division of Senior Services is hosting this public hearing as required by the Area Agency on Aging. The Division of Senior Services is required to prepare and submit to the Area Agency on Aging a comprehensive plan that includes budget and program goals which reflect the services and programs provided to older adults (60 years of age or older) as authorized by the Older Americans Act.

The Older Americans Act was enacted by Congress in 1965 to ensure provision of social services to America's elderly population. It was meant as a way to promote the dignity of older adults by providing services that enable them to remain independent and healthy, such as establishing senior centers and providing access to meals, caregiver support, transportation, health promotion, and more.

Locally, the Division of Senior Services administers these essential programs, providing a wide-ranging social service delivery system for older adults in our community. The following programs are critical to the Division's planning and implementation process of services:

- Respite Care
- Home Management Services
- Supplemental Assistance
- Grandparents Raising Grandchildren
- Congregate Meals
- Home Delivered Meals
- Transportation
- Volunteer Programs
- Senior Employment Program
- Center Programming/Health Promotion

Mr. Rinaldi reviewed the Division of Senior Services Core Values. The Core Values define who the Division of Senior Services is, and how they work as a team within the Community Services Department through the Divisions of Library Services, Senior Services, and Youth and Family services. He said the Core Values are more than just works, the are core principles that guide their behavior, decision making, performance and define who they are.

SERVICE DELIVERY PRESENTATION BY GINO RINALDI & DSS STAFF

Mr. Rinaldi reviewed the organizational chart for the Division for Senior Services noting that there are presently 70 total employees of which 6 are classified as full-time; 47 Term Grant-Funded positions and 17 Temporary part-time employees and five at City Senior Centers. There are also approximately 400 volunteers at 50 stations.

He reviewed the Division of Senior Services Budget for fiscal year 2017/2018 as follows:

Administration

- \$487,179 for Division Administration
- <u>\$ 2,507</u> for Senior Center Programs

\$489,585 Total Budget for Administration

Nutrition

- \$417,712 for Congregate Meals
- \$613,992 for Home Delivered Meals

- \$ 74,866 for Nutrition Donations
- \$153,934 for NSIP

\$1,260,504 Total Budget for Nutrition

Transportation

- \$768,196 for Transportation
- \$<u>8,134</u> for Transportation Donations

\$776,330 Total Budget for Transportation

In-Home Support

- \$351,721 for Home Management
- \$331,021 for Respite
- \$ 5,792 for Supplemental Assistance
- \$ 10,000 for Grandparents Raising Grandchildren \$698,534 Total Budget for In-Home Support

- \$235,624 for Foster Grandparent Program

Volunteer Programs

- \$146,044 for Retired Senior Volunteer Program
- \$201,310 for Senior Companion Program
 - \$582,978 Total Budget for Volunteer Programs
- \$34,824 for the Senior Employment Program
 \$34,824 Total Budget for Senior Employment Program
- \$ 3,904 for Health Promotion
 - \$ 3,904 Total Budget for Senior Wellness

\$3,846,659 Total Budget for Senior Services

The Nutrition/Transportation Donations for Fiscal Year 2016/2017 are as

Percentage of Section Budget:

Congregate - 6% Home Delivered - 2% Transportation - 1%

64% of the funding comes from the City of Santa Fe. The federal government provides 14% of the budget; the State provides 21% of the budget and 1% of the budget is provided by other funding sources.

Mr. Rinaldi noted that the City of Santa Fe provides the majority of the funding for senior services. He encouraged the attendees to thank the City representatives/officials and the Mayor for their support of senior services.

follows:

Mr. Rinaldi reviewed the Distribution of Funds by Program Service for FY2017-2018. 31% is for nutrition; 20% is for Transportation; 20% is for In-Home Support; 15% is for Volunteer Programs; 1% is for Senior Employment Program; 0.1% is for Health Promotion; 0.1% is for Senior Center Programs and 13% for Administration.

Mr. Rinaldi reviewed the Capital Outlay Projects as follows:

Construction/Renovation Projects:

- Mary Esther Gonzales Senior Center \$436,500 for building expansion, HVAC replacement, rear parking lot improvement and roof replacement
- Pasatiempo Senior Center \$198,500 for HVAC replacement, ADA compliant sidewalks and interior improvements
- Villa Consuelo Senior Center (Phase 1 and 2) \$373,006 to replace existing kitchenette with a standalone, full-service commercial kitchen; expand cafeteria and construct ADA compliant toilets
- Luisa Senior Center \$197,500 for renovations

Equipment Purchase:

- \$ 70,300 to replace outdated computers
- \$126,426 for meals equipment for Mary Esther Senior Center and the Villa Consuelo Senior Center.
- \$496,800 for vehicles: Wheelchair vans, sedan, etc.

Mr. Rinaldi said these are all funded by State bond money.

Results Based Accountability (RBA)

Mr. Rinaldi explained that the City of Santa Fe is moving towards Results Based Accountability (RBA) process. RBA is an opportunity for the Division of Senior Services to set goals on what they think they need to be doing (in terms of the % of units to target in all of the senior services/programs) and then measure these goals.

A PowerPoint presentation was presented by various Division of Senior Services staff members.

[A copy is hereby incorporated to these Minutes as Exhibit "B". Please see Exhibit "B" for the specifics of this presentation.]

PRIORITIZE SERVICES/ITEMS FROM THE FLOOR

Ms. Theresa Trujillo, the DSS In-Home Support Supervisor said many of the senior clientele are unable to attend this Public Hearing but they still would like to receive their input. She noted that the Division of Senior Services received 17 letters of support from senior citizens in the community who were not able to attend the meeting. Many of the letters expressed support and appreciation for the homemaker and transportation services. The drivers were also acknowledged for being respectful and helpful and for going above and beyond their duties.

[Copies are hereby incorporated to these Minutes as Exhibit "C".] The letters of support will be counted as a vote on the final recommendations.

FINAL PROGRAM AND RECOMMENDATIONS

The following recommendations were ranked and prioritized based on the senior citizens' input and vote:

- 1) Transportation = 87
- 2) Home Management Services (Homemaker Services) = 78
- 3) Health Promotion = 77
- 4) Congregate Meals = 73
- 5) Respite = 71
- 6) Supplemental Services = 70
- 7) Other Behavioral Health Support = 69
- 8) Home-Delivered Meals = 65
- 9) Grandparents Raising Grandchildren = 64

CLOSING STATEMENTS-PUBLIC COMMENTS:

Mr. Rinaldi asked if there was anyone from the public who would like to speak and if so, please state your first and last name for the record.

Danna K. Metzger said she happily volunteers as a Senior Companion. She said she wants to thank the City and the Senior Centers very much for the excellent senior services they offer and provide. She said they are absolutely invaluable but of course, there is always room for improvement. She said she would greatly appreciate continuation of at least the same amount of funding, and preferably, an increase that would accommodate the large, and growing, senior population. She said this is pretty much the same letter that she gave to the Legislature in December.

