



# Agenda

DATE 2/5/15 TIME 10:53am  
BY Lugardita Gonzales  
BY Alicia Hartig

## DIVISION OF SENIOR SERVICES SENIOR ADVISORY BOARD OF DIRECTORS

Mary Esther Gonzales Senior Center  
1121 Alto Street, Santa Fe, New Mexico  
Tuesday, February 17, 2015 (9:30 a.m.)

- I. CALL TO ORDER
- II. INVOCATION/PLEDGE OF ALLEGIANCE
- III. ROLL CALL
- IV. APPROVAL OF AGENDA
- V. APPROVAL OF MINUTES – January 27, 2015
- VI. DSS DIRECTORS REPORT – Ron J. Vialpando, Director
  - a). DPA Program Units of Service
  - b). City of Santa Fe 2015/16 Budget
- VII. COMMITTEE REPORTS
  - a). Foster Grandparent/Senior Companion Program
  - b). RSVP
  - c). In-Home Support
  - d). Transportation/Nutrition Programs
  - e). Senior Olympics
- VIII. UNFINISHED OTHER BUSINESS
- IX. NEW BUSINESS
- X. COMMENTS FROM FLOOR
- XI. DATE AND PLACE OF NEXT MEETING
- XII. ADJOURNMENT

Persons with disabilities in need of accommodations, contact the City Clerk's office at (505) 955-6520, five (5) working days prior to meeting date.

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### DIVISION OF SENIOR SERVICES

#### ADVISORY BOARD MEETING

February 17, 2015

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(Scheduled for March 17, 2015 at the Mary Esther Gonzales Senior Center)		4
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**MINUTES OF THE**  
**DIVISION OF SENIOR SERVICES**  
**ADVISORY BOARD OF DIRECTORS**

**February 17, 2015**

An informational meeting of the City of Santa Fe Division of Senior Services Advisory Board of Directors was called to order by Andres Romero, Chairman at 9:30 a.m. on this date at the Mary Esther Gonzales Senior Center, 1121 Alto Street, Santa Fe, New Mexico.

Roll Call indicated the lack of the presence of a quorum for conducting official business, therefore an informational meeting was held.

**MEMBERS PRESENT**

Andres Romero, Chairperson  
Mary Louise Giron, Vice Chairperson  
Rosemary Trujillo, Secretary  
Dennis Gonzales

**MEMBERS ABSENT**

Gilbert Alarid, excused  
Bernardo C de Baca, excused  
Toni Ann Gallegos, excused  
Elaina K. Gonzalez, excused  
Virginia Lucero, excused  
Corrine Sanchez, excused  
Doug Schocke, excused

**STAFF PRESENT**

Lugi Gonzales, Division of Senior Services Manager  
Ron Vialpando, Division of Senior Services Director

**OTHERS PRESENT**

Wes Sandel, visitor  
Jo Ann G. Valdez, Stenographer

**INVOCATION**

Invocation was led by Dennis Gonzales.

## **PLEDGE OF ALLEGIANCE**

The Pledge of Allegiance was led by Chairman Romero and was recited by all present.

## **APPROVAL OF AGENDA**

Approval of the Agenda was not made due to the lack of a quorum.

## **APPROVAL OF MINUTES: January 27, 2015**

Approval of the Minutes of the January 27, 2015 meeting was not made due to the lack of a quorum.

## **DIVISION OF SENIOR SERVICES DIRECTOR'S REPORT**

### **a) DPA Program Units of Service**

Mr. Vialpando gave an update on the Program's Units of Services as follows:

- The Division of Senior Services is showing a shortage, based on projections, in congregate meals by approximately 1403 units of services.
- The Division of Senior Services requested an amendment to the DPS with the AAA - to reduce the projected units of services in congregate meals by this amount, but they have not heard back from them as of yet.
- The Division of Senior Services is showing an overage of 6,847 in Home-Delivered meals.
- The Division of Senior Services is showing an overage of 727 units for transportation services. The Division of Senior Services should be able to close the gap by the end of the fiscal year.
- The Division of Senior Services is showing a shortage in respite units by 385 units. The vacancy in respite was recently filled and the DSS is now fully staffed. The Division of Senior Services should be able to close the gap by the end of the fiscal year.
- The Division of Senior Services is showing an overage of approximately 54 units for homemaker services. This is expected to go up with the new homemaker that was hired recently.