She said at the top of her list is senior transportation because this affects us seniors in so many ways and for seniors remaining as active as possible, for as long as possible. For example, to prevent people from being so called "shut-ins", which is far more costly than prevention, both money wise and health wise. She said along those lines, she has heard that there is an epidemic of loneness across the healthcare spectrum, both nationally and international. Also, for health care appointments; for grocery shopping; for Script Alize, which helps keep us going and contributing; for keeping enough senior van drivers full-time, part-time and as needed.

She said there is often a lengthy waiting time for this wonderful, affordable, door-to-door service for the large and rapidly growing senior population. She would like support for the van drivers because they have a big job with a lot of responsibility. For example, they assist people who are frail and taken a fall, and they carry things for us. Therefore, she recommends a 10% increase in pay, in order to catch up with the economy for van drivers, as well as all other transportation staff, who also have a big job.

She said next, she recommends a study of the increase - of seniors and elder seniors in the next 10 years - on the cost of accommodating that growth who will need services.

She said and lastly, health: she remembers how much stronger, relaxed and confident she feels after her senior strength training and stretching class at the GCCC. She said she feels thankful because she wants help and this kind of exercise is critical for us as we age, for things like: bone strength and heart health. Therefore, she is thankful for the improvements the City has made of the senior centers' fitness rooms for use between classes. She said she would like to request a further improvement of providing free weights (such as this) in all the senior centers fitness rooms. That is two each weights 2-10 lbs., either individual ones or adjustable ones like this or the ones they use at the senior Olympics. Thank you very much for listening.

Ken Hendricks works with Homestead Senior Care. He said in looking at the numbers where funding is devoted, it seems kind of a mystery to him that such a small amount is given towards programs that promote that type of dynamic with fitness and health programs. So, his suggestion overall would be that we look into ways that we can actually devote funding to promote that type of longevity, with activity. So, funding, that would bring in experts to be able to, more consistently, not just two times a week, you know, provide those types of programs for these folks and keep them active.

Carol Montoya said she is the Enhance Fitness Instructor and they are affiliated with the New Mexico Senior Olympics. She said next summer they will have fun promoting the National Senior Olympics in Albuquerque.

She said she has a lot of participants here who are here on Mondays, Wednesdays and Fridays from 9:30 to 10:30 a.m. She said they have the warm up, cardio and they do their strength training, where they work their lower and upper body strengths. She said what amazes her is having the new participants come in, walking slow with a cane, or on their walkers, and as time goes on, you see them leaving their canes and walkers behind and walking out of the building. So, you're trying to catch them, "Hey, you forgot your cane; you forgot your walker" and "yea, yea." She said to her, that inspires her that her class is improving your health. She said they ask her how much she is getting paid, and she is getting paid, but her payment is how much they improve, and you walking without your cane and you walking out of here energetic and ready to go and hit the day and do what you got to do out there.

She said she has had diabetics come in with 250 insulin needles and brought it down to 75 from their doctors. She sees some who say they had to go to their doctor because of depression and the doctor gave me a clean bill of health and they are no longer on depression pills. She said this class works and this class will improve your outlook, they socialize and have fun and they welcome everybody. She said they are loving, welcoming and if you think she is just saying this, my participants, please stand up and you can personally ask them how they feel about this class.

Mr. Rinaldi mentioned that the Enhance Fitness program is an evidence-based program as well and this is important to note.

Elaina Gonzalez said she has lived here since 1980 and six months ago today, she moved to Minneapolis, Minnesota because she has three sons and 11 grandchildren there. She said she retired from her business and she still volunteers at the hospital over there. She said she did not want to focus on her. She wanted to bring up two particular things:

- 1) This magazine (Senior Scene newsletter) is so incredible and fortunately a friend of hers has been sending it to her from time to time and she brings it to the senior centers. She makes it a point since she has traveled throughout the world in the past to go to senior centers and one of them in particular is Palm Springs, it is unbelievable. They eat off of paper plates and they serve in paper cups and what have you.
- 2) It is just unbelievable how much you have here, and she just wants to acclimate everyone here because they have been so wonderful, and she cannot say enough about what an advantage it is. She said her corazon (heart) is here in Santa Fe and there is no comparison in any other place. Also, the food distribution here is unbelievable. She mentioned that she was on the Board for six years and she can't say enough about this wonderful City Different. She said God Bless you all and enjoy it.

Barbara Treu said she comes to the Senior Center often and she is very grateful and very happy every time she comes here. She said she is going to say a bad word and that's 'politics" and we seniors, I don't know how to express it, I sat right here at this table here in the corner and talked to Ben Ray Lujan's office because they have a political office here (in Santa Fe), and she asked about senior services and she was told that seniors are just not a priority. They are takers, they are not givers. She said she was outraged and now, we in this room, have a lot of potential and we do a lot of volunteer work and we help each other, but we also have to help the people that are coming after us. She said they are going to cut our funds-they are already trying, and we have got to stand up and speak out, to even maintain what we have, so they won't cut our services.

She said she went to a political gathering last night and they talked about all sorts of things, seniors were really never mentioned. She said we are a growing community and we've got to stand up and speak out any chance that we get; and she just wants to thank you for letting her express herself, and my kind of discourage-ness about the future of seniors' and funding, so mobilize, get together, write petitions, we've got to do something. Thank you very much.

Patricia Marlin said she is also known as "Trish", a few things that she would like to bring up: one of them is that we need to encourage men to participate more. She said all she sees is a lot of women and some few men. So, that's just one of the things we need to think about-trying to get something in here that will interest them.

Second of all, she sees a lot of artistic ability around and she thinks that we should display some of this artistic ability of products that people have made, so that they can feel good about themselves and be praised for what they have done. So, she would like to see a

little more, she said she sees an empty wall there and we could put in a table showing some of the artwork.

Third, is the reality, here in New Mexico, is drug abuse and the epidemic. We are sixth in the nation of drug abuse and she believes that a lot of seniors and people in here and all around New Mexico, either have children or grandchildren that are facing these issues. She said the whole family suffers and she would like to see more funds brought in to help us through this. We are in a new generation now and baby boomers are dealing with a lot of pressure from children, grandchildren for money, time, usage of their personal being; and maybe a support group and experts to come in and talk to us to help us through this crisis. That's it, thank you.

Gerard Byers said he is new to the senior scene. He will be 62 this year. He said it was great to see all these people here that are doing good for seniors. He wanted to thank Gino Rinaldi for what he has done, and for the City of Santa Fe, for the money that it puts out for the seniors. He said it's a great thing that they do this because his mom had gotten some benefits from the senior thing, but all and all, it's like somebody said that we are a growing unit and we need to stay together, that's what we got to do. And he thinks a lot of this volunteerism that we have in this room, and in this City, is due to our faith, is due to the City of Holy Faith, which it is named "The City of Holy Faith". If you look at the mountains around us, the Sangre de Cristo, the Blood of Christ Mountains, we're the oldest city; we're the oldest capital. So, through this, we just keep our faith and pray, and thank the Great City for what it has done for us seniors, and we just keep pushing forward, and we ask that you do the same for us.

Pat Moeller said she noticed in the City and the State, she witness - she is a foster grandmother - the behavioral problems we have in the schools, and it is sad that some schools can't afford to have a behavioral program to help these boys and girls to turn their lives around and get some help because they come from, their environment is from broken homes, broken marriages, and it's a trauma for the kids in our schools. So, she hopes that in a few years, they will include a behavioral school program for these children, they are our future. Thank you.

Jimmy Gallegos said he is a veteran who has volunteered at the Veteran Hospital for over 40 years and provided over 14,700 hours of service. He is also with the National Cemetery Honor Guard. He is also the husband of Toni Ann Gallegos, a Board Member of the Division of Senior Services Advisory Board.

Lugi Gonzales reminded the attendees that all clients of the program need to be reassessed each year. She encouraged them to ensure that their reassessments are current.

ADJOURNMENT

This Public Hearing concluded at 11:00 a.m.

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Gino Rinaldi, Director, Division of Senior Services

Respectively submitted

Jo Ann G(Valdez, Stenographer

EXHIBIT Segon

City of Santa Fe Division of Senior Services

MEG Senior Center Public Hearing – Sign-In Form

Date:	5-16-18	Number of Participants
Name	s of Participants:	
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14	Fining Jopy	39 Kurlan Quesida-octon
15_	Manuel Baller	40 Marisa Romoro
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25 Maria Jarla 50 CRETINAVIUA

City of Santa Fe Division of Senior Services

MEG Senior Center

Public Hearing – Sign-In Form

Public He	earing – Sign-In Form 7
Date: 5-16-18	Number of Participants
Names of Participants:	
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5 Katu Otz	30 May Shues
6 Margaret Fruil	a 31 Make Bethline
7 BEN THOMSON.	32 Theresa Herreva
8 Michelle Cheali	of 33 GRORE BACA
9 Benerite Moral	
10 Bella Co Lucer	35 Javie Daca Hilse
11 Mlestance	- 36 Gilda 73 mart
12 prol Montago	37 Adelaider Cadelle
13 000 2000	38 MARIA ORNELAS
14 Chris Spicky	39 Pallo DRVIVE
18 annie Surch	40 / GFTR B
16 Aittonia Salazar	41 CLAIRE MARTINEZ
17 Eilen Cde Baco	2 42 Pat D'Unavea
18 DANNA METZG	TER 43 Moshy Countains
19 Jen Hendricke	44 ELLEN LOWALD KSPA
20 PAUL MONTANO	
21 B. Trees	
22 PAVITO SEGURA	1000 47 Safferon IValler
23 LOKKAINE TIAN	151991 as Elena Lugero
24 Dally Lom	an 49 Frances Padilla

Santa Fe



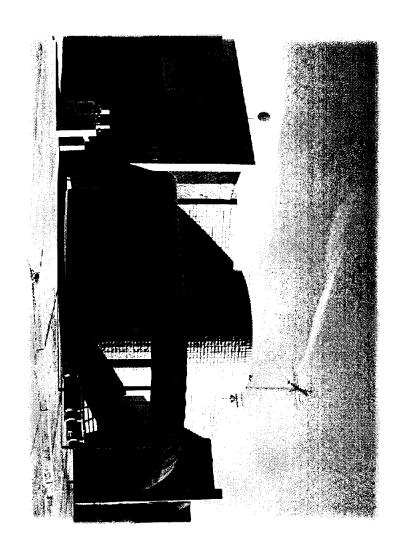


EXHIBIT

Division of Senior Services

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Welcome



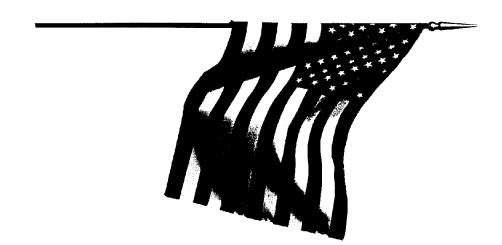
Mary Esther Gonzales Senior Center

Invocation

(Lead by Dennis E. Gonzales)

Pledge of Allegiance

(Lead by Andres Romero)





WHEREAS, the City of Santa Fe includes countiess older Americans who enrich and strengthen our community; and

WHEREAS, the City of Santa Fe is committed to developing and promoting an age-friendly community that supports healthy aging and quality of life for residents and visitors; and

WHEREAS, the City of Santa Fe Division of Senior Services is dedicated to engaging and supporting older adults, their families, and caregivers by providing services, resources, and opportunities that enable senior citizens to remain active, social, and living independently within their community; and

WHEREAS, we acknowledge the importance of taking part in activities that promote physical, mental, and emotional well-being—no matter your age; and

WHEREAS, the City of Santa Fe works to enrich the lives of individuals of every age by involving older adults in community planning and events by providing opportunities for older adults to work, volunteer, learn, lead, and

WHEREAS, this month presents an opportunity to acknowledge and thank older adults, and those who support them, for their significant contributions to our community.

NOW, THEREFORE, I, ALAN M. WEBBER, MAYOR OF THE CITY OF SANTA FE, NEW MEXICO, DO HEREBY PROCLAIM MAY 2018 AS

"OLDER AMERICANS MONTH"

Witness my hand: Done at City Hall, this 26th day of Promulgade en el ayuntamiento, el

Alcalde/Mayor

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#

Introduction of Advisory Board

The City of Santa Fe Division of Senior Services Advisory Board represents the City of Santa Fe and is made up of 11 Board Members. This Advisory Board meets monthly to discuss program issues as well as policies and procedures

difference with our senior program. Our Board Members are as follows: These individuals volunteer their time, expertise and knowledge which make a

- Andres Romero, Chairman
- Mary Louise Giron, Vice Chairman
- Rosemarie Gonzales, Secretary
- Bernardo C de Baca #BSENT
- Tonie Ann Gallegos

- Dennis E. Gonzales
- Virginia M. Lucero #65EN/
- Corrine Sanchez
- Rodner Winget



Purpose of the Hearing

authorization by the Older Americans Act. goals which reflect the services we provide to older adults. This hearing will offer the Area Agency on Aging a comprehensive plan that includes budget and program information about the services and programs provided to the community via The City of Santa Fe Division of Senior Services is required to prepare and submit to

and healthy, such as establishing senior centers and providing access to meals, dignity of older adults by providing services that enable them to remain independent of social services to America's elderly population. It was meant as way to promote the caregiver support, transportation, health promotion, and more 1965, the Older Americans Act was authorized by Congress to ensure the provision

of services: following programs are critical to the Division's planning and implementation process a wide-ranging social service delivery system for older adults in our community. The Locally, the Division of Senior Services administers these essential programs, providing

- Respite Care
- Home Management Services
- Supplemental Assistance
- Grandparents Raising Grandchildren
- Congregate Meals