## **b. City of Santa Fe 2015-2016 Budget**

Mr. Vialpando said the City of Santa Fe's 2015-2016 budget is better than anticipated and better than what was reported at last month's meeting.

Mr. Vialpando noted that the Division of Senior Services submitted a flat budget for 2015-2016. The total budget for the Division of Senior Services is \$3,627,833, of which 61% comes from the City's General Fund (\$2.2 million) and the remainder comes from state and federal dollars.

Mr. Vialpando reported that House Bill 191 is presently being heard at the Legislature. This is for operating dollars for the Senior Program.

Mr. Vialpando mentioned that only critical items are being considered for the Capital Outlay projects, which total \$243,650.

## **COMMITTEE REPORTS:**

The written Committee Reports were submitted, distributed and reviewed.  
{Please see Exhibit "A" for the specifics.}

The Committee Reports were not approved due to the lack of a quorum.

## **UNFINISHED/OTHER BUSINESS**

There was no unfinished or other business.

## **NEW BUSINESS**

There was no new business.

## **COMMENTS FROM THE FLOOR**

Mr. Sandel reported that Board Member, Elaina Gonzalez is doing better after being hospitalized for three days due to a reaction from medication. Ms. Gonzalez is now home. The Board sent their best wishes to Ms. Gonzalez for a speedy recovery.

Mr. Sandel spoke about internet services for seniors. He said many seniors are spending \$125.00 to \$200.00 per month for phone and internet services. He noted that Qwest Communications is supposed to have a program for seniors to reduce their costs. a federal subsidy for their landline phones.

Mr. Vialpando noted that the Division of Senior Services went out to bid for the Housing Authority projects and they only received one bid. He said he has spoken with the Housing Authority about getting Wi-Fi services for the seniors.

Chairman Romero suggested that this item be brought before the Board next month and possibly recommend that a letter be written to City Council requesting that the City look into offering WI-FI services for seniors.

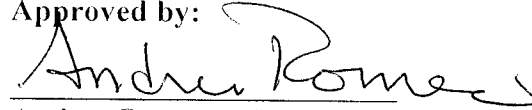
#### **TIME AND PLACE OF NEXT MEETING**

The next meeting is scheduled for March 17, 2015 at 9:30 a.m. at the Mary Esther Gonzales Senior Center.

#### **ADJOURNMENT**

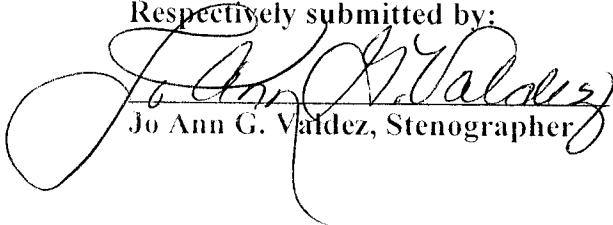
There being no further business to come before the Board, the meeting adjourned at 10:15 a.m.

Approved by:



Andres Romero, Chairman

Respectively submitted by:



Jo Ann G. Valdez, Stenographer

## City of Santa Fe, New Mexico

## memo

DATE: February 9, 2015

TO: Advisory Board Members

FROM: In-Home Support Services Committee  
Theresa P. Trujillo, IHSS Supervisor TT.

SUBJECT: Committee Status Report

January units of service are as follows:

- Homemaker – 826 hours to 106 seniors
- Respite – 898.75 hours to 42 caregivers
- Equipment - 39 units
- Nutritional Supplements –152-packs (38 cases)

Units of service were over by 45.75 regarding Homemaker hours and over by 32.75 for Respite hours for January totaling 78.50 hours over for In-Home Support. Year to date, we are **over** in Homemaker hours by 54.25 hours and **short** in Respite hours by 385.5 hours for a total of (331.25) units. IHSS providers took off a total of 221 hours in January. Additionally, New Year's Day and Martin Luther King Jr. Day were holidays; and we had 5 (five) hours of safety leave granted because of inclement weather for an additional 294 hours off totaling 515 hours off in January for the section.