- Home Delivered Meals
- Transportation
- Volunteer Programs
- Center Programming/Health Promotion
- Senior Employment Program

Our Core Values



Library Services, Senior Services and Youth and Family Services. within the Community Services Department through the Divisions of Our core values define who we are and how we will work as a team

Our core values are more than just words. They are core principles that guide our behavior, decision making, performance and define who we are

Strive to be the Bost Our Core Values:

We take pride and ownership in ensuring the highest quality standards of afterschool academic assistance, senior services programs and library programs. We aim to enrich the lives and main-Excellence pants and patrons. tain the safety of all our partici-

Principles of how we live our values: Strive to be the best in all that we do

- Always striving to improve the quality of our work Learn and work from a best practice approach Encourage innovation and creativity and be forward thinking
- Openness to new ideas and embrace change positively

Uphold high professional engagement standards

- Treat all participants, staff and users equitably based on their merits and abilities and display consistent throughout all our interactions.
- Treat participants, staff, clients and users with dignity and respect

In the way we do Business

and expectations, senior services "Code of Conduct" or library's "Rules of Conduct" Never blame or discipline participants, clients or library users for what they did not do, and appropriately address those who violate the afterschool's rules

programs and services, delivered in a way that respects the needs of each participant/patron and

does not exclude anyone.

gender, age, disability, race, reli-gion, sexuality or social class.

We aim to provide accessible

Equality and Fairness
We are committed to eliminating

discrimination on the basis of

each other, our participants and their families and the wider community to create strong and suc-cessful working relationships.

Collaboration We work respectfully, cooperatively and in partnership with

People-CenteredWe value all participants and clients, recognizing that what we do provides for a better quality of life for all the rasidents of Santa Fe.

about Th Peoplews Serve

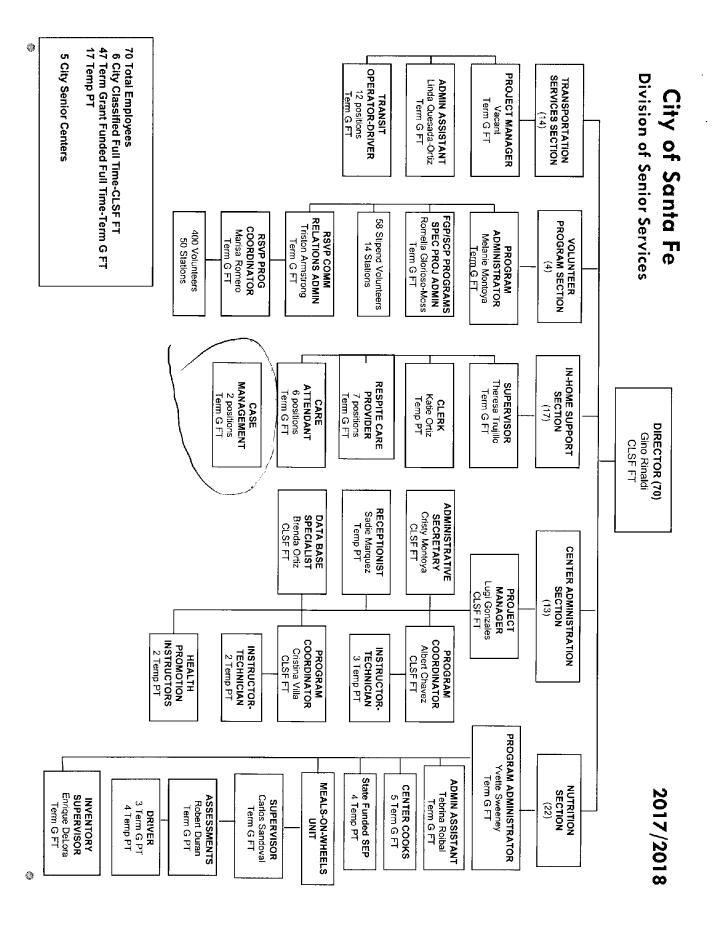
- Provide a team-centered environment where communication and collaboration are valued
- Discussion, dialogue and decisions are made openly and valued, without undue favoritism or prejudice
- Proactively lead by example
- Listen to the voice of the greater community to best provide programs and services to serve their needs
- Strive to provide a supportive and caring environment for all

- Value each other's contribution and the diversity that this brings Celebrate success and work towards balancing each other's strengths Constructively challenge behavior not supportive of our values Listen to each other and give constructive feedback
- Take responsibility and are accountable for our actions Strive to be open and transparent in what we do Role model the behaviors we expect in turn together successfully Support our community and each other in order to develop, learn, and work

what we do

cordance with the highest standards of professional behavior. We are transparent, honest and We conduct our business in ac-

with co-workers, participants, clients, users, their families and ethical in all our interactions



Division of Senior Services Budget

Fiscal Year 2017/2018

\$776,330	Transportation Total	
\$8,134	Transportation Donations	
\$768,196	Transportation	
	ortation	Transportation
\$1,260,504	Nutrition Total	
\$153,934	NSIP	
\$74,866	Nutrition Donations	
\$613,992	Home Delivered Meals	
\$417,712	Congregate Meals	
	on	Nutrition
\$489,585	Admin Total	
\$2,507	Senior Center Programs	
\$487,179	Division Administration	
	stration	Administration

Division of Senior Services Budget

Fiscal Year 2017/2018 (Continued)

\$3,846,659	Senior Services Total Budget	
\$3,904	Senior Wellness Total	
\$3,904	Health Promotion	
		Health Promotion
\$34,824	Senior Employment Total	
\$34,824	Senior Employment Program	:
	m	Senior Employment Program
\$582,978	Volunteer Total	
\$201,310	Senior Companion Program	
\$146,044	Retired Senior Volunteer Program	
\$235,624	Foster Grandparent Program	
		Volunteer Programs
\$698,534	In-Home Support Total	:
\$10,000	GRGC	
\$5,792	Supplemental Assistance	
\$331,021	Respite	
\$351,721	Home Management	
		In-Home Support

Nutrition/Transportation

Donations – Fiscal Year 2016/2017

Percentage of Section Budget:

Congregate - 6%

Home Delivered - 2%

Transportation – 1%

IMPORTANCE TMPORTANCE

Percentage by Fund

2017/2018

Other 1%

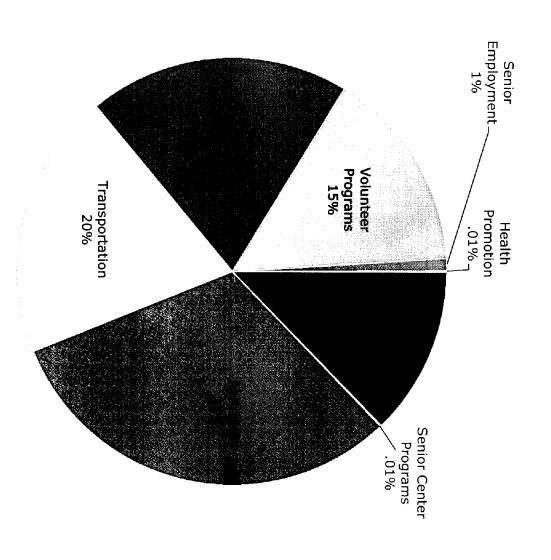
Feder

We the City of St Carel the Brunt of A

State 21%

Distribution of Funds by Program Service

2017/2018



(3)

Capital Outlay Projects What's in the works?

Construction/Renovation Projects:

- Mary Esther Gonzales Senior Center \$436,500 replacement Building expansion, HVAC replacement, rear parking lot improvement and roof
- HVAC replacement, ADA compliant sidewalks and interior improvements Pasatiempo Senior Center - \$198,500
- Villa Consuelo Senior Center (Phase 1 and 2) \$373,006 PHBELS Shorting expand cafeteria and construct ADA compliant toilets Replace existing kitchenette with a standalone, full-service commercial kitchen;
- Luisa Senior Center \$197,500
 Renovation

Equipment Purchase:

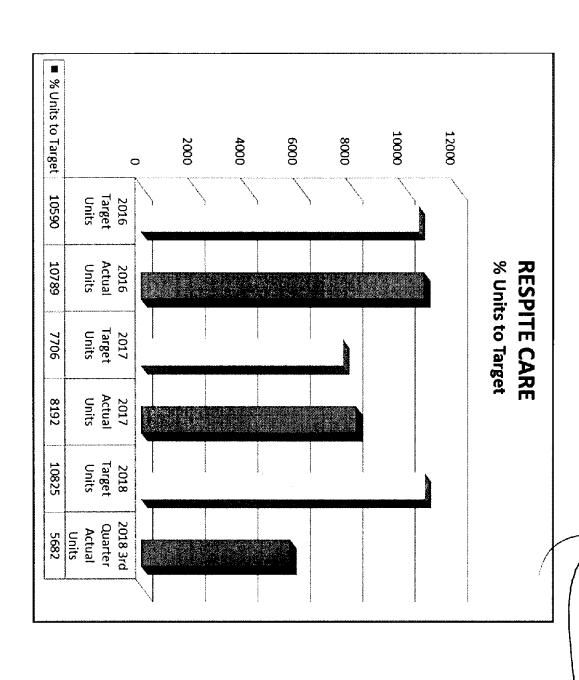
- Computers \$70,300

 Replace outdated computers
- Meals equipment for MEG and Villa Consuelo \$126,426
- <u>Vehicles \$496,800</u> Wheelchair vans, sedan, etc.

0

STATE BOND \$

Results Based Accountability (RBA)



Respite Care

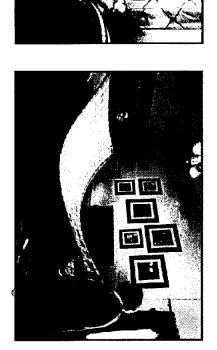
THERESA

- General Fund 48%
- State Grant 22%
- Federal Grant 30%
- Personnel 42%
- Fringe Benefits 34%
- Operating 24%
- Total \$331,021











Home Management Services

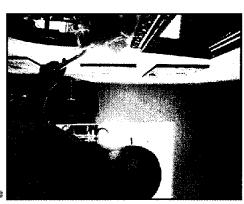
To include housekeeping, laundry, escort, non-medical personal care, etc.

- General Fund 67%
- State Grant 28%
- Federal Grant 5%
- Personnel 50%
- Fringe Benefits 40%
- Operating 9%
- Total \$351,721







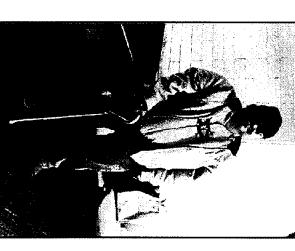


Supplemental Assistance

To include canes, walkers, wheelchairs, shower chairs, etc.

- State Grant 100%
- Total \$5,792







Grandparents Raising

Melmin

Grandchildren

- Federal Grant 100%
- Total \$10,000



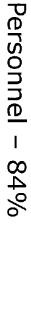




Congregate Meals

GIND

- General Fund 54%
- State Grant 17%
- Federal Grant- 26%
- Project Income 3% (meal donation)

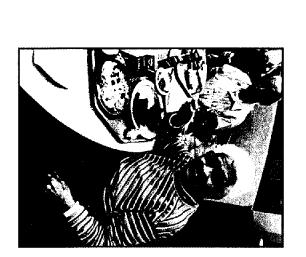


Operating – 49%

Fringe Benefits - 40%

Total \$417,712

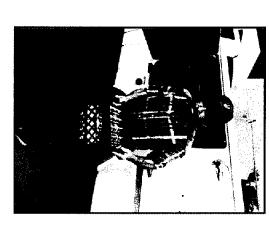


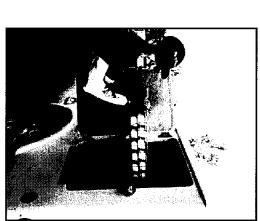


Home Delivered Meals

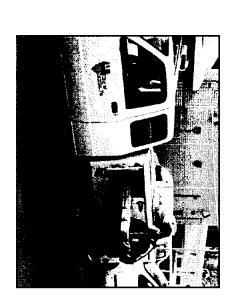
(OIND)

- General Fund 64%
- State Grant 21%
- Federal Grant 6%
- Project Income 10% (meal donation)





- Personnel 29%
- Fringe Benefits 17%
- Operating 54%
- Total \$613,992





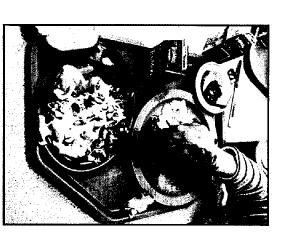
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Nutrition Service Incentive Program

(NSIP)

- Federal 100%
- Total \$153,934

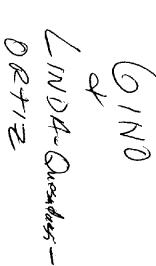






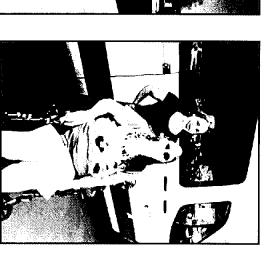


Transportation





- General Fund 81%
- State Grant 12%
- Federal Grant 6%
- Project Income 1% (ride donation)

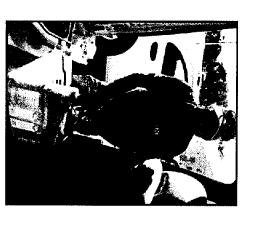


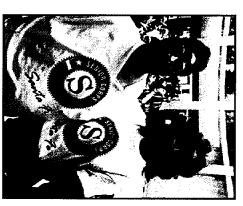
- Personnel 55%
- Fringe Benefits 31%
- Operating 1%
- Total \$768,196