I will begin planning an outing for interested in-home clients and caregivers to Santuario De Chimayo to attend mass and lunch in March.

There will be a presentation at the Legislature on Wednesday, February 25, at 9:00 a.m. regarding House Bill 139 (Designation and Training of Lay Caregivers) - New Mexico's CARE Act. This will better support family caregivers as they safely help New Mexico seniors stay at home. Please see back of memo for more information.

Alzheimer's Day at the Legislature is Tuesday, March 10, at 11:00 a.m.

If you have any questions or require additional information, please let me know.

# Support New Mexico Seniors & Their Family Caregivers



Thousands of New Mexicans are caring for an aging parent or loved one, helping them to live independently in their own homes. These family caregivers have a huge responsibility, and we can take some common sense steps that would make the world of difference to them. That's why AARP urges lawmakers to enact **House Bill 139 (Designation and Training of Lay Caregivers) – New Mexico's CARE Act** to better support family caregivers as they safely help New Mexico seniors stay at home.

## What is The CARE Act

The CARE Act recognizes the critical role family caregivers play in keeping their loved ones out of costly institutions.

The bill features three important provisions:

- ♥ The name of the family caregiver is recorded when a loved one is admitted into a hospital;
- ♥ The family caregiver is notified if the loved one is to be discharged to another facility or back home; and,
- ♥ The facility consults with the caregiver about the medical tasks – such as medication management, injections, wound care, and transfers – that the family caregiver will perform at home.

## Why New Mexico Needs The CARE Act

- ♥ Most care recipients (69%) did not have a home visit by a health care professional after discharge from the hospital.
- ♥ Almost half (46%) of family caregivers perform medical or nursing tasks for their loved ones with multiple chronic physical and cognitive conditions.
- ♥ Three out of four (78%) who provide these medical or nursing tasks manage medications, including administering intravenous fluids and injections.
- ♥ Most family caregivers report that they received little or no training to perform these tasks.

*AARP report "Home Alone: Family Caregivers Provide Complex Chronic Care"*

Feb 25 9:00 am

## Family Caregivers in New Mexico

- ♥ **The vast majority of older New Mexico residents want to live independently at home.**
- ♥ **Most seniors who receive assistance at home rely exclusively on unpaid family caregivers for help.**
- ♥ **Every year more than 419,000 family caregivers in New Mexico help their loved ones to live independently – keeping them out of costly institutions, such as nursing homes.**
- ♥ **In New Mexico, family caregivers provide unpaid care valued at about \$3.1 billion annually.**
- ♥ **Family caregivers perform a variety of caregiving duties, including help with bathing and dressing, feeding, medication management, wound care, transportation, and more.**
- ♥ **A Family Caregiver State Plan is being developed in response to House Joint Memorial 4 (2014 Legislature).**

**I ♥  
Caregivers**™




# City of Santa Fe, New Mexico

# memo

Date: February 13, 2015

To: DSS Advisory Board Members

From:  Thomas Vigil, DSS Program Administrator

Subject: Transportation/Nutrition Committee Monthly Report

## **Transportation Monthly Report**

- In January 2015, DSS staff provided a total of 3,141 rides to seniors.

## **Nutrition Monthly Report**


- In January 2015, DSS provided 4,393 meals-on-wheels to DSS clients.
- In January 2015, DSS provided 12,877 congregate meals.

# City of Santa Fe, New Mexico

## memo

Date: February 13, 2015

To: Board of Directors

Fr: Cristina Villa, DSS Program Coordinator 

Subj: Senior Olympics

The Senior Olympics Committee met on Wednesday, February 11<sup>th</sup> at Mary Esther Gonzales Senior Center Board Room. As of so far there are 198 participants registered. Advertising has been in the New Mexican twice a week. Deadline for regular registration is Friday February 13<sup>th</sup>. Two committee members will be at the GCCC on the 13<sup>th</sup> to register last minute athletes. Podium stands will be made in a couple of weeks so we can have for upcoming events. First event will be on March 3<sup>rd</sup>. Next meeting will be on Friday March 13, 2015 at the Mary Esther Gonzales Senior Center Board Room.