Volunteer Programs

TAN Ston Lovabo MELINIE Monteso

- General Fund 37%
- State Grant 52%
- Federal Grant 11%
- Personnel 36%
- Fringe Benefits 22%
- Operating 42%

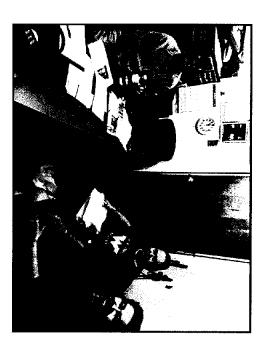












Foster Grandparent Program, Retired Senior Volunteer Program & Senior Companion Program

Center Programming/Health Promotion

testing, exercise classes, etc. To include Senior Olympics, blood pressure/glucose/oxygen

- General Fund 100%
- Operating 100%
- Total \$142,406







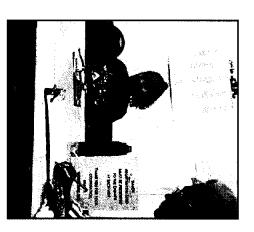




Senior Employment Program

- State Grant 100%
- Total \$34,824







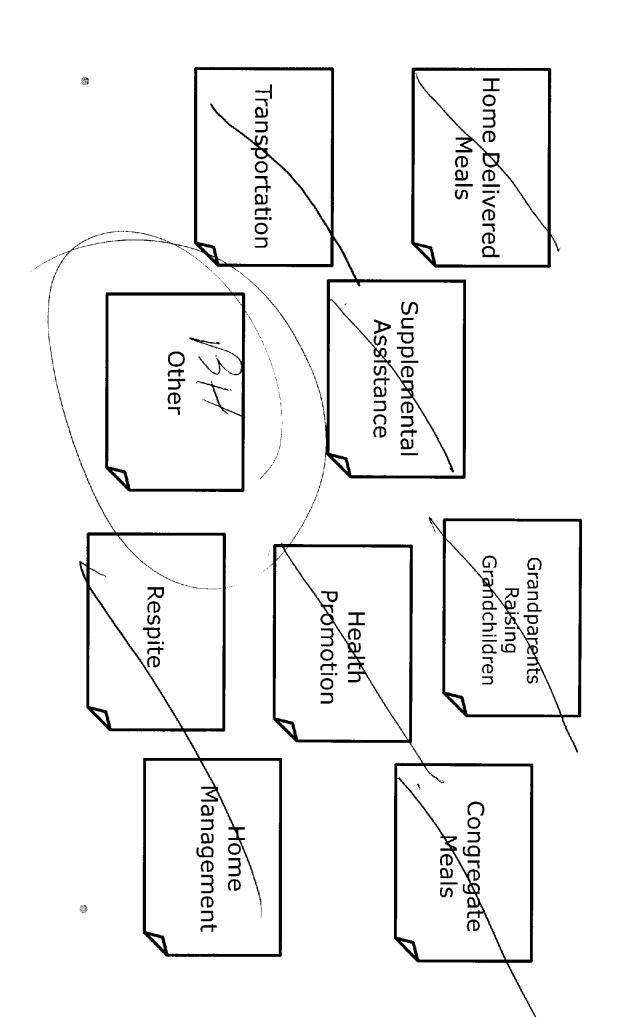


Public Comments

Please limit comments to one minute.

Prioritize Services

Discussion and prioritize Title III services.



Final Program Recommendations

- 1. Congregate Meals $\mathcal{I}\mathcal{J}$
- Grandparents Raising Grandchildren -
- 3. Health Promotion つフ
- 4. Home Delivered Meals 65
- 5. Home Management Svc. 78
- 6. Respite Care →
- 7. Supplemental Services γ_0
- 8. Transportation $\sqrt[8]{}$ 9. Other - $\sqrt[6]{}$

0

Closing Statements

Adjournment



Thank you for attending today's hearing.

Be KINIOR Health

Healthy Itging

Public Hearing - May 16, 2018 Written Comments

EXHIBIT

			2		5	2112				Supple)
		Congr		Transp	Fransp Home		Volunt	Respit Volunt Activit		menta		
	Name	egate	HDM	ort	maker	.	eer	ies	Health	_	Other	Acknowledgement
1	Diana Montoya			П	_							1 Invaluable Service
2	Margaret Eaton		1		1							2 Programs are well planned and executed
3	Annette Hoerning			П	1					1		3 Thank you for all these services
4	Donna Storch		1	П	1							4 Thankful to be able to use services for elders
5	Patricia Celebcigil			1	1					1		5 Grateful for all services
9	Elizabeth Rose			,		1						6 Mark is a life-savior
7	Dina Glardon					1						7 Very blessed to have this wonderful service available
8	Lucy V. Chavez				1							8 Dianne goes beyond and above her duties
6	Danna Metzger			1								9 Van Drivers
10	10 Marian VanderSys					1						10 Tammy is outstanding
11	Lourdes Tenorio			1	1							11 Drivers are respectful and helpful. Dianne
12	Maureen Chase				1					1		12 Dianne. Program has been worth it's weight in gold
13	Penny Jimenez			1								13 Drivers go way beyond what is expected of them
14	14 Judith Beare					1						14 Mark is a god send
15	David Lissiuk					1						15 Totally trust Mark
16	Barbara Mallery			1	1							16 Service are key to maintain my well being
17	Virginia Hamilton								1			17 Enhanced Fitness
18												18
19						:						19
20												20
21												21
22												22
23												23
24												24
		0	2	8	8	5	0	0	7	m	0	

May 10,2018 To Lehon It May Concern: The Cety of Santa Fe Department of Transportation Senior Services has been an integral part of my life and my familless life for many years. The staff and this amazind struce has impacted my life in amyriad of ways. d Senior Transportation transpoded my faste mother and my late hiestband to doctor's appointments when I was working. I would neet them at the doctor's office and know dhat they would be transported safely back have and I would go back to work! We got to know The drivers very well over the years and the worder Fiel despotchers too, The start of Senior Transportation is professional kind compossionate, and so patient. I consider then all precessing members of my samily In the more than Efteen years that I have resed and becard acquaint ed with this service, Senior Thango tation has provided me, my famely

and mer comments an invalerable service. Now as at widow, I use Linior Transportation to comme to my voluntar work a Sholfer where I serve as the coordinata of the Art Stredio, and to the 1 where I serve as a docent. I we senk ransportation five days a week, evan Those are pendreal, carend and so pollete. The staff cares after me and are extraordinasy heeman John Mentoya passed was the staff of Senior Transpor ation through theer caring and Olivered the important service the back one thit in the coorlid The service, is necessare community and our quality o - for voldenteering I do dos asporn ments, grocery shapping, cellevents, and a minad of poss placed that we need to be and we are blessed Leava Maria

To: The Dension of Asmer Sencer and all engloyees 5 THE response is also a thank you note for making it passible for my self and the hundreskels of ble sentone in Santa Te County to line 45 eth deg nety. of have reflective on how much and how I can continue to live indepently and happily. designed and well staffed programs water the fifty odd years I was working and paying taxes? Tor me specifically, a nutriour act tast, meals delivered to me assures a a good neal ushen I would of just snacked. The wondeful home heath and maker it proceed to get out and do my grocery shoppy and to begg a clean and comfortable house by doing the thing I physically Can no cover. longer do leaving the thing of can do Cocker, dusting light cleaning to keep me hours and with a sense of accoplanment, may wish in a could have how for three hours a week instead of tour so to could note things outside my some for enjoyment, and all lashing over wour progress they are well planned and ensented.

Thank you again and place heep up the good work

mangaret & aton

the second of th

to the second state of the

10 City of Santa de Senier Program:
Below are notes of help
A receive from your Lenior
Serveres program.
1 - drewei houseleging
two times per week which
es pech a help to me:
2 - Van service - whedigte
me out The Rame and
3 - In July me with
a warper, wheachair while
gets me around
Ike Kyon for one film
ubove:
connette Hoerning

r

To: Services of SANTA Fe MEG Center on Alto Street

Date: MAY 07, 2018

FROM: DONNA M. Storch

Re: Services that Accommadate Serviors

FAM 30 thankful to be Able to use

Brustonians For elders. I Am confined to

A Wheelchair. I use the Senior VAN,

meals on wheels and I have A home care

worker twice Americally on hours, twice

A week.

TAM Always treated with respect by the employees who assist me with Food, cleaning my apartment and take me to Appointments. These employees have my health, safety and compassion to heart.

The suggestions I have For the City OF SANTA AND these programs is; hire more people. We need more people to run these services For us. I can see how hard they work. I strongly believe that these services For the elderly and disabled can be better served with more employees.

I want to than K you For taking time and listening to me. You have A very good staff of employees.

You are Fortunate to have such great employees. Help them so that they CAN continue to helpus.

Respect Fully, IAM



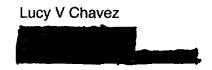


May 2, 2018 I have been asked to write may p the Services Services that M&G center, lam I for all the a member of the MEG services the text, The Cam weak & ald & appreade all that by Sulf toplace in Souta Fe, NM leke growing stores, the library where followate my broke, a strepelier ship a seamstress for repairs to my clothes I would not be able to walk to these Alsele, Cownacane borrower a tax ests of service

Chance Parkinsans charles to see in Cable to galling or coming the left along Mor Casegirer, Mark Sanchez is a left-sawby! May 9 2018 are for the part couple of My two band I have been bonne bound and widele recieving in-loome respite to go to my own charters. would be completly Elizabeth Kre My husband of 29 years developed Dementia with aphasia 3 years ago. Two years ago, Senior Services of Santa Fe, home support services, came into our lives. Two times a week our respite caregiver visits Pierre and brings some fun and laughter into his life. Our respite care worker, Mark Sanchez, takes Pierre for a ride in his car, plays the music that Pierre loves to hear, and drives to Santa Fe to get the espresso that Pierre enjoys. Pierre eagerly awaits Marks visit and if he could run, he would run to the car upon his arrival. The monotony of daily living is lighter for a few hours and life for Pierre almost seems normal. Mark has also taken Pierre to doctor appointments and reports back with full notes of the visit. I get a few hours at home to nap or read, mainly just relax. I can also run some errands without having to worry about Pierre. As a full time caregiver, life can become very overwhelming, and I truly look forward to the few hours' a week that belong to me. We feel very blessed to have this wonderful service available, Senior Services of Santa Fe home support services, and I truly hope that the funding will continue because those of us that depend on this invaluable service can continue to receive the respite care we so desperately need.

Dina Glardon Santa Fe, New Mexico

Mina Glardon



City of Santa Fe Division of Senior Services Gino Rinatdi, Director P.O.Bos 909 Santa Fe, NM 87504-0909

Dear Sir,

As a senior citizen i thank you . Dianne Dean is the employee who helps me.

As I have mentioned before she goes beyond and above her duties.. This past year has been especially stressful to me. With this new Real ID I was unable to renew my drivers license or get an ID. At my age (87) I refuse to spend money to change my name, and family history.

I depend on her not only for housewhole chores and shopping, but all medical appointments.

The Senior Van I understand demands has increased. Appointments have to be cancelled. I had to reschedule a doctor apptoinment to a Monday Dianne was schedule service. This meant I had one more month before my previous doctor's appointment.

Sincerly yours

Juy V Chavez



To Legislature: Sr Services,
From: Danna K. Metzaer, senior companion
I want to wish everyone a
happy and prospero us New Year.
And I want to thank you legislators and our governor, Savsana
Martinez for the excellent
Senior services you already provide.
They are absolutely invaluable.

Of course there is a luque room

for improvement.

I would greatly appreciate antinuation of at least the same amount of funding and preferably on increase that would accomodate the large and growing senior population.

At the top of my list is senior transportation because this affects us seniors in so many ways.

(p.10+4)

For Legislature From: Danna Metzger Re: Sepior Services Date: 1/24/18

Support:
-for seniors remaining as
active as possible for as
long as possible,
-for socialization
-to prevent people from
being so-called "shut-ins,"
which is far more costly both
money-wise and health-wise,

Eve heard that there is an epidemic of loneliness across the age-spectrum, Inter-nationally,
-for health-care appointments,
-for grocery shopping,
-for our spiritual lives, which helps keep us going and contributing,

(p.2 of 4)

To: Legislature From: Danna Metzger Re: Senjor Services Date: 1/24/18

Examples are (contid):

Support:

-for Keepinl enough Senior

Yan drivers full-time, part time,

and as needed. There is often

a lengthy waiting time for

this latterdable, door to door

service for the large and

rapidly growing senior population.

Van drivers, because they have a big jeb with a lot of respons ability. For example, they assist people who are frail and forgetful and they carry things for us, Therefore, I recommend a 10% increase in pay, in order to catch up with the economy, for van drivers, as well as all other transportation staff, who exiso have a big jab.

(p. 3 of 4)

To: Legislature From: Danna Metzger. Re: Senior services Date: 1/24/18 Astudy Next, I recommend a study of the increase in elders/Seniors over the next 10 years and the cost of accomodating that growth with heeded services Next, I would like to address care facilities, in Santa Fe. I request: -More Senior companions at care fact ATTes, because: "They need listening," as I heard one of their admini-Strators say. - Enough care centers to accomodate all Medicare/Medicaid residents who need that Anancial support, (as expressed by one resident). Thank you all so much for listening and tor caring and support. rdsupport. Sincerely, Cp. 4 of 4) Danna Metzger

May 9, 2018 City of Sterta Te Durson of Sovier Servers Ino Hindles, Director 40 Boy 909 Santa In nm 87504-0909 Dear Sir : In response to your request you input I would like to respect that we first this service intreluable! It is a great help to those of us who are the frances Care queen to our aging parents The staff, in our case, Tamay Andrew is autstanding. She is Cheerful and very Comptent when decisions have to be made and I am not around to mak them. Although we do not participate in all the activities affered, we know many people who enjoy and appreciate them. Theresa Trujillo has been toally Great about coordinating necessary change when they come up. The does a great John en a Challenging prostion Thank you for offering us the Progres Care given for Jean R. Fadella

Mr. Rinaldi,	
I appreciate all is	rvices that are provided to the
- Lrs are all	JAR & VII
Lhe Service-A	helpful
helper, Diane Tagan	In very pleased with my
	Sincerely
	LourdesTenorio
	The second secon

I have been extremely satisfied with my senior attendant, Diane Dean, She is so pleasant and helpful for me with my physical limitations. This program has been worth its weight in gold I will not be able to attend this meeting but please Know how much et appreciale the services you provide. I would be lost without Diand who is an angel. She has brought me a shower our setup that has helped enormously in verms of my falling in the tub which has happened before getting the setup. Meds to continue for our elders who need so much, care Thank you so much for everything. I live alone + appreciate, + greatly. Maureen Chase Ventana de Veda

QUESADA, LINDA M.

Penny Jimenez <pennyleifeste1924@gmail.com> Friday, May 11, 2018 3:01 PM

Sent:

From:

엉

QUESADA, LINDA M.

SENIOR TRANSPORTATION FEEDBACK

TO WHOM IT MAY CONCERN,

SERVICE ALSO ACTUALLY PROVIDES A MEANS FOR US TO MAINTAIN TO GET TO AND FROM OUR DOCTORS APPOINTMENTS, GROCERY AND KEEP OUR PRIMARY GOAL, OUR INDEPENDENCE, WHICH IS SHOPPING, AND OTHER DAILY FUNCTIONS WE NEED AND LIKE. THIS IS IMPORTANT, AT OUR AGES. . WE ARE OFFERED AN OPPORTUNITY MAINTAIN OUR GOALS AND THIS MOST CERTAINLY GIVES US SUCH A SOMETHING WE ALL DESIRE. WE ARE ALSO ABLE TO KEEP AND OUR STANDARD OF LIVING AND OUR QUALITY OF LIFE, WHICH IS REWARDING FEELING OF ACCOMPLISHMENT OF SELF WORTH, WHICH HELPS US TO ACHIEVE OR DAILY GOALS. WE ARE ABLE TO MAINTAIN EXTREEMLY GREATFUL FOR SUCH A FANTASTIC SERVICE, WHICH NEW MEXICO FOR THIS GREAT GIFT TO SENIOR CITIZENS. WE ARE THANKFUL WE HAVE BEEN BLESSED BY GOD AND THE CITY SANTA FE THE SENIOR COMMUNITY OF SANTA FE NEW MEXICO ARE VERY

WHOHAVE NO OTHER MEANS TO GET ABOUT TO AND HAVE MORE JOY LOGEVITY. YOU HAVE GIVEN US A BENEFICIAL SERVICE FOR THOSE AND HEALTHIER LIFE, WHICH CONTRIBUTES ALSO TO OUR CAN, WHICH GIVES US CONFIDENCE...AND ASSURES US OF A HAPPIER ADDED TO OUR LIVES IMPORTANT FOR US TO BE ABLE TO KEEP FOR AS LONG AS WE

MEXICO...THEY ARE LOVING .KIND, RESPECTFUL, CARING WITH GREAT SERVICE. FOR US, THE SENIOR COMMUNITY OF SANTA FE NEW ALL. WE , SOME OF US FEEL, AS IF THEY ARE FAMILY . THEY ARE A JOY ATTITUDES, AND THEY ARE PROFESSIONAL IN THEY SERVICE TO US AND ALSO THE WHOLE TEAM GO WAY BEYOND WHAT IS EXPECTED OF YOU ,THE CITY OF SANTA FE ,HAVE DFFERED AND PROVIDED FOR US. NEEDS AND, WHO ARE DEPENDENT ON THIS GREAT SERVICE SHEDULING OF RIDES FOR SO MANY SENORS AND THEIR IMPROTNAT THEM TO FULFILL THIS UNIQUE ,MUSH NEEDED , AND APPRECIATIVE TRANSPORTATION DEPARTMENTS ABILITY TO CO-ORDINATE THE TO US AND A PLEASURE TO KNOW WE ARE TRUELY AMAZED AT THE SENIOR RIDE

THANK YOU AND WE SINCERELY APPRECIATE THIS GREAT SERVICE

AND EFFORT TO HELP SANTA FE SENORS , OF NEW MWXICO.

WITH JESUS LOVE,

PENNYJIMENEZ

To whom et may concervi my name is Judich Blace and I depend on the Respite Services from the Department 2) Serior afaire in Santa Je, Opposserie Die blen reciercy et You 5 years and Six able to pay beels, decter visite, shopping and maps. mark Sancky is a Godsend and is so good week Richard. Please don't act these services. Leedith Bene

10 wno 1t may concern:

The Santa Fe respire care services has been a life saver for me over the last years, first helping with care of my late father. And currently with my mother (age 94) who suffers from Alzheimer's and now requires full time 24 hour a day care. Being the only care giver for her, I depend on respite care for the short breaks it gives me each week. It give me time to recharge and keeps me going. And the fact I can totally trust Marl Sanchez (my respire caregiver) to provide the absolute world class care she deserves (providing shopping, outing for her, personal aid etc.) helps remove any mental worries I have when she is being taken care of. I don't know how this family would survive in Santa Fe with out this aid. It an invaluable service which is so much more important than any other city service to our family. I see this humane service having the same importance level as basic fire and police services, those things that are absolutely mandatory, You just don't know how important it is till you are the one needing it for your own family. The respire care service needs to always be fully funded as these are the basic services that really matter in the life and health of Santa Fe residents.

David Lissiuk

Long term Santa Fe resident.

Dring Karl

May 15, 2018

City of Santa Fe Division of Senior Services Gino Rinaldi, Director

Dear Mr. Rinaldi,

The City of Santa Fe Division of Senior Services continues to provide services to me that are key to maintaining my well-being. The Home Management services delivered by Darlene George under the supervision of Teresa Trujillo are excellent and of great help. The Assisted Transportation offers the means to attend medical care appointments.

I hope that these valuable services will continue. Thank you and the Senior Services staff for your dedication to assisting the elderly of Santa Fe.

Sincerely,

Barbara Vogt Mallery
Barbara Vogt Mallery

Vergener M. Hamilton Fitness for almost a year, Query This time my general health & endurance havengroved to a quet dest. The falls I was travering have desapiaced - I haven't fallen sence I began the sessions. * recently beter no frama very strenesses trip to Egypt surpass the younge member of our group of six, I clambed around on the peramil, tours five of the phasa is Tombe to even rode a samel, lind Conteny to previous trips - I probleme!

Jher en a GPEHT program for senecis. I have to Contenue to grow in the member of participant Thank you for slowing me to give enput to the program, age 87-4

